

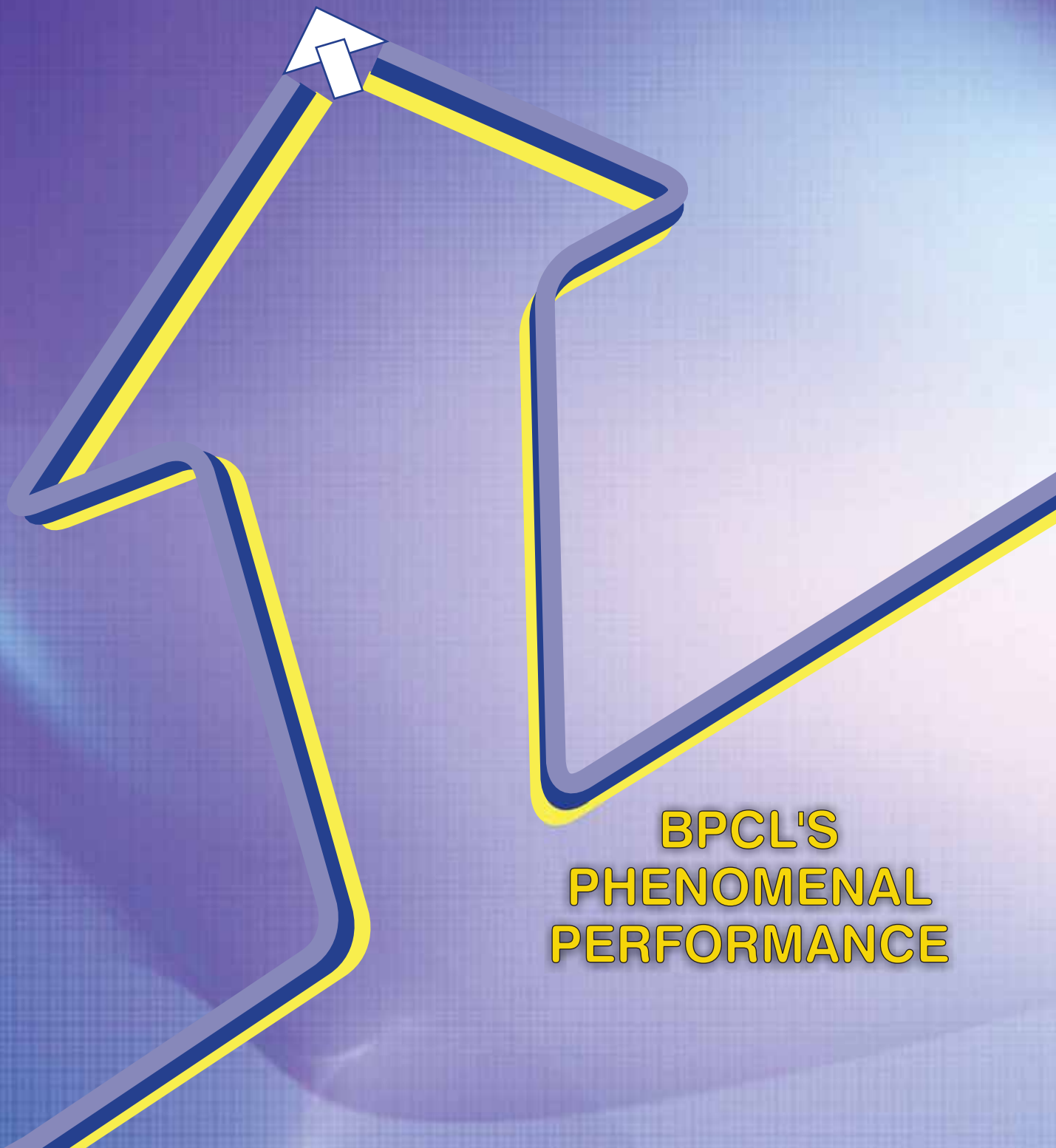
# पेट्रो प्लस

## PETRO PLUS

Energising Employees



VOL- IV / APRIL - JUNE 2015



**BPCL'S  
PHENOMENAL  
PERFORMANCE**

# Editorial

*"Desire is the key to motivation, but it's the determination and commitment to an unrelenting pursuit of your goal - a commitment to excellence - that will enable you to attain the success you seek." Inspiring words by Mario Andretti, which have been the driving force for our people to push the envelope, achieve stretch targets and propel BPCL on the path of excellence. Although BPCL's journey, especially in the past few years, has been outstanding, it's an uphill task to innovate continuously, sustain the momentum and transcend boundaries consistently. It calls for a dedicated workforce, a committed team and dynamic leadership – ingredients that we are fortunate to possess. Moreover, everyone adheres to the adage, "Just make up your mind at the very outset that your work is going to stand for quality... that you are going to stamp a superior quality upon everything that goes out of your hands, that whatever you do shall bear the hallmark of excellence. " Hearty congratulations are due to each and every member of the BPCL family who has contributed towards these fantabulous results ! Our feature article gives you some of our performance highlights.*

*Upholding the theme – 'Seven Billion Dreams. One Planet. Consume with Care.' - World Environment Day has always been celebrated with fervour and enthusiasm all over the country. We bring you a photo feature in our Hindi section.*

*A Petro Plus Readership Survey in Hindi and English is on the back cover. Do write in, to enable us to improve on our offerings and become a true 'employee magazine.'*

## PETRO PLUS

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Ms. Marianne Karmarkar

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# BPCL's Phenomenal Performance

"How proud I am to belong to a company that stands head and shoulders above all in the industry, techno savvy, churns out pioneering initiatives, and above all, cares for me ! I'm lovin' it !" exclaims a delighted BPCian. It's no wonder that BPCL is considered to be one of the most admired global energy companies. Our results have been outstanding year after year and this fiscal, our profit after tax has crossed the Rs. 5000 crore mark ! All credit to our vibrant BPCL Parivar of employees, dealer/distributor network, customers, bankers, suppliers and contractors, who've all worked tirelessly, innovated continuously and given of their best throughout. We're aware that we have a long journey ahead, with competition lurking in the shadows, and the environment getting more turbulent by the day. But we have the fire in our belly and passion in our hearts to overcome all challenges on the path to success. Let's take a look at our stupendous performance in 2014-15.

