

VOL-5 | ISSUE-5 | JAN-FEB-MAR 2026

SPORTS DRIVE

Bharat Petroleum Corporation Limited



Fuelling Employee Well-being



Raj Kumar Dubey,
Director (HR)



COVER STORY

Raj Kumar Dubey's journey embodies visionary leadership, unwavering discipline, and the drive to build a legacy of excellence and impact.

SPOTLIGHT

From grassroots activations to upgraded sports infrastructure, BPCL is driving a unified culture of teamwork, and active living across locations.

MATCH THAT MADE HISTORY

Dhawal Kulkarni recalls his unforgettable five-wicket spell in the 2008 Ranji Trophy Final, the performance that marked his arrival.

WELLNESS

A practical approach to sustainable well-being through balance, resilience, mindful living, and conscious habits

EDITORIAL NOTE



Dear Colleagues,

Sport has an extraordinary ability to energise an organisation. It instils resilience, nurtures teamwork, and creates meaningful connections that go well beyond the boundaries of our everyday roles. At BPCL, sport continues to serve as a powerful enabler—enhancing individual well-being while strengthening our collective spirit.

In this edition of Sports Drive, we are privileged to present an inspiring cover story on Mr. Rajkumar Dubey (Director HR). His vision, leadership, and consistent encouragement have played a pivotal role in fostering a dynamic and inclusive sporting culture across the organisation, reinforcing our belief that a healthy workforce is a high-performing one.

We also take great pride in BPCL's commendable performances at the PSPB tournaments. Our athletes have once again demonstrated exceptional skill, determination, and competitive excellence on the national stage, bringing laurels to the organisation. Equally heartening is the enthusiastic participation of our employees in marathons and various fitness initiatives, reflecting a growing commitment towards endurance, discipline, and holistic well-being.

Across locations, there is a renewed vibrancy in sporting engagement. Informal games of volleyball and badminton are creating opportunities for colleagues to unwind, rejuvenate, and build deeper camaraderie, strengthening bonds that extend well beyond the workplace.

These narratives reaffirm that sport at BPCL is not defined solely by victories, but by participation, passion, and the shared joy of staying active. It is this spirit that continues to enrich our organisational culture and inspire us to strive for excellence, both on and off the field.

I sincerely hope this edition motivates many more of you to actively participate and contribute to our ever-growing sporting legacy.

Warm regards,

Deepak Jain

Chief General Manager, Sports (HRS)

Editor

Deepak Jain

Correspondent Team

Nadeem Khan (NR), Pradeep Raha (ER), Tejaskumar C (SR), Onkar Khanvilkar & Jitesh Joshi (WR), Jaideep Pansare (MR), Ajay Prakash Sharma (BR), Kishor Kumar (KR), Rajeev R (CO), Kiran Adhav (CO)

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BPCL SHINES AT PSPB TENNIS TOURNAMENT 2025

8 November 2025 | Deccan Gymkhana, Pune

BPCL delivered a stellar performance at the PSPB Tennis Tournament 2025, held from 5–8 November at Deccan Gymkhana, Pune, adding another proud milestone to its sporting legacy.

The standout achievement was the historic Golden Hat-trick by Shri Raj Kumar Dubey, Director (HR), who secured three Gold Medals in the Veterans category, Singles, Doubles, and Team, for the third consecutive year. His exceptional performance also earned him the Best Player of the Tournament (Veterans Category) award.

The championship brought together top Indian players like Sumit Nagal, Rohan Bopanna and Ankita Raina, with leading PSU teams competing. The event was graced by tennis legend Leander Paes, along with Shri Subhankar Sen, Director (Marketing), and Smt. Meenaxi Rawat, CVO.

Key BPCL Achievements

Men’s Veterans Category

- **Singles Gold:** Shri Raj Kumar Dubey
- **Doubles Gold:** Shri Raj Kumar Dubey & Shri Munesh Sharma
- **Team Gold:** Shri Raj Kumar Dubey, Shri N. Chandrashekar, Shri Munesh Sharma, Shri Joseph Kujur
- **Team Bronze (BPCL B):** Shri Khushwinder, Shri Thomas James, Shri Manish Sardar, Shri Manish Kumar

Women’s Events

- **Singles Gold:** Ms. Shrivalli Rashmikaa Bhamidipaty
- **Singles Runner-up:** Ms. Vaishnavi Adkar
- **Team Gold:** Ms. Vaishnavi Adkar, Ms. Riya Sachdeva, Ms. Manasi Dubey, Ms. Esha Tulsiani

Men’s Open Category

- **Singles Gold:** Shri Sumit Nagal (IOCL)
- **Doubles Gold:** Shri Ramkumar Ramanathan
- **Team Gold:** ONGC

Overall Best Players

- **Veterans:** Shri Raj Kumar Dubey (BPCL)
- **Men’s:** Shri Ramkumar Ramanathan (IOCL)
- **Women’s:** Ms. Vaishnavi Adkar (BPCL)

The tournament was widely appreciated for its seamless organisation and competitive excellence, further reinforcing BPCL’s strong presence in national sporting platforms.



Mr. Rajkumar Dubey with winners trophies



Leander Paes handing over the trophy to Shrivalli Rashmika



BPCL team

BPCL Clinches Double Title at PSPB Inter-Unit Cue Sports Tournament

Ahmedabad | 22 December 2025

BPCL delivered a stellar performance at the PSPB Inter-Unit Cue Sports Tournament, winning both the Billiards and Snooker team titles in a remarkable double triumph.

In the Billiards final against ONGC, S. Shrikrishna set the tone with a commanding 200–0 victory over Dhruv Sitwala. BPCL's scholarship player Rayaana Razmi then sealed the title with a stunning win over Pankaj Advani. For his exceptional run, S. Shrikrishna was named Player of the Tournament (Billiards).

The Snooker final against IOCL was closely fought. S. Shrikrishna began strongly, defeating Dhruv Haria 2–0 with a tournament-best break of 143. Ishpreet Singh Chaddha drew 1–1 with Aditya Mehta, before rising to the occasion in the deciding frame to clinch the historic double for BPCL.

The team, led by Devendra Joshi, also featured Manan Chandra, Shahbaaz Khan, and Anupama Ramchandran. Awards were presented by Geet Sethi, along with M.R. Das and Sabeena Chowdhary.



BPCL winning Billiards & Snooker Team

BPCL Triumphs at PSPB Table Tennis Championship 2025

09 November 2025

BPCL delivered an outstanding performance at the Petroleum Sports Promotion Board (PSPB) Table Tennis Championship held in Gwalior, emerging as overall champions with multiple podium finishes. A key highlight was the Women's Team winning the Gold Medal after a gap of 20 years, marking a significant achievement.

The Women's Team clinched gold with a strong performance, defeating Indian Oil Corporation in the final after overcoming Oil India in the semifinals.

The Men's Team also performed commendably, securing the Bronze Medal after reaching the semifinals and facing ONGC.

In individual events, Jash Modi and Payas Jain won Silver in Men's Doubles, while Jash Modi also secured a Bronze in Men's Singles, contributing significantly to BPCL's success.

Key Achievements

Women's Team: Gold Medal

Men's Team: Bronze Medal

Men's Doubles: Silver Medal – Jash Modi & Payas Jain

Men's Singles: Bronze Medal – Jash Modi

Team Composition

Men's Team: Sanil Shetty (Captain), Soumyajit Ghosh, Payas Jain, Jash Modi, Sarthak Arya

Women's Team: M. S. Mythili (Captain), Srushti Haleangadi, Swastika Ghosh, Taneesha Kotecha, Syndrel Das



BPCL winning Table Tennis Team

BPCL Secures Third Place at PSPB Senior Cricket Championship 2025–26

Jaipur | 11–15 December 2025

BPCL delivered a strong and consistent performance at the PSPB Senior Cricket Championship 2025–26, a T20 tournament held in Jaipur featuring nine Oil & Gas PSUs under the Ministry of Petroleum & Natural Gas. Competing against some of the best corporate teams in the sector, BPCL secured an impressive third-place finish (II Runner-Up). IOC emerged champions, while OIL finished as runners-up.

Leading from the front, Captain Deepak Jain was adjudged Best Wicketkeeper of the Tournament for his reliable performances behind the stumps. Sangram Sawant stood out with the bat, scoring 256 runs in four innings, including two centuries, 117 against MRPL and an unbeaten 101 against HPCL in the third-place playoff, earning him the Best Batsman of the Tournament award.

In the playoff against HPCL, Brij Dutta's crucial 56 and Kirit Patil's economical spell of 14 runs in 3 overs proved decisive. During the league stage, Rajendra Singh also made vital contributions, scoring 65 against GAIL and 61 against MRPL, earning Man of the Match in both games.



BPCL Cricket Team with trophy



Mr. Sangram Sawant (Best Batsman)



Mr. Deepak Jain (Best Wicketkeeper)

BPCL Bridge Team Secures Bronze at PSPB Bridge Tournament

Gwalior | 6–9 November 2025

The BPCL Bridge Team delivered a commendable performance at the 45th All India Inter-Unit PSPB Bridge Tournament, securing the Bronze Medal (Third Prize) at the prestigious event held in Gwalior.

The team, Mr. Amarnath Deb, Mr. Sameer Sathe, Mr. Vijay Pawar, Mr. Rajeev Yogi, Mr. Prathamesh Rane, and Mr. Mayur Sawant,

demonstrated exceptional strategic insight, discipline, and coordination throughout the tournament. Their podium finish marks a significant milestone for BPCL, as it is the organization's first medal in Bridge in the past seven years.

This achievement reflects months of sustained preparation and commitment. The team trained

rigorously for over six months, dedicating time beyond office hours to sharpen their skills and build synergy ahead of the PSPB tournament.

Their success not only signals a strong return for BPCL on the national Bridge stage but also reinforces the organization's enduring culture of sporting excellence and teamwork.



BPCL receiving 2nd runner up trophy



BPCL Bridge and Table Tennis Team

RAJKUMAR DUBEY

A Visionary Leader Who Transformed BPCL into a Living Culture of Fitness, Sport, and Well-Being

As our beloved Mr. Rajkumar Dubey, Director (Human Resources), prepares to superannuate this March, the organisation does not merely mark the end of a tenure, it pauses to honor a journey that has profoundly touched its spirit, its people, and its very identity.

In what may seem like a brief period since he took charge on 1 May 2023, Mr. Dubey has created something truly timeless. Beyond policies and programmes, he has nurtured a living, breathing culture, one that pulses through the corridors of BPCL every single day.

A culture where fitness is not a mandate, but a celebration. Where sport is not an activity, but an emotion that binds. Where well-being is not an initiative, but a way of life.

An accomplished HR leader with decades of distinguished service, including an illustrious journey at Indian Oil, Mr. Dubey brought with him far more than experience. He brought a philosophy, one rooted deeply in the values of sport: discipline, resilience, humility, and an unyielding spirit to keep moving forward.

But what made his leadership truly extraordinary was its authenticity. He did not just advocate fitness, he lived it.