## GROUP PERFORMANCE

- ★ Crude throughput at BPCL's Refineries (Mumbai, Kochi, NRL & BORL : 29.27 MMT (2.02% +)
- ★ Market sales : 34.95 MMT (1.87% +)
- ★ Exports of petroleum products : 2.22 MMT (- 27.45%)
- ★ Gross Revenue from Operations : ₹ 2,58,731.09 crores (- 6.26%)
- ★ Net Profit: ₹ 5,082.01 crores (25.39% +)
- ★ Earnings per share : ₹ 66.47 (22.91% +)

## BPCL'S FINANCIALS

- ★ Gross Revenue from Operations : ₹ 2,53,254.86 crores (- 6.57%)
- ★ Net Profit : ₹ 5,084.51 crores (25.21% +)
- ★ Earnings per share : ₹ 70.32 (25.22% +)
- ★ Internal cash generation: ₹ 5,989.18 crores (30.61% +)
- ★ Contribution to the exchequer - taxes and duties : ₹ 51,121.77 crores (17.25% +)
- ★ Net worth : ₹ 22,467.48 crores (15.46% +)
- ★ Dividend : 225% (₹ 22.50 per share) (32.35% +)
- ★ Capital Expenditure: ₹ 8,494.40 crores (52.77% +)

## REFINERIES

- ★ Crude throughput : 23.36 MMT (0.04% +)
- ★ BPCL group aspires to reach a refining capacity of 1 Million Barrels Per Day in the next few years.

## Mumbai Refinery

- ★ Crude throughput : 12.96 MMT
- ★ Capacity utilization : 108.0%
- ★ Highest production of Euro-IV MS, Euro-IV HSD and Lube Base Oils

- ★ GRM : USD 3.97 per barrel
- ★ Overall gross margin : ₹ 2,363 crores
- ★ Completed 15 million man-hours without LTA on 30.3.2015 for the first time in its history.
- ★ Imparting training on refinery operations to staff of Oman Oil Refineries and Petroleum Industries Company, UAE.

## Kochi Refinery

- ★ Crude throughput : 10.40 MMT
- ★ Capacity utilization : 109.46%
- ★ Highest production of LPG, Propylene, Euro-III MS, Euro-III HSD and Euro-IV HSD.
- ★ GRM : USD 3.17 per barrel
- ★ Overall gross margin : ₹ 1,514 crores
- ★ Achieved 39 million man-hours without LTA on 31.3.2015

## MARKETING

- ★ Market sales : 34.45 MMT (1.32% +)
- ★ Market share : 23.29%

## RETAIL

- ★ Sales : 24.09 MMT (2% +)
- ★ MS Sales : 5.34 MMT (11.1% +)
- ★ HSD sales : 17.4 MMT (- 0.4%)
- ★ CNG sales : 294 TMT (7.22% +)
- ★ Auto LPG sales : 43 TMT.
- ★ Retail Outlets : 12,864 (695 added); 112 COCO outlets; 5,700 PFS outlets; 600 PFS Platinum outlets; 5,657 Automated Retail Outlets
- ★ BPCL First initiative successfully rolled out across 64 Cities with inter SBU customer centric events in various markets.
- ★ 'SmartLine', a 24x7 Customer Care Service for closer customer interaction.
- ★ Relationship programs viz. PetroBonus and SmartFleet - sales of 4.43 Million Kilotres (MKL)
- ★ 'Fuel Finder' mobile application
- ★ 30,200 Life Insurance policies issued for Drivers enrolled under SmartFleet
- ★ Allied Retail Business turnover : ₹ 450.20 crores (4.2% +)
- ★ 169 'In & Out' retail outlets, turnover : ₹ 186 crores.
- ★ 100 Quick Service Restaurants in alliance with Indian and International food chains.



- ★ "Pick Up" store initiative with Amazon Transport Service Pvt. Ltd. (ATSPL)
- ★ 25 MMT Products handled at 82 Depots & Terminals

### INDUSTRIAL & COMMERCIAL

- ★ Sales : 3.4 MMT
- ★ Commissioned HSD, SKO and ATF tankages at Dahung at 11,000 feet for the Indian Army
- ★ Polypack Bitumen to be introduced at difficult locations, like hilly areas in Uttarakhand and J&K
- ★ Total fuel solutions with new products like Biodiesel blended Diesel, Petcoke, Polymer Grade Propylene

### GAS

- ★ 314 TMT to MR, 76 TMT to KR & 815 TMT to customers across different sectors like Fertilizer, Power, Steel, CGD etc.
- ★ Created history by supplying LNG bunkers ex PLL Kochi LNG Terminal, for the first time in India to a ship, on her maiden voyage to Europe.
- ★ Co-promoter with 11% shareholding in two JVCs formed along with GSPL, IOC and HPCL for developing cross country pipelines - GSPL India Gasnet Ltd. for the Mehsana-Bhatinda Pipeline and Bhatinda-Jammu-Srinagar Pipeline and GSPL India Transco Ltd for the Mallavaram-Bhopal-Bhilwara-Vijaipur pipeline.

### LUBRICANTS

- ★ Lubes sales : 11.93% + with 18.6% growth in Industrial, 6% in Bazaar and 39% in export. Overall, value added sales recorded a growth of 10.2%.
- ★ In retail, service initiatives - MAK QUIK, MAK Dispensers, Product specific campaigns, One Day Wonders / Mega One Day Wonders etc.
- ★ Proliferation of the Quick Oil change machines for 4T segment 26% growth
- ★ 30% of distributor network commissioned this year - marketing of premium grades of MAK Lubricants resulting in 6% growth
- ★ 18.6% growth in Industrial segment. specific focus on Power, Steel & Mining.
- ★ Market presence in Nepal, Sri Lanka and Bangladesh; Entered Kingdom of Saudi Arabia,

Bahrain, Qatar, Oman, Kuwait, Egypt, Congo, Uganda, Angola, Tanzania, Burundi, Rawanda etc. resulting in 38% growth in export volumes.

- ★ Pilot as MAK branded city with extensive branding activities
- ★ R&D developed new grades across engine, driveline, transmission and industrial lubricants product segments.

### LPG

- ★ Major achievement was roll out of PAHAL scheme of Govt of India. Successfully enrolled 31.6 million customers Cash Transfer Compliant consumers
- ★ Sales : 4510 TMT (11.6% +)
- ★ Market share : 25.8%
- ★ Enrolled 48.9 lakhs new customers, total domestic customer base 458 lakhs.
- ★ 30.2 lakhs addl. cylinders issued, DBC tally 49%
- ★ Added 339 Regular Distributors and 366 Rajiv Gandhi Gramin LPG Vitaks (RGGLV), taking the total to 4044 (2862 Regular and 1182 RGGLV)
- ★ Website 'MyLPG.in' brought greater transparency and convenience. 90% refill booking digital.
- ★ Bharat Metal Cutting Gas (BMCG) agreement with Air Liquide Middle East & North Africa FZCO 'ALMENA' to market BMCG in Middle East countries.
- ★ Filling of 4076 TMT in 50 bottling plants
- ★ Handled 0.7 MMT at JNPT-Uran import terminal
- ★ Cylinder bottling capacity 3215 TMT
- ★ Uran facility connected through submarine pipeline from Mumbai Refinery

### AVIATION

- ★ Portfolio expanded by enrolment of Fly Dubai, Air Seychelles, Air Arabia, Hong Kong Airlines and Citilink Indonesia in the international segment and Indigo, Vistara and Air Pegasus in the domestic segment at some airports
- ★ Sales : 1255 TMT
- ★ Market share : 23.6%
- ★ First Indian OMC to pass on the benefit of SFIS (Serve for India Scheme) to Jet Airways
- ★ Set up stations for the Army in Arunachal Pradesh, Thanjavur and Jaisalmer
- ★ 3 new Aviation Fuelling Stations commissioned at Indore, Dimapur and Dibrugarh
- ★ Awarded Operatorship of the Fuel Farm facility owned by Mumbai Fuel Farm Facility Ltd. at Mumbai Airport.
- ★ Cochin International Airport Ltd. (CIAL) extends arrangement for operations for 30 years.
- ★ Increased equity stake in Kannur International Airport Ltd. BPCI has exclusive operating rights

### PROJECT CUBE INITIATIVE

- ★ Project CUBE (Customer Understanding for Business Excellence) a customer centric business transformation program, was designed to



improve BPCL's business performance by connecting deeply with customers, through a collaborative process and making BPCL the preferred brand.

- ★ BPCL First objective of converting a location into a BPCL city/town. Launched in major Tier II/III cities.
- ★ Launched a robust grievance redressal mechanism – the Customer Care System (CCS)

## MAJOR PROJECTS

### Integrated Refinery Expansion Project (IREP) at Kochi

- ★ Capacity expansion of Kochi Refinery by 6 MMTPA taking it to 15.5 MMTPA
- ★ Modernisation of processing facilities to produce auto-fuels conforming to Euro-IV/ V specifications.
- ★ Refinery residue stream upgradation to value added products.
- ★ Capital outlay of ₹16,504 crores
- ★ Expected completion in May 2016.
- ★ Overall physical progress of 83.55% with cumulative expenditure of ₹ 7,147 crores as on 30.6.2015.
- ★ Workforce of more than 14,000 labourers daily

### Petrochemicals Project

- ★ Diversification into Petrochemicals
- ★ Estimated capital cost of ₹ 4,588 crores
- ★ Plans to produce niche petrochemicals such as Acrylic Acid, Acrylates and Oxo Alcohols, which will be produced using Polymer Grade Propylene
- ★ Major end uses of these chemicals are in paints and coatings, adhesives, plasticisers, solvents and water treatment.
- ★ Unit expected to come on stream during 2018-19.

### Replacement of CDU /VDU at Mumbai Refinery

- ★ Installation of a state-of-the-art integrated Crude and Vacuum Distillation Unit (CDU-4) of 6 MMTPA capacity to improve mechanical integrity, enhance safety and meet environment norms.
- ★ Approved cost of the project is ₹ 1,419 crores.
- ★ Overall physical progress of project is 97.2% with cumulative expenditure of ₹ 1,171 crores

### Kota Jobner Pipeline Project

- ★ Laying a 210 km long and 14" dia cross-country pipeline from Kota to Jobner for economic transportation of MS/SKO/HSD from BPCL's Mumbai Refinery as well as BORL's refinery at Bina.
- ★ Petroleum and Explosives Safety Organisation (PESO) license obtained
- ★ Pipeline commissioned on 31st March, 2015
- ★ Expenditure of ₹ 230 crores



### Pipeline for Transfer of LPG from BPCR / HPCR Mumbai to Uran

- ★ Laying a 28 km pipeline (12 km offshore and 16 km onshore) to transfer LPG from BPCL's Mumbai Refinery and HPCL's Mumbai Refinery
- ★ Provision of three 900 MT Mounded Storage Vessels at BPCL's Uran LPG Plant.
- ★ Project cost of ₹ 276.84 crores. Pipeline portion costing ₹ 229.6 crores, shared with HPCL MSVs cost ₹ 47.24 crores BPCL'
- ★ Pipeline commissioned on 31.10.2014.
- ★ Cumulative expenditure is ₹ 269 crores.

## RESEARCH & DEVELOPMENT (R&D)

- ★ Focus on development of niche and innovative products and process technologies and providing advanced technical support for refinery processes, lubricant formulations and product/process development.
- ★ Produced more than 20 patents in the last 5 years
- ★ Aspiration to be a world class technology solution provider in the near future.
- ★ R&D facilities at three locations - the Corporate R&D Centre at Greater Noida, UP; R&D Product & Application Development Centre at Sewree, Mumbai and in-plant R&D Centre at Kochi Refinery.
- ★ Core research areas (a) development of energy efficient technologies for fuel and chemical production (b) technical support to refining processes (c) new product and additive development and (d) alternate fuels and energy.
- ★ CRDC bagged the prestigious Indo-UK collaborative project funding award from GITA for real time optimization of crude distillation units for carrying out collaborative research with Process Systems Enterprise Ltd., UK.
- ★ Research collaborations with EIL, IIP, IITs, ICT, Delhi University, BITs Goa etc., as well as international partnerships with NTNU, Norway, CSIRO-Clayton, RMIT and University of Melbourne.

## NON-CONVENTIONAL ENERGY INITIATIVES

- ★ Tapping wind energy, solar energy and fuel cells
- ★ Developed a Renewable Energy Policy
- ★ Installed 5 MW capacity windmills in Karnataka and 0.5 MW wind farm in Tamil Nadu. Power produced is sold to the State electricity grid
- ★ Commissioned smaller KW scale solar plants for 1500 KW for lighting and admin office building electrical loads at Kochi and Mumbai Refineries, 205 ROs along the Mumbai-Manmad pipeline, some LPG plants and Lube blending plants.
- ★ 4 MW solar plant at Bina Despatch Terminal and 6 MW grid connected wind power project put up.

## CORPORATE SOCIAL RESPONSIBILITY (CSR)

- ★ Core thrust areas are education, water conservation, skill development, health and hygiene and community development.
- ★ Computer Assisted Learning Project (CAL) for school children - Centres in Jaipur, Mumbai, Solapur, Uran and Lucknow; Sancharikas (teacher facilitators) for imparting computer education; Science



Education Project in collaboration with NGO, 'Agastya International Foundation,' 300 students groomed as Young Instructor Leaders; District-wide Education Project - 'Akshar' (Read India) - learning camps in Sagar (MP), Nandurbar (Maharashtra), Dausa and Jaipur (Rajasthan); Educating tribal students in Mayurbhanj and Sundergarh districts of Odisha; Professional development of primary teachers and principals from low income schools; Support 20 libraries in Mumbai and Delhi; Project BalaJanaagraha for instilling good citizenry in children thru' Civic fests ; Placement linked vocational training of 1000 youth at Kochi Refinery

- ★ Training in zardosi and aari work at Loni
- ★ LABS project for Persons with Disabilities in Mumbai and Noida
- ★ Water project, 'Boond' in Tamil Nadu, Andhra Pradesh, Rajasthan, Maharashtra and Karnataka; in Mokhada Taluka, 'Group Farming and Collective Marketing model.'
- ★ Reproductive and child healthcare of tribals in Mysore

- ★ Launched health insurance scheme, through which 8,713 DSMs and delivery boys in 24 states have been given coverage of ₹ 1,00,000 for themselves and their families for one year.
- ★ 'Swachh Bharat-Swachh Vidyalaya' - constructing/maintaining 1,864 toilets in schools across Bihar, Odisha, Chattisgarh, Madhya Pradesh, West Bengal, Telangana and Andhra Pradesh.