He did not just promote sports, he embodied it, **Every Single Day.**

Since assuming office, BPCL has witnessed a visible transformation in the way employees engage with sports and fitness. Participation has grown across locations, employees across hierarchies have embraced sporting activities, and wellness has gradually become an integral part of organisational life. More than structured initiatives, the transformation reflects a deeper



cultural shift where fitness and teamwork are seen as essential components of professional excellence and collective well-being.

Sporting participation began to grow not only among athletes but also among employees who had never previously considered themselves part of the sporting ecosystem. Informal matches, friendly competitions, and inter-departmental engagement gradually became part of everyday conversations, creating a workplace environment that felt more connected, energetic, and inclusive.

A Personal Passion That Became a Collective Movement

For Mr. Dubey, sport has never been a pastime, it has been a lifelong companion.

“Blessed with a highly encouraging father, I was introduced to diverse sports early on and given the freedom to embrace them with enthusiasm – Mr. Rajkumar Dubey”

Those early years did more than build skill, they shaped his character, teaching him that effort matters more



Mr. Rajkumar Dubey receiving player of the tournament trophy from Mr. VRK Gupta, Director (Finance) and Mr. Nandan Bal (International Tennis Player)



Mr. Rajkumar Dubey handing over the golf trophy to Mr. Subhankar Sen

than outcome, that discipline builds not just performance but personality, and that the spirit of teamwork extends far beyond the field.

Growing up, he explored a wide range of sports including cricket, football, badminton, table tennis, and billiards before eventually discovering his affinity for tennis and squash. These experiences helped him appreciate the diversity of sport and the unique lessons each discipline offers. Over time, tennis and squash became his preferred sports, both of which he continues to pursue even today.



Mr. Rajkumar Dubey at volleyball court

Even today, amidst the weight of leadership, he continues to step onto the tennis and squash courts, not as a Director, but as a sportsperson at heart. Watching him play was not just inspiring for employees, it was deeply moving. It reminded everyone that passion, when genuine, never fades. It also reinforced the idea that sport is not limited by age or position, but remains a lifelong pursuit that continues to energize both mind and body.

Leading by Example - Inspiring Without Saying a Word

Mr. Dubey's leadership was never about instructions, it was about inspiration. By actively participating in PSPB tournaments and winning multiple Veterans Singles Tennis Championships, he sent a powerful, unspoken message across BPCL:

Leadership is not about position, it is about participation.

"Leaders must be seen as role models."

And he became exactly that, a leader who did not stand above, but stood with.

His participation also encouraged members of the senior leadership team and employees across locations to rediscover their interest in sports. Gradually, sporting activities began gaining momentum, with employees forming teams, participating in tournaments, and engaging in regular fitness routines. The ripple effect of this participation helped strengthen camaraderie and fostered stronger interpersonal connections within teams.

He reached out not just to athletes, but to those who had once played, those who had drifted away, and even those who had never tried. The introduction of activities like pickleball, volleyball, marathon, badminton, cricket, etc, was not merely an initiative, it was an open door, an invitation to rediscover joy, movement, and connection.

Recognising that many employees may not feel confident returning to physically demanding sports later in life, volleyball and marathon provided an accessible alternative. The sport quickly gained popularity across locations and encouraged wider participation, helping employees reconnect with physical activity and the spirit of friendly competition.



Mr. Rajkumar Dubey with Ramkumar Ramanathan, Vishnu Vardhan and Sumit Nagal (International Tennis Players)



BPCL Tennis Team 2025-26



Mr. Rajkumar Dubey receiving best player of the tournament in veteran category from Ritwik Bhattacharya (Indian Squash Player) and Sabeena Chaudhary, Member Secretary, PSPB

Creating Spaces Where People Became Family

Understanding that passion needs platforms, Mr. Dubey ensured the creation and enhancement of sporting infrastructure across BPCL. Volleyball courts echoed with laughter. Badminton courts witnessed renewed rivalries. Open gyms became spaces of transformation.

Across terminals, LPG plants, and supply installations, new sporting facilities including volleyball courts, badminton courts, open gyms, and recreational spaces were developed.

These facilities made it easier for employees to engage in sports during or after working hours, removing barriers that often prevent individuals from pursuing physical activity.

But more than facilities, he created experiences. Employees who once left immediately after work began to stay back, to play, to smile, to share moments. Colleagues became teammates, and teammates slowly became family. The workplace didn't just function better, it felt alive.

More importantly, these shared experiences strengthened

relationships across departments and hierarchies. Informal sporting interactions fostered teamwork, improved communication, and created a sense of belonging that extended beyond professional roles.

From Movement to Emotion – A Collective Awakening

Under his leadership, initiatives like the BPCL Stepathon and marathon participation became far more than events, they became movements of togetherness. Thousands walking side by side. Running with shared purpose. Encouraging each other, step by step. "I never expected such an overwhelming response."

Out of around 8,948 employees, nearly 2,000 participated in the Stepathon. Many employees walked 10,000, 12,000, and even 20,000 steps daily, transforming a simple fitness challenge into a collective movement of motivation and engagement.

Similarly, marathon participation witnessed significant growth across the organisation. Today, local 2,000 BPCL employees participate in marathons across the country, proudly representing BPCL in local marathons and endurance events. The growing participation reflects the organisation's commitment to building a healthier and more active workforce.

What he truly created went beyond participation; he fostered a sense of belonging. It cultivated the feeling that everyone was part of a shared journey, where pride stemmed not from individual achievements, but from collective spirit and teamwork.

Reviving Glory, Reigniting Belief

One of the most significant milestones of his tenure was in 2024, when BPCL clinched the PSPB President's Trophy, after a gap of 23 years. This achievement marked an important resurgence in BPCL's sporting journey and reflected the renewed focus, preparation, and determination of its athletes.



Mr. Rajkumar Dubey with Saina Nehwal (International Badminton Player)

The victory was celebrated across the organisation, reinforcing pride in BPCL's rich sporting heritage and inspiring greater participation in sports. It also strengthened confidence among employees and athletes alike, highlighting the impact of sustained encouragement and investment in sports. For many, this achievement symbolised a renewed energy and commitment towards restoring BPCL's legacy of sporting excellence.

Beyond the Organisation – Touching Dreams Across India

Mr. Dubey's vision was never confined within organisational walls. Through the Sports Scholarship Programme, he extended support to young athletes across the country, offering not just resources, but hope. A belief that someone cares. That dreams, no matter how distant, are worth chasing.

Through this initiative, nearly 100 young athletes across disciplines such as tennis, squash, badminton, volleyball, athletics, cricket etc, received support.

"At an early stage, even a little support can make a big difference."

Selections are based on transparent and merit-driven criteria, ensuring that promising talent receives encouragement and opportunity to pursue excellence.

His forward-looking vision also includes the establishment of sports academies that nurture

talent at the grassroots level. Plans include a badminton academy, a volleyball academy in Kochi, a squash and a kabaddi academy in Mumbai, and potential academies in disciplines such as wrestling and archery in Bina. These initiatives aim to leverage the experience of BPCL's national and international athletes, creating pathways for future champions.

A Philosophy That Will Live On

Among the many ideas he leaves behind, perhaps the most powerful is his belief in creating "life at work."

"A workplace where people feel active, engaged, and inspired."

Rather than focusing solely on work-life balance, he emphasized creating an energized workplace environment where employees feel motivated, connected, and fulfilled. Through sports and wellness initiatives, BPCL evolved into a more vibrant and people-centric organisation.

Today, that vision is no longer an idea, it is a reality that echoes across BPCL.



Mr. Rajkumar Dubey with Shreyas Iyer (International Cricket Player)

A Farewell Filled with Gratitude and Emotion

As Mr. Rajkumar Dubey prepares to begin a new chapter, there is immense pride, but also a quiet, heartfelt emotion that words struggle to express. Because while roles may end, legacies do not. Positions may change, but impact remains.

What he leaves behind is not just achievement, it is a culture. A culture

that will continue to inspire, energize, and uplift every individual who becomes a part of BPCL.

His journey reminds us that true leadership is never defined by tenure, but by transformation, never by authority, but by influence, and never by words alone, but by the countless lives it touches.

Thank you, Sir for showing us that work can be more than responsibility,

it can be joy, it can be purpose, it can be life itself.

His initiatives have created a lasting momentum, one where future leaders and employees will continue to carry forward the spirit he nurtured. The culture of fitness, teamwork, and well-being that he helped build will continue to grow stronger, shaping BPCL's journey for years to come.



Mr. Rajkumar Dubey with Pragyan Ojha
(International Cricket Player)



Mr. Rajkumar Dubey with Leander Paes
(International Tennis Player)



Mr. Rajkumar Dubey with International Cricket Players Shivam Dube & Dhawal Kulkarni

MATCH THAT MADE HISTORY

Dhawal Kulkarni – The Spell that Announced My Arrival

Every cricketer has that one match which stays with him forever, a game that gives him belief and reminds him that he truly belongs at the highest level. For me, that moment came during the 2008 Ranji Trophy Final, when Mumbai played against Uttar Pradesh. What made it even more special was that it happened in my debut season for the Mumbai Ranji team.

Playing a Ranji Trophy final itself is a huge occasion for any cricketer. For a young fast bowler just starting his journey, it was both exciting and a little daunting. The stakes were high, the atmosphere intense, and the expectations enormous. But at the same time, it felt like the perfect stage to test myself.

What made that match even more memorable was the dressing room I was part of. I was sharing space with some of the biggest names in Indian cricket, Sachin Tendulkar, Rohit Sharma, Zaheer Khan, and Ajit Agarkar. As a youngster, simply being around such legends was inspiring. But once I stepped onto the field, the focus was clear: contribute to the team in the best possible way.

Fortunately for me, everything seemed to fall into place during that match. I found a good rhythm with the ball and managed to pick up five wickets in the game, which turned out to be one of the most special performances of my early career.

I still remember the moment when I had already taken four wickets. Somewhere in my mind, I began to feel that I had a chance to achieve a five-wicket haul in a Ranji Trophy Final. For any fast bowler, a fiver is always special, but getting it in such a big match made it even more meaningful. When that fifth wicket

finally came, it was a moment of immense satisfaction and joy.

Looking back, I believe confidence played a very important role in that performance. For me, the approach has always been simple, whether I am playing for India, Mumbai, or BPCL, the goal is always to give my 100 percent for the team.

Handling pressure in such matches comes down to preparation. When you prepare well, you naturally feel more confident. That confidence allows you to trust your skills and stay calm even when the situation becomes challenging.

That match also reinforced something I have believed in since my early days in age-group cricket, the importance of discipline and routine. Consistent training habits, match-day preparation, and staying focused on the process are things that help a player perform consistently over time.

Another key lesson for me has been maintaining the right balance between mental strength and physical fitness. At the highest level, both are equally important. Being mentally strong while staying physically prepared is what helps players deliver consistently.

If I were to share one message with young sportspersons at BPCL and aspiring cricketers, it would be this: prepare honestly, trust your process, and always give your best when the opportunity comes.