## EXPLORATION AND PRODUCTION

- ★ BPRL has Participating Interest (PI) in 17 exploration blocks, in consortium with other partners - seven in India, six in Brazil, and one each in Mozambique, Indonesia, Australia and East Timor. Total area is around 24,375 sq.km, of which approx. 88% is offshore acreage. All the blocks are under various stages of exploration/appraisal. Numerous finds of oil and gas, monetization in progress

## HUMAN RESOURCES

- ★ Linkage of key HR Processes - Career Advancement, Performance Management, Potential Assessment and Learning Management Framework
- ★ Second cycle of ASCEND process rolled out for 2800 officers
- ★ Enriched the leadership pipeline; 'Excelerator' equipped 80 managers with relevant leadership competencies;
- ★ Internal social media network, JAM engaged in knowledge-transfer
- ★ Clocked 25,000 man-days of training
- ★ Innovative learning platforms with Socratix, the case-study challenge, Mercurix, Leadership-Storytelling and Rytink, case study writing
- ★ IDEAS creative platform sees 1000+ entries
- ★ 'You-Ngage' engaging with Gen Y, connecting them with BPCL's vision, strategy and goals
- ★ Staff strength : 12,687; 408 Management trainees joined

## EMPLOYEE SATISFACTION ENHANCEMENT

- ★ Active facilitator towards a healthy, productive, vibrant and energized workforce
- ★ Employee connect, engagement, 360 degree wellness and prompt grievance redressal
- ★ Roshni, Employee Assistance Program (EAP), provided counselling services to employees and their family members
- ★ EAP Customers' Forum organized for companies to share best practices

## INTEGRATED INFORMATION SYSTEMS

- ★ Implemented PAHAL scheme; Bharat Arogya Yojana scheme for DSMs, LPG delivery persons and transport crew; LPG Transparency Portal enhanced with new features for consumers; Centralized Complaint Management System; Automated updation of Retail Selling Price (RSP); New online

processes to manage investment proposals for ROs; Online medical claim application for retired staff

- ★ Many Talent Management initiatives enabled through SAP Success Factor
- ★ All old electronic IT Assets disposed under eWaste
- ★ Webcasting technology effectively used for corporate events
- ★ Tech refresh carried out in end-user compute device landscape



#### HEALTH, SAFETY, SECURITY & ENVIRONMENT

- ★ Upholding the "Safety First Safety Must" mantra
- ★ Asset integrity to reassess health & integrity of pipelines & railway siding facilities.
- ★ All Sustainability Development targets achieved with excellent rating. 95,096 sq.m. catchment area was covered for rainwater harvesting; Energy efficient lighting installed at 64 locations; 420 KWP of solar power installed at ROs
- ★ Achieved an 'A' plus level of reporting as per GRI – G 3.1 (Global Reporting Initiative) as well as with core guidelines of GRI GR4 norms for Sustainability Development in 2013-14 for the 7th consecutive year

#### INTERNATIONAL TRADE AND RISK MANAGEMENT

- ★ Allotted 5.29 MMT of Mumbai High crude
- ★ Imported crude oil : 16.94 MMT
- ★ Ratio of "Term to Spot" procurement was 81:19
- ★ Average price paid for crude oil imported : USD 85.44 per barrel
- ★ Total foreign exchange outgo on account of imports of crude oil : ₹ 71,916 crores
- ★ Co-loading of cargoes on Very Large Crude Carriers (VLCCs) from two different ports
- ★ Engaged vessels on time charter, voyage charter and also under Contract of Affreightment (COA); renewed COA with SCI for two years
- ★ 169 tankers handled
- ★ Exported 2,052 TMT of refined petroleum products – Naphtha, Fuel oil & Benzene
- ★ Adopted new instruments of hedging to enhance risk management capability

#### AWARDS AND RECOGNITION

- ★ Nurturing Brand has been a key priority for BPCL and, many initiatives have been undertaken towards this end in each business unit. Continuing

its presence in the Fortune Global 500 list, BPCL retained its position with a rank of 242 and is among the eight Indian companies featured in the list.

- ★ For its outstanding global, financial and industry performance, BPCL has been ranked among the top 20 Oil and Gas Refining and Marketing companies in the Platts Top 250 Global Energy Company Rankings for 2014. BPCL ranks 4th in Oil & Gas Refining and Marketing in the Asia/Pacific Rim, 7th in Oil & Gas Refining and Marketing globally and 17th in overall performance in the Asia/Pacific Rim. On an overall global performance, Bharat Petroleum has been ranked 66th.
- ★ BPCL also obtained the 'Leading Oil & Gas Corporate of the Year' and the 'Oil & Gas Marketing Company of the Year' Awards, two of the topmost recognitions of the PetroFed Oil & Gas Industry Awards. PetroFed also conferred the Innovator of the Year 2013 Team Award to BPCL Pipelines and a Special Commendation Award for 'Innovator of the Year - Team' to Corporate R&D Centre.
- ★ BPCL was also awarded as the Best Performing PSU among the Navratnas that have powered the nation's growth by the India Today Group.
- ★ The Asian Centre for Corporate Governance & Sustainability honoured BPCL with the 'Company with Best CSR & Sustainability Award 2014.'
- ★ BPCL was also adjudged the Winner of the 2014 ICAI Award in Corporate Social Responsibility in the Rural Development Category by the Institute of Chartered Accountants of India.
- ★ The Indian Institution of Industrial Engineering (IIIE) conferred the Performance Excellence Award 2013 in the Platinum Category (Organization in the Energy Sector) on BPCL.

#### FUTURE OUTLOOK

As our former President, Dr. A. P. J. Abdul Kalam said, "Excellence is a continuous process and not an accident. To succeed in your mission, you must have single-minded devotion to your goal. You have to dream before your dreams can come true." Let these lines be your guiding force on the journey ahead and may they inspire you always.



## BPCL Inks MoU for 2015-16 with MOP&NG

BPCL has entered into a Memorandum of Understanding (MOU) with MOP & NG for 2015-16. The MOU was signed in Delhi on 31st March, 2015 by Mr. Saurabh Chandra, Secretary, MOP & NG and Mr. S. Varadarajan, our C & MD, in the presence of Dr. S.C. Khuntia, SS & FA MOP & NG, Dr. Neeraj Mittal, JS Marketing, Mr. S Poundrik, JS Refining, Mr. P Balasubramanian, our Director (F), Mr. K.K. Gupta, our Director (M) and other senior MOP & NG and BPCL officials. BPCL has been consistently awarded an 'Excellent' rating for its annual performance against the MOU from the time of its inception, and is committed to forging ahead with even better performance in the years ahead.



## Chief Secretary Reviews IREP at KR



*Mr. Jiji Thomson IAS, Chief Secretary, visiting IREP site of BPCL Kochi Refinery with Mr. Prasad K. Panicker, ED (Kochi Refinery), Mr. P.S. Ramachandran, GM (Projects Units), Mr. S. Somasekhar, DGM (HR) In-charge, Mr. C.K. Soman, GM (Operations) and Mr. George Thomas, Chief Manager (Estates & Admin).*

Mr. Jiji Thomson, IAS, Chief Secretary, Government of Kerala, reviewed the progress of the Integrated Refinery Expansion Project (IREP) at Kochi Refinery and promised to extend all support for the timely completion of the project. "I hope, with the hard work and dedication put in by the project team, the project will be completed as per the schedule," he remarked.

## BPCL Signs MOU with Air Liquide

Transcending horizons, Bharatgas is present in UAE & Bahrain with 50 loyal customers using the revolutionary Bharat Metal Cutting Gas (BMCG). To extend the usage of BMCG, BPCL zeroed in on M/s. Air Liquide as a business partner, so as to offer a complete solution to end customers by providing, not only BMCG but the required other gases like Oxygen, Argon, CO2 and installation equipments in a single basket offer. Air Liquide of France is considered as the world leader in Gases, Technologies and Services for Industry and Health, and is present in over 80 countries. Air Liquide intended to manufacture BMCG with our additive and meet its industrial customers' needs. Mr. George Paul, then ED (LPG) and Mr. Omer Germouni, Business Development Director of Air Liquide signed the MOU between BPCL & Air Liquide Middle East & North Africa (ALMENA) on 23rd March 2015, to explore the marketing of BMCG in all the GCC & Middle East countries. It is anticipated to have BMCG footfalls in many more GCC countries and to increase our royalty earning to almost Rs.1 crore per annum.



## BPCL Receives ICICI LOMBARD & CNBC –TV18 India Risk Management Award



BPCL received the Public Sector Unit of the Year Award at the premier edition of the ICICI Lombard & CNBC – TV18 India Risk Management Awards, held on 7th May 2015 at New Delhi. The award, received by our C&MD, Mr. S. Varadarajan. is a mark of recognition of the best processes and practices adopted by BPCL in risk management. It recognises those organisations and teams that have significantly added to the understanding and practice of risk management.

## KR Wins Kerala State Safety Award

Kochi Refinery won the Safety Award instituted by Factories & Boilers Department, Govt. of Kerala for Outstanding Performance in Industrial Safety among very large factories for the year 2014, in recognition of its excellent safety performance. Kochi Refinery has been winning this prestigious safety award consecutively for the fifth time since 2010. Gracing the occasion were Mr. Tom Jose, IAS, Principal Secretary (Labour & Skills) and Mr. P. Pramod, Director In-charge, Factories & Boilers, at a function held at Thiruvananthapuram as part of Safety Day Celebrations.



*Mr. Prasad K. Panicker, ED (KR), Mr. S. Somasekhar, DGM (HR) I/C and Mr. Roshan Shihab, SM (F&S) receive the Safety Award from Mr. K. Muraleedharan, MLA.*

## CSI Excellence in IT Award 2014



category. Represented by Mr. Milind Patke, then Team Leader (Project CUBE), C.M. Quadros and Nasreen Khan, Team Members (ERP CC) and Spardha Singhal, Team Member (Project CUBE), BPCL was honoured with the Winner Trophy and a cheque of Rs. 1 lakh.

CSI Excellence in IT Awards is an initiative by Computer Society of India to recognise & benchmark IT excellence across various verticals - effective use of ICT, Mobile, Social media, Cloud & Innovative Technology for distinct business benefit. BPCL won this award for the in-house developed 'Customer Care System' (CCS) – an integrated platform for all customers of Bharat Petroleum to reach out to the company. The CCS handles complaints, queries, suggestions and feedback for our LPG, Retail, Lubricants and I&C Business Units. It is used extensively by 5 call centers, consumers from the internet, our BPCL staff from the Enterprise Portal, distributors from the External Enterprise Portal and through mobile application by Sales Officers /Complaints Redressal Cell staff for resolution and feedback. The final round witnessed cut-throat competition among 47 finalists across 4 categories, where BPCL was declared the winner in the Manufacturing & Infrastructure

## BPCL Shines in NHRDN 3rd Business Leadership Quiz

National HRD Network had organized its 3rd Business Leadership Quiz 2014 for Corporates in Mumbai, Bangalore, Bhubaneswar and Delhi in Jan-Feb 2015. Our BPCL team, comprising Mr. G. Krishnakumar, DGM (Trg.&Dev.), BPLC and Mr. U.S.N. Bhat, Chief Manager CP&CD, Mumbai Refinery won the 2nd Runners up prize in the Grand Finale. NTPC was the winner & Genpac the 1st Runner-up. Our BPCL Team from KR, comprising Mr. Shivam Kumar Kaushik, Asst.Mgr. (Mfg.) and Mr. Navneet Singh, Management Trainee also qualified for the finals from the Southern Regional Round held in Bangalore. Congratulations to both the teams !



## BPCL Gets Corporate Governance & Sustainability Vision Award 2015



BPCL was awarded by the Indian Chamber of Commerce (ICC) with the 'Corporate Governance & Sustainability Vision Award 2015' for taking a leadership role and making a significant difference by undertaking various initiatives in the area of Corporate Governance and Sustainability. The eminent jury, headed by Dr. Kirit S. Parikh, included Dr.

Jitendra K. Das, Director-FORE School of Management, Mr. Anil Razdan, Former Power Secretary, GOI and Mr. Arun Maira, Former Member Planning Commission, GOI. The award was received by Mr. P.C. Srivastava, ED (HSSE) during the Sustainability Vision Summit organized by ICC in New Delhi.

## MR in Analytics Olympiad

BPCL Mumbai Refinery has won the National level 2nd Position in the Analytics Olympiad organized by M/s UNICOM. In the Corporate Quiz on Analytics, BPCL secured the Silver Medal while DELL took the GOLD.

Ms. Anuradha Shenoy, Manager (IS-MR) bagged it at the conference on "India Analytics & Big Data Summit 2015" held at Bangalore. More than 2000 professionals of 127 companies participated from all over India including Accenture Technology Solution, Cisco, GE, Hewlett Packard, HP, KPMG, TCS, Tesco, Thomson Reuters, Thought Works, Texas Instruments, VMware and Walmart. The contest, which was held at 3 levels, evaluated the participants' skills & knowledge in the area of Data Analytics - Big data, Business analytics, Business Intelligence, Data mining and Statistics.