For me, that Ranji Trophy Final in 2008 will always remain special. It was the match that gave me confidence and made me feel that I truly belonged on the big stage of Indian cricket.

By Mr. Deepak Jain,
CGM, Sports (HRS)



M. M. Somaya

A JOURNEY OF SPORT, LEADERSHIP AND BPCL VALUES

For M. M. Somaya, former Indian hockey captain and Olympian, his journey with BPCL began in March 1987 with a moment he still remembers vividly. Waiting nervously outside the chamber of the Director (Personnel) at BPCL's office, Somaya was about to step into what would become a defining chapter of his life.

During the interaction with senior leaders of the organisation, he spoke about his experience and his desire to gradually move into mainstream corporate work as his hockey career was nearing its conclusion. However, the leadership had a different vision. They encouraged him to focus first on strengthening BPCL's hockey team

and promoting sports within the organisation, recognising the value he could bring to the company's sporting culture.

Soon after, he received his appointment letter and joined BPCL as Deputy Manager (Industrial Relations). On his very first day, he met senior leaders who would go on to shape his understanding of the organisation's values and culture. Their approach to leadership left a lasting impression, one that emphasised integrity, mentorship, relationships, and collective growth rather than just individual success.

He brought with him a remarkable legacy in Indian hockey. Having represented India at the international level and led the national team as captain, he carried years of competitive experience, discipline, and strategic understanding of the game. His presence at BPCL strengthened the organisation's hockey ecosystem and helped nurture a culture where sport and professional growth could progress together.

Over the years, he witnessed how BPCL's culture extended beyond professional performance to nurturing people and building strong teams. The encouragement he received during his early days helped him contribute meaningfully both to the company's sporting initiatives and to his professional journey within the organisation.

Beyond his own sporting achievements, he became a mentor to many younger athletes associated with BPCL. He encouraged sportspersons to approach their careers with dedication, resilience, and humility, values that remain essential for success both on and off the field. His guidance helped several



players balance the demands of competitive sport with professional responsibilities.

BPCL's consistent encouragement of sportspersons played a crucial role in enabling athletes like Somaya to pursue excellence. The organisation's commitment to supporting sport created an environment where talent could thrive, teams could grow stronger, and sporting achievements could bring pride to the BPCL community.

After more than three decades with BPCL, he signed off in 2017, carrying with him countless memories and deep gratitude for the mentors and colleagues who guided him along the way. Reflecting on his journey, he believes that their trust, encouragement, and vision played a vital role in shaping not only his career but also the person he became.

His story is not only about sporting achievement but also about the power of mentorship, organisational support, and the values that sport instils in individuals. It stands as a reminder that when talent meets opportunity within a supportive ecosystem, it can create a lasting legacy.

Today, M. M. Somaya's journey continues to inspire young athletes and professionals alike, reflecting how sport, leadership, and institutional support can together shape remarkable careers and enduring contributions.



Tom Joseph



International Volleyball Player, joined BPCL in 2001, and since then volleyball has been a lifelong journey for me, filled with passion, discipline, and unforgettable experiences. Looking back, I feel grateful for the opportunities that allowed me to represent India and for the

organisations and people who supported me along the way. Among them, BPCL holds a very special place in my heart.

Growing up in Kozhikode, Kerala, where volleyball is deeply loved, I developed an early passion for the game. Over the years, I had the honour of representing India in major international tournaments such as the Asian Championships, Asian Games, and other global competitions. One of the greatest honours of my career was captaining the Indian Volleyball Team in 2002 and again in 2006.

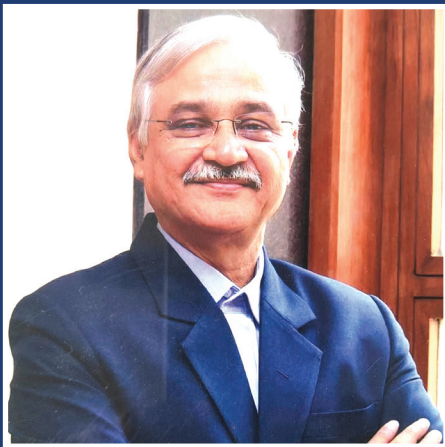
As a universal attacker, my role demanded versatility and leadership, and I cherish the experiences from competitions like the SAF Games, Rashid International Volleyball Tournament, and Asian Championship events.

Receiving the Arjuna Award in 2014 was a deeply humbling moment and a tribute to everyone who supported my journey.

BPCL played a vital role in my career by providing the encouragement and stability needed to focus on training and performance. After my playing career, becoming a FIVB Level 1 certified coach allowed me to guide young athletes through coaching roles with BPCL teams, national squads, and professional leagues.

I will always remain grateful to BPCL for giving me the platform to pursue excellence and proudly represent Indian volleyball. Even today, being associated with the sport in different capacities continues to give me immense satisfaction and purpose.

Mradul Chaturvedi



Ranji Trophy Cricketer from Mumbai, Mradul Chaturvedi, reflects on his long and fulfilling association with BPCL and the organisation's enduring commitment to nurturing sporting talent.

From joining BPCL in 1987 to superannuating as Chief General Manager (HR), my nearly 35-year

association with the organisation has been an immensely fulfilling journey. I feel grateful to have been part of an organisation that has always believed in the power of sport and the potential of sportspersons. BPCL is a remarkable institution where athletes have been able to grow professionally and even rise to leadership positions. Seeing Shri Shubhankar Sen reach the level of Director is truly inspiring.

Such success, however, is not the work of one individual but the result of a supportive environment built over decades by sports-loving administrators and leaders who believed that excellence in sport and corporate life can go hand in hand.

BPCL's sporting history is filled with path-breaking decisions. I still remember the progressive step taken in 1987 when international players like M. M. Somaya, Karsan Ghavri, and

Rakesh Tandon were inducted at mid-level positions, something almost unheard of at the time. Similarly, BPCL supported Saina Nehwal when she was only 14 by creating a special contractual category since she was below the employment age. The organisation also made forward-thinking decisions such as employing the inspirational sportsperson Joby Mathew.

These examples reflect BPCL's deep commitment to sporting excellence. I remain personally thankful to the organisation for supporting my sporting journey and professional growth. It gives me immense pride to have been part of an institution that has shaped the lives of many athletes and built a proud sporting legacy for the nation. I sincerely hope that BPCL continues to strengthen this legacy and inspire future generations of sportspersons.

MANAGEMENT LESSONS FROM SPORTS



Raman Malik
HEAD (PR & BRAND)

The Unsung Edge: Why Quiet Performers Drive Extraordinary Results

In every team that succeeds, there are individuals who capture headlines, and then there are those who quietly make success possible. Axar Patel represents the latter: an unsung hero whose true value lies not in constant visibility, but in consistent impact. He may not always be placed alongside icons like Kapil Dev or Ian Botham, nor does he carry the larger-than-life aura of Sachin Tendulkar or Virat Kohli. Yet, when the game demands composure, discipline, and reliability, he delivers, often in ways that don't immediately reflect in statistics, but are deeply felt in outcomes.

Impact Beyond the Scoreboard

One such moment came during a high-stakes semi-final between India and England, where a sharp, game-changing catch shifted momentum. The scoreboard recorded the wicket in another player's name, but the impact of that moment belonged just as much to Axar. This is what defines an unsung contributor, the ability to influence results without necessarily

owning the spotlight. In management terms, this reflects a crucial truth: not all value is visible, and not all contributions are easily measurable.

The Power of Quiet Consistency

What makes someone like Axar Patel indispensable is not a single skill, but a combination of qualities that align closely with high-performing professionals in any organization. There is a quiet confidence in how he approaches his role, whether batting in a pressure situation, delivering crucial overs, or stepping in wherever the team needs him. This flexibility mirrors what organizations increasingly value today: individuals who are not confined by rigid roles but are willing to adapt, contribute, and step beyond defined boundaries when required.

Equally significant is his approach to hierarchy and responsibility. There are moments when he takes on leadership roles, and others when he supports from the background without hesitation. This absence of ego is a powerful management lesson. In high-functioning teams, the ability to transition seamlessly between leading and supporting is often what sustains long-term success.

Resilience That Builds Reliability

Resilience is another defining trait. Like any professional athlete, Axar has faced phases where he has been underutilised or left out, yet his response has never been visible frustration. Instead, it is reflected in preparation, discipline, and readiness. When the opportunity comes, he

performs, not as someone seeking redemption, but as someone who has always been prepared. In a corporate context, this translates into the mindset of staying committed to excellence regardless of immediate recognition, understanding that consistency over time builds credibility far more than sporadic brilliance.

A Lesson in True Team Value

Perhaps the most important takeaway is the idea of reliability. Teams depend on individuals who can be trusted to deliver, especially in moments of uncertainty. While stars may define peaks of success, it is the steady performers who ensure stability. They are the ones who hold processes together, support transitions, and provide the balance that allows others to take risks and excel.

From a management perspective, the presence of such individuals is what differentiates a good organization from a great one. Recognising and valuing these contributions is not merely about appreciation; it is about understanding the true drivers of performance. When organizations learn to identify and empower their "unsung heroes," they create a culture where effort, consistency, and teamwork are valued as much as visibility and individual achievement.

In many ways, Axar Patel's journey is a reminder that leadership is not always loud, impact is not always celebrated, and success is not always singular. Sometimes, it is built quietly, through discipline, adaptability, and an unwavering commitment to the team.

THE ARCHITECTURE OF SUSTAINABLE WELL-BEING



Mr. D Parthasarthy,
ED (HRS)

Designing Health for the Long Game

In a world that often rewards speed and constant productivity, well-being is sometimes treated as a short-term reset or quick challenge. However, real wellness is neither extreme nor temporary. It is deliberate, structured, and sustained over time. Sustainable well-being means maintaining physical vitality, emotional balance, and mental clarity while navigating professional demands and personal responsibilities. It is built not through intensity, but through consistent and thoughtful habits that support long-term health.

1. Emotional Agility: Building Resilience

Emotional fitness shapes how we respond to pressure and change. Simple practices such as mindful breathing, short reflective pauses, and awareness of emotions can improve clarity, strengthen resilience, and support better decision-making.

2. Conscious Nourishment: Fuel for Performance

Food plays a vital role in energy, focus, and overall health. Balanced meals, hydration, and mindful eating habits help stabilise energy levels and support sustained productivity throughout the day.

3. Integrated Movement: Consistency Matters

Regular movement improves circulation, posture, and stress tolerance. Activities such as walking, stretching, light exercise, or recreational sports contribute significantly to long-term physical and mental well-being.

4. Restorative Recovery: The Power of Rest

Sleep and downtime are essential for maintaining cognitive sharpness

and emotional balance. Consistent sleep routines and reducing digital distractions before bedtime help restore energy and enhance overall performance.

5. Preventive Awareness: Protecting Long-Term Health

Small actions like regular health check-ups, hydration, ergonomic awareness, and stress management help prevent larger health concerns and support sustained well-being.