*Ms. Marianne Karmarkar and Ms. Kavitha Mathew of the Brand & PR Team receive the ABCI Awards.*

## Prestigious ABCI Awards for BPCL

To win acclaim and be recognized amongst your peers is reward indeed. In the world of communications, the Association of Business Communicators of India (ABCI) is the only association of its kind in India to promote excellence in business communications. Its Annual Awards Nite has always been a memorable occasion for India's corporate and media circles. This year, BPCL bagged the Silver for the in-house magazine, 'Petro Plus' and Bronze for the Corporate Calendar at the 54th ABCI Awards Nite at the Taj President Hotel, Mumbai. The awards were distributed at the ABCI Communication Fest, which is a Convention to bring together the finest minds in business communications, listen to them and participate in the discussions with professionals from the world of PR, Finance, Management, Advertising and Journalism, and deliberate on issues that impact the course of communications. The focus this year was on "Statutory Goes Strategic."

## MR Wins the IMC Ramkrishna Bajaj National Quality Award

Mumbai Refinery's pursuit for Quality and Business Excellence has been recognized through many accolades over the years, but this is the first time that it won the prestigious IMC Ramkrishna Bajaj National Quality Award (RBNQA) – Manufacturing for the year 2014. The award, conferred by Indian Merchant Chambers (IMC), is reputed to be the highest quality award in the country. Mumbai Refinery is also the First PSU to win this award. Vishwanathan Anand, World Chess Champion, presented the Award to Mr. S.S. Sunderajan, ED (MR) and Mr. C.J. Iyer, GM – Ops., along with the MR team – M/s. P.K. Gayen, P.K. Kulkarni, D. Das, L. Ravi and H.D. Rathod. Let this reinforce our commitment to make Mumbai Refinery a world class refinery, focused on quality and sustainability.



Mr. C.M. Ajit Prasad, DGM (Admin. & Training) and Mr. Raviraj Devalkar, Asst. Mgr. (Estates), MR receive the GRIHA award.

## MR Recognized for Green Initiative

Estates, Mumbai Refinery was awarded the 'Four Star GRIHA Provisional Rating' by the GRIHA Council for construction of a residential building (Block no. 39) at BPCL Staff Colony, Chembur as per GRIHA (Green Rating for Integrated Habitat Assessment) norms. The award was conferred by Mr. Upendra Tripathy, Secretary, Ministry of New and Renewable Energy, Dr. Leena Shrivastava, Acting Director General, The Energy and Resources Institute [TERI] and Ms. Mili Majumdar, Director, Sustainable Habitat Division, TERI & Secretary cum Treasurer, GRIHA Council during the GRIHA Summit 2015 organised by them with support from the U.S. Green Building Council and Bureau of Energy Efficiency (BEE) in New Delhi. This rating is in recognition of BPCL's endeavour towards conservation and efficient utilization of resources, reducing demand on non-renewable resources and maximizing reuse and recycling of available resources.

## Trivandrum LPG Receives Award for Excellence in Safety Management

Trivandrum LPG Bottling Plant has been adjudged as Winner for the Award for Excellence in Safety Management by National Safety Council (Kerala Chapter). NSC judged the awardees based on a 3-stage assessment of Safety Performance & Management at all the factories in Kerala and finally, a presentation and interview with staff from all cadres by field experts.



## Atithi Devo Bhava

Customers are the focus of HR Services and the biggest challenge for the Admin team is to provide standardized services across all customer touch points, especially in Transit Flats and Holiday Homes. Sharing the best practices, a Hospitality Training Program was conducted for the Caretaking staff at BPRLC Eastern Region.

The training module was designed to cover the basic service expectations of the internal customer, in order to achieve optimum customer satisfaction. Key focus areas of the training SOP were : Welcoming the guest, handling customer complaints, table arrangements, rules for serving food, housekeeping etc. The training course, attended by staff from all three caretaking vendors at ER, was conducted by Mr. P. Raha, Dy.Mgr. (Guest Relations) East.

## 'Speed' Fuels Women's Drive

Bursting with enthusiasm and passion, BPCL women vroomed off in their creatively decorated cars to the picturesque Aamby Valley on International Women's Day – 8th March, 2015. Speed, the market leader in the branded fuels category, was the fuel of choice used by the seven cars, providing a smooth and powerful drive to the lovely ladies. The event was themed 'Women's Rally to the Valley' organized by Western India Automobile Association (WIAA) in partnership with Aamby Valley, to celebrate Women's Day in style.

Just as they manage the twists and turns in their lives with aplomb, the women navigated the hairpin bends and extremely rough surfaces with ease, proving that they are made of sterner stuff. Seven teams from BPCL participated and the team with Usha Popat, Mgr. (RTI) bagged the 10th prize ! Hats off to our BPCL women-with-drive and to Speed for giving them a 'Dream Run'!

## MR Trains Overseas Personnel

Refinery Learning Centre, MR has huge resources in terms of training infrastructure, faculty bank etc. for technical and developmental requirements. Besides training the workforce, RLC bagged a contract from M/s. ORPIC (Oman Oil Refineries and Petroleum Industries Company) for training their 64 field/panel operators for a period ranging from 16-24 weeks at Mumbai Refinery.

## Corporate Theatre Enlightens

Corporate Theatre, a HRS West Learning Initiative, commenced on 13.2.2015, with the objective of playing inspirational short movies/speeches (only 15 minutes) on the 2nd and 4th Friday of every month.

Some of the videos showcased were :

### **Scott Geller : The Psychology of Self – Motivation**

: The speaker explores the 3 C's – Competency, Choice & Community and explores how we can inspire and empower ourselves to go beyond the call of duty.

**Be Fearless** : A short movie projecting the lives of stalwarts & heroes of our times, who overcame their fears & instead of waiting for opportunities, created their own destinies, changing the course of history forever.

**Women Who Inspire** : A short film comprising a series of interviews focusing on outstanding Indian women who are inspiring change. The film pays tribute to the achievements of these women and applauds their efforts in promoting equality in their fields.

**Nick Vujicic : Overcoming Hopelessness** : He speaks about the personal power of our perspectives and choices, using instances from his own life as examples to remind people of the power of faith.

## BPCL Fuels First Aircraft at Durgapur Airport

A 12 seater aircraft owned by Airports Authority of India landed at Durgapur Airport on 15.3.2015 and was refueled by Team Aviation Eastern Region. Durgapur Airport, located at Andal in Durgapur sub-division, 25 km from Asansol and 15 km from Durgapur in West Bengal, is part of the country's first Aerotropolis, being developed by Bengal Aerotropolis Projects Ltd. (BAPL).

## A Journey to the Top

ESE organized a novel program entitled 'Shikhar' on the HLP principle - Heal your past, Live your present, Plan your future. Mr. Santosh Joshi, Life Coach and author of the bestseller, 'Keys' Joshi narrated how our past preconditions us and prevents us from doing our best, as we clutter our mind with regrets, unpleasant experiences and memories. He stressed the importance of forgiving others for your own benefit. Equating the journey of life to a mountaineering expedition, he highlighted the benefits of living in the present.

## Our New General Manager

### Mr. Sanjay Bhargava General Manager (Corporate R&D Centre)



Mr. Bhargava graduated with BE (Hons.) Chem. from Birla Institute of Technology & Science, Pilani in 1982 and after working at Shriram Fertilizers & Chemicals, Kota, joined BPCL as Operations Officer, Mumbai Refinery in 1984. He then moved to the Technological dept. where he was involved in commissioning of the Fluidised Catalytic Cracking complex, Catalytic Cracking Unit revamp design basis and Fractionator simulation using SymSci Pro II, steady state simulation. Subsequently, in Programming & Planning, he contributed towards maintaining good rapport with OCC and ensured that due incentive claims were received in time. He played an anchor role in crude oil evaluation for BPCL refinery so as to enlarge the basket prior to dismantling of the Administered Pricing Mechanism in 1998. A stint in Project CRESENDO was followed by Supply Chain Optimisation, where he helped in formulating processes and procedures for term & spot crude oil procurement, audit of Process Industry Modeling System (PIMS) through AspenTech and data management. He moved to Corporate Research & Development Centre in October 2014. He attributes his success in his professional life to his wife, Alka, a homemaker, who has been a pillar of strength for him. She is a gold medalist in M.Sc (Hons.) Foods & Nutrition from Udaipur University. Their daughter, Anubha, after completing Electronics & Telecom Engg., did her MBA in HR from Symbiosis, Pune and is now working with Wipro. Her husband, Sanil is with JP Morgan at Mumbai. Abhishek, after completing B.Tech in Prodn.Engg. from VJTI, Mumbai worked with John Deere, Pune and will now pursue his MBA from NMIMS, Mumbai. Mr. Bhargava's interests range from listening to old songs, to yoga, cricket and lawn tennis.

### ONGC Dronagiri to BPCL Uran LPG Pipeline Commissioned

BPCL's second cross country LPG Pipeline from ONGC Dronagiri to our Uran LPG Plant was successfully commissioned on 31.3.2015. The UG pipeline is 6.74 km long, 8" dia, 3 LPE coated, API 5L Seamless X 52 Grade with 100% radiography and a design capacity of 480,000 TPA. The replacement for the existing 27 year old pipeline, it is provided with the maximum safety standards as stipulated in OISD 214 with SCADA, Leak detection System, GMS, MV spray, PCP etc. with a new pig launcher inside the ONGC dispatch terminal and a new scraper receiver inside the BPCL LPG Plant.

### Prize Blossoms

BPCL has assured its place in the sun during the Annual Flower Show conducted by Noida Floriculture Society, by bagging 70 trophies in various categories. Our NRO garden, also known as the 'Mughal Garden of BPCL' won the first prize for the 8th consecutive year among all the corporate giants. Credit goes to the Admin. & IFM teams and the gardeners, who brought laurels to the company. Pappu Singh and our staff, Vinod Mishra were also felicitated as the Best Gardener and Best Supervisor respectively. The awards were presented by Additional CEO, Noida Authority.

### LPG SBU Launches Knowledge Management Portal

On 24.3.2015, the LPG SBU made a quantum jump in expanding its knowledge base when Mr. George Paul, then ED (LPG) inaugurated the 'Knowledge Management Portal' stating, "This Portal will not only act as a repository of all policies / guidelines / strategies / processes / systems / case studies etc. but will also assist newcomers in any role in LPG to get acquainted with all relevant aspects in the shortest possible time."

### MAK Steel EP 100 Approved by Sarda Steel

MAK Steel EP 100 is an extreme pressure type film bearing oil for NTM block/bar and rod mills, exceeding the requirement for viscosity index, oxidation stability and demulsibility, as it is manufactured with our own MAK base oil, Group II Plus, blended with superior quality ashless anti-wear additive. This also imparts very good protection against rust and corrosion. After approval by M/s Sarda Steel, an order of 13 KL was placed for their gear system. This approval will help us to obtain other business of wire rod mills.

## 10 Tips to Keep Your Car Rain - Ready

### 1. CHECK THE TYRES :

Most accidents are a result of worn-out tyres as they tend to skid on wet or muddy stretches. Replace the old tyres and get the balance and alignment of the wheels checked before the monsoon.

### 2. CHANGE BRAKE OIL :

Replace the brake fluids and make sure they don't leak. The brake drums need to be checked too for wear and tear. Test your brakes before driving on a rainy day.



### 3. USE ANTI-CORROSION PAINT :

Get a fresh coat of anti-rust paint applied on the under-chassis. Also, get a wax coating done to the car body just before the monsoon.

### 4. CLEAN THE WIPERS, WINDSCREENS :

Replace the wiper pads to ensure a clean windshield even during heavy rain. You can also install a rear wiper for a better rearview.

### 5. CHECK THE LIGHTS :

Check the headlights, indicators, reverse indicators and tail lamps as well. Your vehicle needs to be visible to those approaching you during a heavy shower.



### 6. CHECK THE AC :

The AC should be run on the defog mode a few times before setting out on a rainy day. Sudden fogging of the windshield becomes a major hazard during the monsoon.



### 7. ENSURE WINDSHIELD WASHER TANK ISN'T EMPTY :

Windshields become muddy with dirty water splashing onto them while driving. It is advisable to wash them when you stop at a traffic signal. Top the washer with clean water to ensure you don't run out of it.

### 8. KEEP A CAR DRIER READY :

Keep a vacuum cleaner or a drier in the car so that you can dry the seats and the mats. Also keep a car perfume at hand.

### 9. KEEP SPARE SEAT COVERS & MATS :

Seat covers and mats are the ones that get damaged the most during the rainy season. So, keep spare pairs ready.

### 10. CHECK FOR SEEPAGES :

An overnight rain might lead to seepages through the doors and glasses. Get the rubber stoppers replaced, if needed.

Source : Times of India



## BPCL Wins PSPB Hockey Tournament

BPCL won the PSPB Hockey tournament, defeating ONGC 3-2 in a pulsating final at Jalandhar. In the group stage too, BPCL had won against ONGC via a tie-breaker. It was sweet revenge for the team as they had lost to ONGC in the semifinals of the same event last year. S. V. Sunil (BPCL) & Gold Medalist at the Asian Games was adjudged the Player of the tournament.

## BPCL Bags All India Mayor Cup Kabaddi Tournament

The BPCL Kabaddi team emerged victorious in the Mayor's Cup All India Kabaddi tournament held at Bengaluru. 21 teams from all over India participated in the event. In the semi-finals, BPCL defeated State Bank of Mysore 12 – 7 and in the finals, BPCL tied with Southern Command Army at the end of regulation time. In the tie, BPCL won 7 – 4 to win the coveted trophy. Nitin Madane, BPCL Captain, was awarded the Player of the tournament.