6. Meaningful Connection: The Human Element

Strong relationships and a sense of belonging contribute significantly to emotional resilience. Conversations, shared activities, and community engagement strengthen connection and create a supportive environment.

The Enduring View

Sustainable well-being is not a milestone but a rhythm of healthy habits practiced consistently. When approached with awareness and balance, wellness becomes a way of living—supporting better performance, stronger relationships, and lasting vitality.



MARATHONS

TEAM BPCL CHANDIGARH AT THE TUFFMAN CHANDIGARH HALF MARATHON

Team BPCL Chandigarh marked its presence at the 6th edition of the Tuffman Chandigarh Half Marathon, popularly known as “The City Beautiful’s Green Run,” held on 28 September 2025. The annual event witnessed thousands of runners taking to the streets of Chandigarh, with race categories including the 21.1 km Half Marathon, 10 km, 5 km, and 3 km runs, all commencing from the iconic Capitol Complex.

Demonstrating BPCL’s strong commitment to fitness and community participation, 28 employees from across Punjab and Haryana came together to participate in the marathon. Representing diverse business units and locations, the team competed across multiple categories, turning the run into a shared celebration of

health, endurance, and teamwork.

The spirited participation reflected BPCL’s core belief in encouraging an active lifestyle as part of its broader employee wellness initiatives under FPL 3.0. Running alongside the larger community, Team BPCL showcased unity, determination, and a collective

commitment to well-being beyond the workplace.

The organisers, M/s Tuffman, appreciated BPCL’s enthusiastic participation and commended the team for promoting fitness and healthy living.



BPCL NAGPUR JOINS THE PULSE MARATHON 2025

As part of the FPL 3.0 initiatives under Sports, HRS, BPCL employees at Nagpur came together to participate in the Pulse Marathon 2025, reinforcing the organisation’s focus on wellness and collective fitness.

Around 40 employees, representing diverse SBUs including Retail, LPG, I&C and Lubes, participated in the 5 km run, moving forward as a unified team. The activity was led by Shri Abhijeet Chavan, with effective coordination by Shri Anil R. More, ensuring smooth participation and high morale throughout the event.

The marathon served as an invigorating experience for all involved, highlighting the importance

of physical activity in sustaining mental strength and overall well-being. The enthusiastic participation

reflected BPCL’s continued commitment to nurturing a healthy, energetic, and engaged workforce.



BPCL TEAM MAKES ITS MARK AT CHALO BHARAT WALKATHON 2025

Walking is one of the simplest yet most powerful forms of exercise, supporting physical fitness, mental clarity, and overall well-being. Embracing this philosophy, BPCL employees actively participated in the Chalo Bharat Walkathon 2025, held at BKC Ground, Mumbai, as part of FPL 3.0 initiatives under HRS, Sports.

Employees from multiple BPCL offices across Mumbai came together to celebrate fitness through collective participation, reflecting the organisation’s focus on group-based wellness activities for employees and their families. The event was flagged off by Shri Pushp Kumar Nayar, ED (HRD) and drew thousands of participants from across the city.

Nearly 250 BPCL employees, representing various Business

Units and entities, took part in the walkathon with remarkable enthusiasm and camaraderie. The event also witnessed notable individual achievements, with Shri Mankesh Meena (Mumbai Refinery) securing third position in the 10 km men’s category with a timing of 01:08:04, and Ms. Rubi Agrawal, a proud member of FitDivaz, claiming first

place in the 10 km women’s category with an impressive timing of 01:12:40.

The strong presence and spirited performance of Team BPCL highlighted the organisation’s continued commitment to fostering a culture of fitness, unity, and healthy living through FPL 3.0.



TEAM BPCL HYDERABAD RUNS FOR A CAUSE

Reinforcing its commitment to fitness with purpose, Team BPCL Hyderabad participated in the Pink Marathon on 28 September 2025 as part of the FPL 3.0 initiative under HRS, Sports. The event marked the second edition of the Pink Power Run, a flagship initiative of the Sudha Reddy Foundation and MEIL Foundation, held under the inspiring theme ‘Stride & Shine’ to promote breast cancer awareness and early detection.

The marathon drew an overwhelming response, with over 20,000 participants coming together in solidarity. Among them was a spirited contingent of 30+ BPCL employees from Hyderabad, led by Shri Selukar N S, State Head, who joined the run to support cancer survivors and amplify messages of health, hygiene, and hope. The participation also aligned with the spirit of Swachhotsav

2025, reinforcing the importance of cleanliness and well-being in everyday life.

The event featured 10 km, 5 km, and 3 km run categories, welcoming participants from diverse age groups and fitness levels. Through their

enthusiastic participation, Team BPCL Hyderabad demonstrated that fitness initiatives under FPL 3.0 go beyond physical activity, serving as powerful platforms for awareness, unity, and social responsibility.



BPCL INDORE TEAM AT DEWAS RUN MARATHON 2025

Guided by the thought, "Be brave enough to start, and strong enough to finish," the BPCL Indore team participated with enthusiasm in the Dewas Run Marathon 2025, held on 9 November 2025 at Dewas. The event emerged as a vibrant celebration of endurance, resilience, and community participation, drawing runners from diverse backgrounds.

BPCL was represented by a spirited team of 25 employees, who competed across multiple categories, including the 21.1 km Half Marathon, 10 km run, and 5 km fun run, making the event inclusive for participants of varied fitness levels. The team's participation reflected a strong commitment to fitness, teamwork, and personal excellence.

As the streets of Dewas resonated with energy and encouragement, BPCL participants demonstrated remarkable determination and sportsmanship throughout the races. Their collective effort not only highlighted the importance of physical well-being but also reinforced a sense of corporate pride and unity.

The Dewas Run Marathon proved to be more than just a sporting event, it stood as a powerful reminder of the role fitness plays in building resilience, fostering community bonds, and strengthening the spirit of togetherness within BPCL.



BPCL KOCHI TEAM PARTICIPATES IN EKTA RUN

The BPCL Kochi team actively participated in the Ekta Run held on 12 October 2025 in Kochi, Kerala. The event emerged as a vibrant celebration of unity, fitness, and collective well-being, reflecting BPCL's continued commitment to promoting an active and inclusive lifestyle.

The run featured three categories - 3 km Fun Run, 5 km Timed Run, and 10 km Timed Run - across various age

groups. More than 1,000 participants took part, including around 200 BPCL employees and their spouses, with enthusiastic representation from Kochi Refinery, Retail, Lubes, LPG, I&C, and Pipelines, along with members of BPCL Fit Divaz.

Among the prize winners were Ms. Reena Manohar, Shri Jitendra Kumar Verma, Ms. Supraja Guguloth, and Shri Radhakrishnan Nair S (Retd., BPCL-

KR). BPCL was also honoured with a trophy in recognition of its active participation.

The participation not only showcased the team's spirit beyond the workplace but also reinforced the power of sports in building stronger connections and a healthier community.



RUN BHOPAL RUN MARATHON 2025

As part of FPL 3.0 initiatives under Sports, HRS, BPCL marked a strong presence at the Run Bhopal Run Marathon 2025, held in Bhopal, Madhya Pradesh. The city-wide event brought together fitness enthusiasts from all walks of life, celebrating health, endurance, and community participation.

Demonstrating remarkable enthusiasm and determination, over 70 BPCL employees took part in various race categories, including the 5 km, 10 km, and Half Marathon. The team's spirited participation reflected a shared commitment to physical fitness, teamwork, and leading an active lifestyle.

The marathon served as a vibrant platform to showcase the resilience and sporting spirit of BPCL employees while reinforcing the organisation's ongoing focus on employee wellness and meaningful engagement through sports.



BPCL FITDIVAZ JOIN SHE RUN 2025 - MUMBAI

As part of its ongoing Wellness through Sports initiatives under FPL 3.0, the Sports-HRS team continues to champion employee well-being with a strong focus on inclusion and community participation. Taking this vision forward, BPCL has formed BPCL FITDIVAZ, a nationwide women's fitness collective comprising women employees and spouses of male employees.

Demonstrating solidarity and strength, 54 members of the BPCL FITDIVAZ Mumbai chapter participated in SHE RUN 2025, held against the scenic backdrop of Kharghar. The enthusiastic turnout reflected a shared commitment to fitness while supporting a cause of vital importance.

SHE RUN 2025 was organised to raise awareness about breast cancer, the most prevalent cancer among women in India, and to promote early detection through awareness and timely screening. The event successfully combined fitness with purpose, creating a powerful platform for social impact.



TEAM BPCL RUNS STRONG AT TATA STEEL WORLD 25K MARATHON, KOLKATA

Reinforcing its commitment to employee wellness under FPL 3.0 and Sports, HRS initiatives, Team BPCL marked a spirited presence at the Tata Steel World 25K Marathon, Kolkata, on 21 December 2025.

A contingent of 45 BPCL employees from Kolkata participated in the prestigious run, showcasing enthusiasm, endurance and collective team spirit. Recognised globally as a World Athletics Gold Label race, the marathon attracts elite international and Indian athletes, including national record holders, lending the event significant sporting stature. This year's edition was further elevated by the presence of celebrated American sprinter Kenny

Bednarek as the Event Ambassador.

The BPCL team comprised employees from multiple Business Units and entities, along with senior leadership including the Regional Head (Lubes), Eastern Region, and the State Head

(LPG), West Bengal & North East. Their participation underscored a culture of camaraderie, fitness and shared purpose, reflecting BPCL's holistic approach to employee well-being and engagement.



STRIDE WITH PRIDE - TEAM BPCL MUMBAI AT WNC NAVY MARATHON 2025

In a powerful display of fitness, unity and patriotism, BPCL Mumbai runners participated in the WNC Navy Marathon 2025 under the banner of FPL 3.0, standing in solidarity with the Indian Navy.

Recognised as one of India's premier marathon events, the WNC Navy Marathon drew over 20,000 runners from across the country and 18 international destinations this year. Continuing a long-standing tradition of participation, BPCL marked a record presence with nearly 200 employees registering across race categories, 24 runners in the Half Marathon (21.1 km), 85 in the 10 km, and 91 in the 5 km run.

The marathon commenced in the early hours at Cross Maidan, Mumbai, amidst an electrifying atmosphere charged with energy and pride. Leading from the front was Ms. Meenaxi Rawat, CVO, a passionate fitness enthusiast, who completed the

21.1 km run. The event also saw active participation from senior leaders of BPCL, reinforcing the organisation's culture of leading by example.

With determination visible at every stride, Team BPCL showcased

exceptional enthusiasm and team spirit, reaffirming its collective commitment to health, fitness and holistic well-being, while proudly supporting a cause that celebrates national service and resilience.



BPCL FITDIVAZ EARN HIGHEST PARTICIPATION HONOUR AT PINKATHON MUMBAI 2025

“There is no force more powerful than a woman determined to rise.” – Bosa Sebel

Under the Fitness Premier League 3.0 (FPL 3.0), Sports, HRS continues to champion wellness, inclusion and active living among BPCL employees and their families. Carrying this spirit forward, BPCL FITDIVAZ, a collective of women employees and spouses of male employees, participated in impressive numbers at Pinkathon Mumbai 2025, held on 21 December 2025 at the MMRDA Grounds, Bandra Kurla Complex.

Widely recognised as India’s largest women-only run, Pinkathon is dedicated to encouraging women to embrace fitness while spreading awareness on breast cancer and women’s health. The Mumbai edition witnessed the participation of over 7,000 women, competing across multiple categories ranging from 3 km to ultra-distance runs, including relay formats.

BPCL marked a significant milestone with over 300 FITDIVAZ participants, including BPCL FITDIVAZ Brand Ambassador Ms. Meenaxi Rawat, CVO, earning the organisation the “Highest

Registration – Corporate” trophy. This recognition underscores BPCL’s unwavering commitment to women’s empowerment and wellness through sports.

Adding to the significance of the occasion, the marathon was flagged off by Mr. D. Parthasarathy, Executive Director (HRS) and Mr. Deepak Jain, CGM (Sports), alongside Mr. Milind Soman, fitness icon and founder of Pinkathon. Their presence reinforced the collective message of strength, resilience and the transformative power of fitness.



BPCL LAUNCHES FIRST-EVER PICKLEBALL TOURNAMENT IN MUMBAI

With Pickleball rapidly emerging as one of Mumbai's fastest-growing fitness sports, BPCL took a proactive step to promote employee engagement by developing dedicated Pickleball facilities at Chembur Colony and Sewree Sports Club. These courts have quickly evolved into vibrant sporting hubs, witnessing enthusiastic participation from employees across locations and departments.

The initiative reflects BPCL's forward-thinking approach in introducing contemporary sports formats that resonate with employees across age groups, blending recreation with structured physical activity in an inclusive environment.

Strengthening its commitment to wellness under FPL 3.0, Sports, HRS marked a significant milestone with the launch of BPCL Mumbai's first-ever Pickleball Tournament on 15 November 2025. The response

was overwhelming, with nearly 175 employees enrolling across men's and women's categories, a clear testament to the sport's growing popularity within the organization.

The tournament was conducted over a competitive three-week period and concluded successfully on 30 November 2025. The sustained participation throughout the league phase and knockout rounds demonstrated rising enthusiasm for the sport and highlighted strong cross-functional engagement across Business Units

The opening women's fixtures were formally flagged off by Shri D. Parthasarathy, ED (HRS), whose presence encouraged participants and set an inspiring tone for the tournament. The event commenced with a welcome address by Mr. Deepak Jain, CGM (Sports), HRS, who emphasized the importance of

active living under FPL 3.0. Mr. Jaideep Pansare, SM (T&D), MR ensured seamless coordination and smooth execution of the tournament schedule.

Throughout the matches, players displayed remarkable agility, coordination, and competitive spirit, while upholding the values of teamwork and sportsmanship. The event not only promoted physical fitness but also created an energetic platform for networking and informal collaboration beyond workplace roles.

The successful execution of the inaugural Pickleball Tournament has further strengthened inter-departmental bonding and underscored BPCL's continued focus on fostering a healthier, more engaged, and connected workforce through innovative sporting initiatives.



Mr. D Parthasarathy, ED (HRS), inaugurating pickleball tournament with Mr. Jaideep Pansare



Participant

As part of its continued focus on employee wellbeing, BPCL introduced its first-ever Pickleball Tournament in Mumbai on 15 November 2025. Hosted at Chembur Colony and Sewree Sports Club, the initiative brought a dynamic and contemporary sporting format to employees, reflecting the organisation's progressive approach to fitness under FPL 3.0.

Employees from across Mumbai participated with great enthusiasm, showcasing strong team spirit and competitive energy. Senior leaders, including Mr. Pushp Kumar Nayar and Mr. Rahul Tandon, Business Head - Gas, also took part, adding momentum to the event.

The prize distribution ceremony was graced by Mr. Pushp Kumar Nayar, ED (HRD), Mr. D. Parthasarathy, ED (HRS), and Mr. Deepak Jain, CGM (Sports), who congratulated the winners and appreciated the enthusiastic participation.

Winners - Men's Category

Singles (Below 45): Anshu Tiwari (Winner), Suraj Singh Parihar (1st Runner-up), Prabhat Ranjan (2nd Runner-up)

Doubles (Below 45): Manish Parikh / Mukul Agarwal (Winners); Puneet Jain / Neeraj Kayasthi (1st Runners-up); Shubham Patwa / Rahul Singh (2nd Runners-up)

Singles (Above 45): Khushwinder (Winner), Bharat Kumar Raigar (1st Runner-up), Rahul Sharma (2nd Runner-up)

Doubles (Above 45): Sameer Dange / Khushwinder (Winners); Pushp Kumar Nayar / Ashok Doger (1st Runners-up); Bharat Kumar Raigar / Sachin Kulkarni (2nd Runners-up)

Winners - Women's Category

Singles (Below 45): Prapti Pancholi (Winner), Soujanya Madireddy (1st Runner-up), Hasika Rachakonda (2nd Runner-up)

Doubles (Below 45): Merlin John / Manju Bashini (Winners); Hasika Rachakonda / Priyanka Minj (1st Runners-up); Amanpreet Kaur / Harveen Kaur (2nd Runners-up)

Singles (Above 45): Sonia Srinivas (Winner), Matilda D'Souza (Runner-up)

Doubles (Above 45): Matilda D'Souza / Sangeeta Mittal (Winners); Sonia Srinivas / Kanchana Kelkar (Runners-up)

The tournament marked a successful introduction of Pickleball at BPCL and reinforced the organisation's commitment to promoting fitness, inclusion, and employee engagement through FPL 3.0.



Participant



Winners of BPCL Pickleball Tournament



Mr. Pushp nayar, ED (HRD) with Ashok Doger

NATIONAL BADMINTON CHAMPIONSHIP - EASTERN REGION

The FPL 3.0 Badminton Tournament, Eastern Region witnessed enthusiastic participation from over 135 employees across state-level competitions held in Kolkata, Bhubaneswar, Patna, and Guwahati during November 2025, representing West Bengal, Odisha, Bihar & Jharkhand, and the North-Eastern States.

A notable highlight of this edition was the first-ever participation of women employees in the Eastern Region Badminton Championship, marking an important milestone in inclusivity and engagement. Players from all major operating locations competed with high energy, determination, and exemplary sportsmanship.

Winners

- **Men's Singles (Below 45):** Winner - Mr. Shivansh Soni | Runner-up - Mr. Sudhir Sabbarwal

- **Men's Singles (Above 45):** Winner - Mr. Pralaya Kumar Jena | Runner-up - Mr. Jai Rattan Ekka
- **Men's Doubles (Below 45):** Winners - Mr. Seeram Sivaramakrishna & Mr. Brijesh Gurjar
- **Men's Doubles (Above 45):** Winners - Mr. Vilas P. Pathrabe & Mr. Jai Rattan Ekka

- **Women's Singles:** Winner - Ms. Soham Gupta

- **Women's Doubles:** Winners - Ms. Basanti Baro & Ms. Chayanika Devi

The tournament reinforced BPCL's commitment to fitness, teamwork, and a culture of wellness, proving once again that a healthy workplace drives stronger engagement and collaboration.



NATIONAL BADMINTON CHAMPIONSHIP - WESTERN REGION

The Western Regional BPCL Badminton Championship, conducted under FPL 3.0 (Fitness Premier League) in December 2025, concluded successfully with high enthusiasm and competitive spirit. The event reflected BPCL's continued commitment to fitness, wellness, and employee engagement, with over 200 employees from across the Western Region participating.

The Regional Round was inaugurated on 6 December 2025 by Mr. D. Parthasarathy, Executive Director (HRS), and Mr. Deepak Jain, Chief General Manager - Sports (HRS). The strong participation was widely appreciated by the dignitaries.

The prize distribution ceremony was graced by senior leadership, including Mr. Pushp Kumar Nayar, Executive Director (HRD); Mr. Manoj Heda, Executive Director (ITRM); Mr. Sanjay Kumar Choubey, Head (LPG), West; and Mr. Subrata Saha, Head (HRS),

West, who felicitated the winners with trophies and medals.

Winners - Category-wise

- **Women's Singles (Below 45):** Ms. Ritika Kaushik
- **Women's Doubles (Below 45):** Ms. Merlin John & Ms. Manju Bashini B
- **Women's Singles (Above 45):** Ms. Subalakshmi Iyer
- **Women's Doubles (Above 45):** Ms. Sangeeta Mittal & Ms. Subalakshmi Iyer
- **Men's Singles (Below 45):** Mr. Suraj Singh

- **Men's Doubles (Below 45):** Mr. Suraj Singh Parihar & Mr. Raigar Bharat Kumar

- **Men's Singles (Above 45):** Mr. Khalid Ahmed

- **Men's Doubles (Above 45):** Mr. Kodati Srinivasulu & Mr. Suvradeep Basak

The event not only celebrated individual sporting excellence but also reinforced team spirit, camaraderie, and a strong culture of wellness within BPCL.



NATIONAL BADMINTON CHAMPIONSHIP - NORTHERN REGION

The Northern Regional BPCL Badminton Championship, held under the banner of FPL 3.0, unfolded as a spirited celebration of fitness, competition, and camaraderie. BPCL employees from across the Northern Region showcased impressive skill, determination, and sportsmanship, reflecting the organization's sustained focus on wellness and active engagement.

The tournament concluded with a prize distribution ceremony where winners were felicitated with trophies and medals in the presence of senior leaders, including Mr. Akhil Gupta, Head (HRS North), Mr. Amit Naskar, State Head (Retail - Punjab & J&K), and Mr. Suraj P. Chaudhari, DGM (ER & Ben Admin), HRS North, along with other dignitaries and officials who encouraged the participants and applauded their performances.

Winners - Category-wise

- **Women's Singles:** Ms. Preeti Mane
- **Men's Singles (45 & Above):** Shri Kunwer Devendra
- **Men's Doubles (45 & Above):** Shri Kunwer Devendra & Shri Brijesh Verma
- **Men's Singles (Below 45):** Shri K. Shivankar

- **Men's Doubles (Below 45):** Shri Abhishek Dohare & Shri Sunil Sangwan

More than a competitive tournament, the Northern Regional Championship reinforced BPCL's culture of wellness, teamwork, and inclusivity.



NATIONAL BADMINTON CHAMPIONSHIP - SOUTHERN REGION

The Southern Regional Finals of the National Badminton Championship 2025-26 were successfully hosted by HRS South from 19 to 21 December 2025 at the Anna Nagar Officers Club. The event brought together state-level winners from across the Southern Region, all vying for the coveted regional title.

The championship was conducted for both men and women across two age categories, Below 45 years and Above 45 years, ensuring competitive balance and wide participation. Over three action-packed days, the courts at the Anna Nagar Staff Quarters came alive with high-intensity matches marked by sharp smashes, deft net play, long rallies, and exceptional defensive skills. The energetic atmosphere, filled with applause and encouragement, reflected the passion and competitive spirit of the participants.

A defining highlight of the championship was the presence of Arjuna Awardee and former Indian international badminton player, Shri George Thomas, CGM (HR), Kochi Refinery, who graced the finals on 21 December 2025.

The Southern Regional Finals stood as a true celebration of sportsmanship and excellence, providing a strong platform for talent to emerge while setting a high standard for future editions of the National Badminton Championship.



NATIONAL BADMINTON CHAMPIONSHIP - BINA REFINERY

As part of the expanded qualification structure for the BPCL National Badminton Championship 2025-26, now comprising four Regional units and three Refineries, the Bina Refinery rounds were conducted from 20th to 24th January 2026 at the Khajuraho Klub Badminton Court.

A total of 48 participants competed across categories, with matches witnessing high energy and close finishes. The tournament was inaugurated by Mr. K. Sridhar, CGM (Operations) on 20th January. The finals, held on BPCL Foundation Day (24th January), were graced by senior leaders including Mr. Shirish Chandekar, GM (HR), BR; Mr. R. B. Hajare, GM (Site Enabling), BPREP; Mr. Anil Medhe, GM (HSE), BR; and Mr. Rohit Yadav, DGM (HR), BR, who felicitated the winners.

Winners:

Singles

- **Below 45 Years (Men):** Saurabh Nautiyal
- **Above 45 Years (Men):** Anil Sharma
- **Below 45 Years (Women):** Sonali Palekar

Doubles

- **Below 45 Years (Men):** Saurabh Nautiyal & Amit Pratap Singh

- **Above 45 Years (Men):** Anil Sharma & O. P. Singh

- **Below 45 Years (Women):** Sonali Palekar & Shama

The tournament was marked by strong participation, enthusiastic support from colleagues, and a vibrant sporting spirit, reflecting BPCL's continued commitment to fitness, engagement, and competitive excellence across Regions and Refineries.



NATIONAL BADMINTON CHAMPIONSHIP - KOCHI REFINERY

The National Badminton Championship qualifying rounds at BPCL Kochi Refinery were successfully conducted, witnessing enthusiastic participation and exemplary sportsmanship from all players. The tournament reflected strong competitive spirit and seamless coordination, making it a proud sporting moment for the Refinery.

Participants competed across multiple categories, delivering closely contested and high-energy matches throughout the event.

Results:

Singles - Above 45

- Winner: Eswara Rao Dumpala
- Runner-up: Ismail A

Doubles - Above 45

- Winners: Pradeep Kumar & Jijju T. Chacko
- Runners-up: Ismail A & Shahudeen

Singles - Below 45

- Winner: Mahesh Mohan
- Runner-up: Nibin Thankappan

Doubles - Below 45

- Winners: Sharan & Shahudeen
- Runners-up: Praveen & Dennis

Women's Singles - Below 45

- Winner: Samyukta Shaji

Women's Doubles - Below 45

- Winners: Samyukta Shaji & Sushmita Nandi

The tournament concluded on a high note, reinforcing BPCL Kochi Refinery's commitment to fostering fitness, camaraderie, and excellence through sports.



NATIONAL BADMINTON CHAMPIONSHIP - MUMBAI REFINERY

The BPCL Badminton Championship, Mumbai Refinery Round, conducted on 10th and 11th January, brought together players across categories for two days of energetic and high-quality competition. The tournament provided an excellent platform for participants to demonstrate not only their technical skills but also their discipline, resilience, and true sportsmanship.

The Championship was formally inaugurated by Shri Ashok Chaudhary, CGM (Technology), in the presence of Shri Mahendra Kumar K., CGM (HR), MR, setting an inspiring tone for the matches that followed.

The prize distribution ceremony was graced by Shri S. K. Shukla, GM

(Mfg.), MR, who felicitated the winners and runners-up across categories and appreciated their outstanding performances.

Winners

Men's Below 45

- **Singles:** Abhinaba Banerjee | Runner-up: Tushar
- **Doubles:** Ajay Mandal & Abhinaba Banerjee | Runner-up: Priyansh Singh & Venkatesh K.G

Men's Above 45

- **Singles:** Santosh Kawade | Runner-up: Joseph Anthony Kujur
- **Doubles:** Santosh Kawade & Savin Joseph | Runner-up: Mahendra Kumar K & Jaideep Pansare

Women's Below 45

- **Singles:** Siddhi Parker | Runner-up: Sagarika Paik
- **Doubles:** Sagarika Paik & Namrata Harwal | Runner-up: Rutuja Vashavani & Hasika Rachakonda

Women's Above 45

- **Singles:** Ashwini Kadam

The championship witnessed enthusiastic participation across age groups, with closely contested matches reflecting skill, determination, and competitive spirit throughout.



BINA REFINERY'S WELLNESS THROUGH SPORTS INITIATIVE

Building a Culture of Endurance, Discipline and Collective Well-being

At Bina Refinery, wellness is not an occasional campaign, it is a sustained movement anchored in discipline, data, and community participation. Under the Employee Satisfaction Enhancement (ESE) framework, the "Wellness Through Sports" initiative has steadily evolved into a structured model that promotes physical fitness, mental resilience, and collective engagement among employees and their families.

This movement is actively driven by Shri Surendra Singh Lodhi, Manager - ESE (BR), whose personal journey as an Ultra Marathon Runner (>50 km), certified marathon trainer, and three-time Corporate Stepathon champion brings authenticity and credibility to the programme. With over 35 years of service in BPCL and certifications in Nutrition and Weight Management, he has institutionalised a science-backed, sustainable fitness culture within the refinery ecosystem.



Mr. Surendra Singh Lodhi

A Structured and Sustainable Wellness Framework

Bina Refinery's approach goes beyond participation, it focuses on measurable transformation.

In-House Street Gym - A 275-Day Fitness Continuum

An open-air Street Gym, operational for over 275 consecutive days, serves as the nucleus of the refinery's fitness ecosystem. Designed to support strength, cardio, endurance, and mobility training, the facility hosts structured group sessions three days a week, along with dedicated running programmes.

Equipped with kettlebells, mudgars, tractor tires for high-intensity drills, battle ropes, agility ladders, resistance bands, and mobility tools, the space blends traditional strength training with modern exercise science, creating a disciplined yet energising morning culture within the township.



Marathon Culture & Endurance Movement

Distance running has emerged as a defining pillar of the initiative. With 187 nominations received for marathons across cities such as Mumbai, Indore, and Bhopal, employees have demonstrated extraordinary commitment, travelling over 1,500 km in some cases to represent BPCL.

This collective participation has strengthened unity, perseverance, and a shared identity beyond departmental boundaries.





Community Walkathons

Three refinery-level walkathons have recorded participation exceeding 500 individuals, reinforcing wellness as a family-inclusive activity and strengthening inter-personal bonds within the township.

The Flagship 100-Day Weight Loss & Muscle Gain Challenge

A landmark engagement initiative under the programme was the structured 100-Day Body Transformation Challenge, involving 151 participants.

The Strategic Framework

Participants underwent baseline Body Composition Analysis (BCA) and strength assessments, followed by customised training modules. The programme operated on a clearly defined “Winning Formula”:

40% Diet | 30% Workout | 30% Lifestyle

Nutrition awareness sessions such as “Fat to Fit” and “Nutrition for Life” were conducted, emphasising mindful

eating, Indian food plate concepts, and the impact of processed foods. Participants also received expert dietary consultations and personalised counselling for posture correction, joint care, and recovery management.

A dedicated digital wellness community of over 380 refinery members ensured daily motivation, accountability, and peer support.



Shri Chacko M. Jose, ED (BR) with Bina Refinery Team

Measurable and Visible Impact

The challenge delivered impressive, data-backed outcomes. Participants achieved weight reductions ranging between 4.85 kg and 7.95 kg, accompanied by improvements in BMI, body fat percentage, muscle mass, and visceral fat indicators.

Regular BCA tracking every 45 days ensured transparency, progress monitoring, and sustained motivation under the theme:

“Transforming Body, Transforming Life.”

Leadership Recognition & Appreciation

The award ceremony for the 100-day challenge was held on 13 February

2026 in the presence of senior refinery leadership:

- Shri Chacko M. Jose, Executive Director (BR)
- Shri Shirish Chandekar, CGM (HR)
- Shri Kiran Aytoda, CGM (Finance)
- Shri Anil Medhe, GM (HSSE)

The leadership appreciated the structured execution of the initiative and acknowledged its contribution toward building a healthier, more engaged workforce.

Beyond Fitness – Building a Culture

The Wellness Through Sports initiative at Bina Refinery has moved

beyond physical training. It has fostered discipline, preventive health awareness, stronger workplace morale, and enhanced community cohesion.

By combining scientific planning, consistent engagement, and leadership endorsement, Bina Refinery has created a replicable model of sustainable wellness, one where fitness is not an individual pursuit but a shared organisational value.

The initiative stands as a powerful reminder that high performance at work begins with well-being at its foundation.

SPORTS FACILITIES ACROSS LOCATIONS: PROMOTING EMPLOYEE WELLBEING

Volleyball-Led Sports Activation at Sholapur LPG Plant

“The lessons of the sports field prepare you for the game of life.” - John Wooden

Sports and physical activities play a vital role in enhancing employee wellbeing, strengthening teamwork, and creating a positive workplace culture. In line with this vision, Sports HRS continues to promote wellness through sports across BPCL locations.

As part of this initiative, the sports facility at Sholapur LPG Plant was activated on 26 September 2025, where 38 employees, including officers, contract workmen, transporters, and security personnel, enthusiastically participated in a volleyball session at the plant's volleyball court. The Sholapur Retail team also joined the activity, reflecting strong inter-SBU collaboration.

During the visit, Mr. Debamalya Sinha (ESE Western Region) conducted a session on ESE Roshni Plus initiatives at the newly built seminar hall, followed by an engaging volleyball game. The participants were guided by international volleyball players Mr. Rohith P. and Mr. Suresh Babu, who shared valuable insights on warm-up routines, core exercises, and safe playing techniques.

The development of the volleyball

court and open gym was actively supported by Mr. Praveen Yadav, Territory Manager - Sholapur LPG, and Mr. Harsh Martand, Plant Manager, reflecting the location's strong commitment to encouraging wellness through sports. The event concluded with the location team presenting a thank-you note to the visiting ESE and Sports teams for inspiring employees and strengthening the spirit of sportsmanship.



Uluberia LPG Plant Celebrates Sports, Fitness and Teamwork

On 9 October 2025, Uluberia LPG Plant had the honour of welcoming Mr. Narahari Tholeti, Deputy General Manager (ESE-East) along with international table tennis player and Arjuna Awardee, Mr. Soumyajit Ghosh.

During the visit, the distinguished guests interacted with employees and shared valuable insights on maintaining a balanced and healthy lifestyle. They highlighted the importance of integrating sports and regular physical activity into daily life to enhance wellbeing, improve focus, and boost workplace productivity. The ESE Roshni Plus services available to BPCL employees were also highlighted, as the platform is available under the Employee Assistance Programme.

To celebrate the spirit of fitness and teamwork, friendly matches in Table Tennis, Volleyball, and Badminton were organised among plant employees. The event witnessed enthusiastic participation, with players displaying excellent coordination and sportsmanship. Awards were presented to the winning teams and standout performers, encouraging employees to engage more actively in sports and recreational activities.

The guests also toured the facility and appreciated the recently upgraded welfare amenities at Uluberia LPG Plant, including the Badminton Court, Volleyball Court, Open Gym, Conference Room, improved Canteen area, and dedicated restrooms and changing facilities for Contract

Workmen and PCVO crew. They commended the plant management for its continued focus on employee engagement, welfare, and holistic wellbeing, recognising the location's efforts in fostering a culture that promotes health, motivation, and team spirit at the workplace.



Mangalore LPG Plant Promotes Active Sports Culture

As part of BPCL's continued commitment to employee wellbeing, a series of sports activities were organised at Mangalore LPG Plant on 18 September 2025, bringing together around 40 participants including employees, contract workmen, transporters, and security personnel.

The plant hosted engaging volleyball and cricket matches at its well-developed volleyball court and newly introduced turf cricket ground. The hybrid cricket pitch, designed with a blend of natural and artificial grass, ensures durability and consistent playing conditions.

The event began with an insightful session by Mr. Sridhar S., ESE - Southern Region, who spoke about the ESE Roshni Plus initiative, followed by energetic matches led by hockey professional Mr. Syed Irshad Ali.

Encouraging an active sports culture, Mr. Sandeep Kumar Raina, Territory Manager (LPG), and Ms. Roopa R., Plant In-charge, actively supported the initiative. The plant team has also ensured the availability of quality sports equipment and maintains the facilities diligently, reflecting their commitment to promoting health through sports.



The day concluded on a high note with prizes awarded to the winners of the cricket and volleyball matches. Special recognitions were also presented under Jagruk Karmachari Yojana and Kushal Vahan Chalak Yojana for safety excellence.

Irumpanam Installation Strengthens Sports Culture

Sports and physical fitness play a key role in enhancing employee wellbeing, encouraging teamwork, and building a vibrant workplace culture. Carrying forward this spirit, HRS organised a Sports and ESE Awareness Program at Irumpanam Installation on 17 October 2025, bringing together around 30 participants including employees, contract workers, transporters, and security personnel. The event made use of the installation's well-maintained volleyball court and

newly built badminton court, creating an energetic atmosphere for friendly matches and team interaction.

The programme began with an insightful session by Mr. Sridhar S., Chief Manager (ESE - SR), who highlighted the ESE Roshni Plus initiatives and emphasized the importance of maintaining physical and mental wellbeing.

The volleyball event was further enriched by the presence of eminent

players including Mr. Tom Joseph (Former Indian Captain and Arjuna Awardee), Mr. Rohit P. (Former Indian Player), and Mr. Ismail A. (Former National Player), whose participation inspired and motivated employees.

Through such initiatives, Irumpanam Installation continues to promote a culture of wellness, teamwork, and positive engagement across the workplace.



Goa LPG Plant Celebrates Team Spirit through Volleyball

Sports-HRS and the ESE team organised a sports activation at the Goa LPG Plant on 30 October 2025, encouraging employees to participate in team sports and promote a culture of fitness and collaboration. Employees, contract workmen, transporters, and security personnel enthusiastically participated in volleyball matches at the plant's volleyball court, demonstrating strong teamwork and camaraderie.

The event was further enriched by the presence of accomplished volleyball players Mr. Rohith P. and Mr. Jerome Vinith, who travelled from the South to

coach the participants. They guided employees on the importance of proper warm-ups, cooling down exercises, and stretching techniques before engaging in the matches.

Adding to the enthusiasm, Mr. Hrishikesh Sarkar, Territory Manager, and Ms. Babita Naik, Plant Manager, actively participated in the games and encouraged employees to take time out of their busy schedules to prioritise health and fitness.

The initiative concluded on a positive note with the team expressing appreciation to Sports-HRS and the visiting players for inspiring employees

and reinforcing the importance of wellness through sports.



Volleyball Activities Energise Teams at Coimbatore LPG Plant & Irugur TOP Installation

Employees at Coimbatore LPG Plant and Irugur TOP Installation came together for an engaging sports initiative that combined fitness, teamwork, and employee engagement. The program began with an informative session by Mr. Sridhar S, ESE - Southern Region, who spoke about the ESE Roshni Plus and ESE initiatives, highlighting the importance of holistic wellbeing and mental health support available to employees through the Employee Assistance Programme.

The session was followed by lively volleyball matches, where employees enthusiastically participated alongside professional volleyball players Mr. Jithin N and Mr. Akhin G. S., whose presence inspired participants with their skill, discipline, and sportsmanship.

As part of the initiative, matches were organised on 10 November 2025 at Coimbatore LPG Plant and 11 November 2025 at Irugur TOP Installation. At Coimbatore, a friendly match was played between the Shed Team and the Admin Team, while at Irugur the Irugur Team competed against the Coimbatore LPG Team, with Coimbatore emerging victorious

after an exciting contest.

The event saw active encouragement and participation from Mr. Shashank Sharma, TM LPG; Ms. Sukriti Gupta, Plant In-Charge - Coimbatore LPG Plant; Mr. Pankaj Meena, TM Retail;

and Mr. Bendkule Dnyaneshwar, Chief Manager (Ops), In-Charge - Irugur Installation. The matches were efficiently coordinated by Mr. G. M. Hariprasad, Sports Coordinator - Irugur, and Mr. Arul V., former volleyball player, at Coimbatore LPG Plant.



Jalgaon LPG Plant Strengthens Wellness Culture with New Volleyball Court

Excellence in the global sports arena depends significantly on strong sports infrastructure. At BPCL, there is a continuous effort to create best-in-class sporting facilities and open gymnasiums across locations. The HRS entity has been instrumental in developing such facilities, while Sports-HRS ensures they are actively utilized. The location team continues to prioritize physical fitness, fostering improved productivity and stronger team bonding.

Continuing this endeavour of promoting Wellness Through Sports, the Jalgaon LPG Plant marked a significant milestone with the inauguration of a new volleyball court on 8th November 2025. The facility was inaugurated by Debamalya Sinha, Chief Manager - ESE, Western Region, in the presence of Rohith P., Former

Captain of the Indian Volleyball Team, Tushar Jagtap, Territory Manager - Jalgaon LPG, and Nitin Amale, Plant Manager.

The inauguration was followed by an energetic volleyball tournament, filled with enthusiasm and team spirit, with active participation from the entire location staff. Later in the day, an ESE

awareness session was conducted with the location team, highlighting the importance of mental wellbeing at the workplace.

The event concluded with a tree plantation drive, where the entire territory team reaffirmed their commitment to a sustainable lifestyle and environmental responsibility.



Boosting Team Spirit at Lalru LPG Plant & Retail POL Depot

Wellness initiatives and sports activities play a vital role in enhancing employee performance by improving physical fitness, reducing stress, and strengthening mental focus. The Sports, HRS, and ESE Departments at BPCL remain deeply committed to promoting the physical and mental wellbeing of employees by cultivating a strong sports culture across locations.

As part of this endeavour, a Sports Facility Activation Program was conducted at Lalru LPG Plant on 14 November 2025, where 38 participants, including BPCL employees and contract staff, actively took part in volleyball matches organised at the location's volleyball ground.

To make the session more enriching, international volleyball player Rohith P was invited to coach and motivate the participants. He emphasised the importance of warm-up exercises before every match and shared valuable tips on game techniques and injury prevention. The friendly

matches were played with great enthusiasm and true sportsmanship, and prizes were awarded to the winning and runner-up teams.

The event witnessed strong leadership and support from Ms. Maya S. Gursale - TM, LPG, Mr. J. D. Salunke - Plant

Manager (LPG), and Mr. Dev Kumar Singh - Sr. Manager, Ops I/C Retail, Lalru Installation. The program was smoothly organised and coordinated by Mr. Sohan Singh, who ensured enthusiastic participation and seamless execution of the activities.



PRAGYAN OJHA & RUTVIKA GADDE POWER UP HOMES WITH BHARAT GAS LITE

Excellence is not just about performance on the field, it is about the choices we make in everyday life. When champions speak, they inspire confidence. And when they choose smarter solutions for their homes, it reflects trust built on experience.

As part of BPCL's commitment to innovation and customer safety, two of our sportspersons, Pragnan Ojha, former Indian Test cricketer, and Rutvika Gadde, Indian badminton star, recently shared why they upgraded to Bharat Gas Lite (Composite LPG Cylinder).

Pragnan Ojha: A Smarter Choice for the New India

Having represented India at the highest level in cricket, Pragnan Ojha understands the importance of reliability and smart decisions. Reflecting on the evolution of LPG cylinders, he noted how traditional steel cylinders have been part of Indian homes for decades, but as India modernises, so must our choices.

Pragnan highlights the key advantages of Bharat Gas Lite:

- Lightweight and easy to handle
- Rust-free and leak-proof

- Blast-proof for enhanced safety
- Transparent body to check gas levels

"The biggest advantage," he shares, "is that you can actually see the gas level and plan your refill in advance, no last-minute rush."

For him, upgrading was simple, just exchange the old cylinder and step into a safer, smarter and more stylish experience. A change he has already made for his family.

Reel url - <https://surl.li/zyrtqfw>



Pragnan Ojha (Cricket)

Rutvika Shivani Gadde: Safety, Simplicity & Peace of Mind

Precision, agility and focus define Rutvika Gadde's game, and the same clarity reflects in her choice at home.

After switching to the Bharat Gas Composite LPG Cylinder, Rutvika describes it as a "total game changer." Weighing just about 5 kg when empty, the cylinder is remarkably lightweight, clean-looking and modern.

What stands out most for her is safety:

- Explosion-proof design
- 100% defect-free assurance
- No rust, no stains
- Visible gas level for easy planning

"The real peace of mind," she says, "comes from knowing it is safe for my family."

The upgrade process was seamless, simply paying the difference in security deposit and exchanging the old metal cylinder.

Reel url - <https://surl.li/ddscfx>



Rutvika Shivani Gadde (Badminton)

AWARDS AND ACCOLADES



Suryakumar Yadav (Cricket)

Congratulations to Suryakumar Yadav for leading India to a convincing 3-1 series victory over South Africa, maintaining his unbeaten record as captain.

His fearless batting approach combined with composed leadership continues to inspire confidence within the squad and excitement among fans.

This achievement further cements his growing stature as a modern leader shaping India's dynamic cricketing future.

Manasi Joshi (Para-Badminton)

Continuing her impressive international season, Manasi Joshi delivered remarkable performances across global tournaments.

At the Indonesia Para Badminton International 2025 (Solo City), she secured Silver in Women's Doubles and Bronze in Women's Singles. She carried this momentum forward at the Huli Daihatsu Japan Para Badminton International (Shizuoka), winning Gold in Women's Doubles and Bronze in Mixed Doubles.



Atanu Das (Archery)

Heartiest congratulations to Atanu Das on India's stellar performance at the 24th Asian Archery Championships in Dhaka, where the nation topped the medal tally with 10 medals (6 Gold, 3 Silver, 1 Bronze).

Atanu played a decisive role in the historic men's recurve team gold, delivering a perfect 10 in the shoot-off against South Korea, ending an 18-year wait for this title. His composure under pressure proved instrumental in India's triumph.

Joby Mathew (Para Powerlifting)

BPCL's champion para athlete Joby Mathew secured a Bronze Medal in the 65 kg category at the Para Powerlifting World Championship 2025 in Cairo, Egypt.

With a lifetime best lift of 152 kg, this podium finish marks a defining personal milestone and showcases his relentless dedication to pushing physical and mental limits.

Competing against world-class athletes, Joby's performance embodies resilience, discipline, and the indomitable spirit that defines champions.





Manasi Joshi & Manoj Sarkar (Para-Badminton)

India's para-badminton contingent delivered a dominant performance at the Australia Para Badminton International 2025, finishing atop the medal tally.

Manasi Joshi clinched Gold in Women's Singles (SL3) and secured another Gold in Women's Doubles (SL3-SU5) alongside Ruthik Raghupati, displaying exceptional skill and strategic brilliance.

Manoj Sarkar added further glory with a Silver in Men's Singles and Bronze in Men's Doubles, underscoring India's depth and strength in para badminton and reinforcing BPCL's proud sporting legacy.

S. Srikrishna (Billiards & Snooker)

BPCL's cue sports ace S. Srikrishna delivered an impressive performance at the Penang Snooker Tournament, Malaysia, finishing as Runner-Up after a hard-fought final against Thailand's Songkhla.

On his way to the summit clash, he defeated several seasoned international contenders, including former World Champion Laxman Rawat, demonstrating composure and tactical mastery under pressure.

Competing against a strong international field of Asian and World medalists, his achievement further strengthens BPCL's presence in cue sports at the global level.



Ruthvika Shivani Gadde (Badminton)

Badminton star Ruthvika Shivani Gadde, partnering with Rohan Kapoor, secured a Bronze Medal at the Guwahati Super 100 International Tournament.

Their performance against high-ranking international pairs reflected strong coordination, resilience, and competitive sharpness throughout the event.

This podium finish adds another proud international achievement to BPCL's sporting journey and reinforces Ruthvika's consistency on the professional circuit.

Anupama Ramachandran (Snooker)

Our Snooker scholarship player Anupama Ramachandran has created history by winning the IBSF World Women's Snooker Championship.

She becomes the first-ever Indian woman to clinch this prestigious world title, etching her name in golden letters and bringing immense pride to the nation. Her landmark victory is a testament to her skill, perseverance, and championship temperament on the global stage.





Payas Jain (Table Tennis)

BPCL’s promising scholarship tennis player Payas Jain delivered a stellar performance at the 4th National Ranking Championships, clinching the prestigious Championship title.

His commanding run through the tournament showcased composure, technical brilliance, and maturity beyond his years. This achievement marks another significant milestone in his rising career and reinforces BPCL’s commitment to nurturing sporting excellence.

He has also been selected to represent India in the ITTF Mixed Team for the World Cup



Syndrela Das (Table Tennis)

Our Table Tennis scholarship player Syndrela Das has delivered a remarkable series of performances across national and international platforms in 2025. From multiple podium finishes at the WTT Youth Contenders in San Francisco and Fremont to clinching Gold in both U-17 and U-19 categories at the National Ranking Championships, she has consistently demonstrated exceptional skill, focus, and competitive maturity.

Vaishnavi Adkar (Tennis)

BPCL Scholarship Athlete Vaishnavi Adkar delivered a sensational performance to emerge as the Women’s National Champion 2025, reaffirming her status as one of India’s brightest tennis prospects.

Displaying remarkable dominance, she defeated Akanksha in straight sets (6-2, 6-1) in the final and did not drop a single set throughout the tournament, a testament to her consistency and control.

Her resilience and fighting spirit exemplify true championship character.



Shriyanshi Valishetty (Badminton)

Our scholarship player Shriyanshi Valishetty delivered a commendable performance at the Al Ain Abu Dhabi Masters 2025, clinching the Gold Medal with confidence and consistency.

Her victory on the international stage reflects not only her technical prowess but also her dedication and disciplined preparation. Competing against a strong global field, Shriyanshi showcased maturity beyond her years, bringing pride to BPCL and the nation.

We extend our heartfelt congratulations and best wishes for her continued success in the international arena.



Ishita Negi (Badminton)

Our badminton scholarship player Ishita Negi brought international acclaim by clinching Double Gold at the Egypt Junior International 2025, triumphing in both the Singles and Mixed Doubles categories.

Her commanding performance throughout the tournament showcased tactical maturity, agility, and exceptional match temperament against strong international competition.

This remarkable double victory highlights her growing stature on the global stage and reinforces BPCL's continued commitment to nurturing young sporting excellence.



Swastika Ghosh (Table Tennis)

Our scholarship player and Table Tennis star Swastika Ghosh delivered a stellar performance by winning the prestigious Panchkula UTT National Championships, marking another significant milestone in her career.

This victory not only strengthens her national standing but also reflects BPCL's sustained focus on empowering high-potential athletes to compete and excel at elite levels.

She has also been selected to represent India in the ITTF Mixed Team for the World Cup, adding yet another proud milestone to her remarkable journey.



Prishitha Gupta (Chess)

Our chess scholarship player Prishitha Gupta has achieved exceptional success at the Commonwealth Chess Championship 2025, held in Kuala Lumpur, Malaysia.

She clinched the Gold Medal in the U-16 Girls category (7th-17th November 2025), demonstrating remarkable consistency, sharp strategy, and competitive focus throughout the tournament. Adding to this stellar achievement, she secured another Gold Medal at the Commonwealth Blitz Chess Championship 2025 (Women's Age Group) on 17th November, delivering a commanding performance in the fast-paced blitz format.



PSPB Hockey Team Wins Third Straight Gold

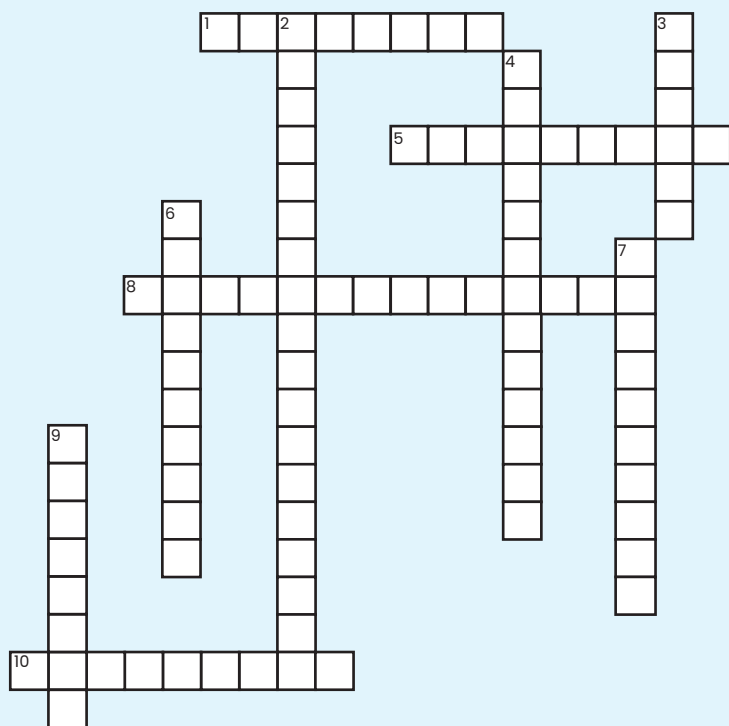
Congratulations to the PSPB Hockey Team for clinching their third consecutive gold at the 5th Inter-Departmental Senior National Hockey Championship in Jamshedpur.

With BPCL's highest-ever representation (8 players, 1 coach), the team, led by Olympian Devindar Walmiki, delivered a stellar performance. Vikas Dahiya was named Best Goalkeeper, while Harjeet Singh earned Man of the Match honours.

A proud moment for PSPB TEAM and BPCL.



CROSSWORDS



ACROSS

- Former Indian hockey captain & Olympian who joined BPCL in 1987.
- Former Indian volleyball captain who motivated participants at Irumpanam Installation.
- BPCL cricketer who recalls his iconic five-wicket spell in the 2008 Ranji Trophy Final.
- BPCL scholarship table tennis player who emerged as Champion of the 4th National Ranking Championship.

Down

- Bina Refinery manager (ESE) who is an Ultra Marathon Runner & Stepathon champion.
- City that hosted the PSPB Senior Cricket Championship 2025.
- BPCL's Director (HR) achieved a 'Golden Hat-trick' by winning three Gold Medals in the Veterans category at the PSPB Tennis Tournament 2025.
- Women's Badminton player from BPCL who secured double gold at international events.
- The specific sport for which BPCL launched its first-ever tournament in Mumbai in November 2025.
- BPCL-supported archer who delivered a perfect 10 to help India win historic men's recurve team gold at the 24th Asian Championships.

DID YOU KNOW?

- The fastest recorded tennis serve in history was delivered by **Sam Groth**, reaching an incredible **263.4 km/h (163.7 mph)** during a Challenger tournament in 2012.
- India's legendary hockey goalkeeper **PR Sreejesh** played a crucial role in securing India's historic **bronze medal at the Tokyo Olympics 2020**, ending a **41-year Olympic medal drought in men's hockey**.
- India's first Grandmaster, **Viswanathan Anand**, became **World Chess Champion five times**, helping popularise chess across India.
- The first athlete to win **four consecutive Olympic gold medals in the same individual event** was American discus thrower **Al Oerter**, who dominated the Olympics from **1956 to 1968**.
- Abhinav Bindra** became the **first Indian to win an individual Olympic gold medal** when he triumphed in the **10m Air Rifle event at the Beijing Olympics 2008**.
- Indian sprinter **Hima Das** became the **first Indian athlete to win a gold medal at the IAAF World U20 Championships** in 2018.
- The **FIFA World Cup trophy** must be returned after the tournament, the winning nation receives a **gold-plated bronze replica**, while the original trophy stays with **FIFA**.
- Indian boxing legend **Mary Kom** is the only boxer, male or female, to win medals in **eight World Boxing Championships**, showcasing her incredible longevity in the sport.
- Pankaj Advani** is one of the only players to win world titles in all formats of both billiards and snooker, spanning long and short formats.
- Indian archer **Deepika Kumari** rose from practicing with **homemade bows in Jharkhand** to becoming **World No. 1 in women's recurve archery**.

SPORTS DRIVE

Bharat Petroleum Corporation Limited

Fuelling Employee Well-being



Anupama Ramachandran



Shrivalli Rashmika



Ayush Mhatre



Payas Jain

**BPCL'S RISING CHAMPIONS
SHAPING INDIA'S SPORTING FUTURE.**