## Badminton Veterans

Mr. Milind Ghate, our Manager (Finance) MR and Dr. Amod Tilak won the National Badminton Championship in the 50+ doubles event at Dharamshala recently. They will be representing India in the forthcoming World Championships to be held in Sweden in September 2015. This achievement is significant, considering the fact that he was stationed at Sidhi in Madhya Pradesh as District coordinator for the PAHAL project from 18th December to 19th February 2015. They received the Trophy from Mr. Brij Bihari Lal, Speaker, Himachal Pradesh Assembly

## Cricket Colleagues Celebrate

Aiming to strengthen the bond amongst staff outside the workplace, HRS East organized an Inter SBU/Entities Cricket Tournament at C4 Ground, Kolkata. Out of the four teams formed viz. Royals, Challengers, Achievers and Warriors, Achievers (HRS/SS (Finance)/Vigilance/ESE/Brand) and Warriors (Lubes/Aviation/Audit/QCC) qualified for the final. True to their name, Achievers won the final match by 89 runs. There was a lot of bonhomie and great fun on the playing field and the presence of all the Business and Entity Heads inspired the players.

## Mr. Siddhartha Banerjee



In his words, "I have lived as a part of this great organisation for the past 29 years. Working in Bharat Petroleum has not only been the best learning and enriching experience for me, it has also made me the person I am today. BPCL has become my existence, my world, an inseparable entity and will remain an integral part of me eternally as long as I am alive. The rich invaluable experiences of all these years will stay ingrained in me forever. Fulfilled in every aspect of the word, I move on to new horizons. While I deeply cherish the days gone by, I look forward to new vistas ahead. Life is about optimism, about looking ahead. As one chapter ends, a new one starts and we move on. A big "Thank you" is due to all of you, who have shared the long years with me and supported me unconditionally. We have been comrades in a rollercoaster journey, which has had its share of ups and downs, which has brought me immense joy at times, and at other times have been quite a trial, and for both I am extremely thankful. As the journey draws to an end, a feeling of profound gratitude comes to the surface of my mind, a feeling that is so difficult to describe. Undoubtedly, I will miss the speed of life, the daily demand of office schedule, the hilarious moments together while handling the seriousness of the business. The achievements and the challenges which have become a part of my life for so many years will also be missed. But more than anything else, my family and I will immensely miss you, my friends. Your phone calls, your mails, our sharing of serious trivialities. Life can't be as interesting and intriguing any more, for sure. The panorama of the years gone by flashes before my eyes as I write to you, so it is but natural that emotions must also play an important role in a communication of this nature. As I sign off, the future beckons. A new beginning, a new life in many ways. I firmly believe that this wonderful organisation will continue to soar high and use its might to fulfil the imagination of the nation and re-write the destiny of the Oil Industry in the country. As Bob Dylan so memorably put it "May you stay forever young." Mr. Banerjee 'signed off' as Head (Retail) East on 28.2.2015.

## Mr. Pradeep Lall



"The best thing I remember in my life is when I took a decision to join BPCL in 1982," he admits. An Electrical Engineer from NIT, Kurukshetra, Mr. Lall did his postgraduation in Energy Management from National Productivity Council, Chennai and joined BPCL in Technical Services, Mumbai. Postings followed in PCRA, Mumbai, GM (North) set-up in 1990, Kolkata MEF, GM (South) Setup, till 1996 and P&AD Mumbai, where he coordinated technical and conservation projects. In 2006, he took over as TM (Lubes) Direct, Mumbai and his last posting was as Regional Technical Sales Manager, Lubes West before superannuation on 31.1.2015. Among his many projects on Energy Conservation in P&AD, one was of Synchronisation of Traffic Signals on a stretch of 10 Kms. in Pune. He had also coordinated two separate projects on Upgradation of Villages in UP and MP, by introducing various non-conventional energy sources. His wife, Sunila, an M.A. M.Ed., is a teacher by profession and is now an ardent follower of Narayan Reiki and is a Reiki Master. Their son, Pulkit, working in IT-Software and his wife, Bhawna, in HR/Admin, live in Gurgaon. Their daughter, Runjhun, an MBA (Finance) and her husband, Vaibhav, a Computer Engineer and MBA (Finance), are working in RBS, Gurgaon. They have a smart 4 year son, Dhruv.

## Mr. Amol K. Sakalker



A mechanical engineer from Govt. College of Engg. & Tech. Raipur, Mr. Sakalker started his career in BPCL in PCRA in 1978. He has spent a large part of his career in Technical Services, where he assisted in field trials for lubricants, handled bulk LPG sales of Mumbai LPG Territory and worked as TM (Lubes) in Nagpur and Nasik, where he achieved major breakthroughs by obtaining major direct customers and bazaar sales. In his last role as Sr. Mgr. (Environment Projects), he propagated numerous environmental projects in BPCL all over India and worked extensively in preparation of five Sustainability Development Reports, before retiring on 31.3.2015. He has keen interest in playing badminton and table tennis and also likes to travel extensively. His basic support and strength has been his wife, who has guided him in all his endeavours. Their son and daughter-in-law are working in Mumbai and have a son, and their daughter is in the process of completing her Architecture in USA, with her husband working in an architectural firm in USA.

### Mr. B. P. Singh



After his B.Sc.(Engg.) Mech. (Hons.) from PEC Chandigarh, Punjab University and M.Tech. (Thermal Engg.) from IIT Delhi, Mr. Singh joined BPCL on 15.2.1978 at Mumbai. He was soon posted to Goa Division as D.E. After his field postings at Belgaum and Kolhapur, he was posted as Dy. Div.Manager to Nagpur, Manager at Jamshedpur Area Office, Sr.Div. Manager at Patna, Chief Div.Manager at Kolkata, CMSM East, DGM (Dist.) East and DGM (Sales) East before his posting at CO as DGM (ESE) in 1998. He worked as GM (Ops.) Retail, GM (Mktg. Corporate) and GM I/C (Planning & Infrastructure) before superannuating on 31.3.2015. He considers his posting as GM (ESE), working directly one to one with people the most satisfying and as GM (Ops.) providing the most learning. His wife is a home maker. Their daughter is settled in the USA with her husband and their son is presently studying in Swami Vivekanand Institute of Engg. Chembur in the 2nd year, EXTC Branch.

### Mr. Pramod Sisodia



After working for 5 years in Shriram Fertilisers & Chemicals, Mr. Sisodia joined BPCL and had an enriched experience, apart from wonderful friends. His association with IOC, HPC and Railways was extensive and he tried to implement their best practices in BPCL. He enjoyed working in Jodhpur & Jaipur Depots, Delhi Division, NR, OCC, SCO and RHQ Logistics and eventually retired as Chief Manager Distribution, RHQ on 30.4.2015. His wife, Rekha has been a pillar of strength through his journey. Their son, Ankit did his BE from IIT Varanasi, MBA from IIM A and is doing very well. He recently married Leena and they are all staying together in Mumbai. Mr. Sisodia has been supporting a few NGOs like Sneh Bandhan Trust, Youth for People, Adarshmay Trust, and a wonderful prayer group called 'Connect-Ticket.' He joined Rotary Club of Mahim, who help the needy, and visits Sion Hospital regularly to support patients. He also started his own scholarship to help the needy brilliant students of his school at Kota. He cherishes

an immense urge to do some big project in social service related to health, education and medical services. He also wants to learn music, read lots of good books and travel all over India and the world.

### Mr. V. Jawaharlal



After a brief stint in Warangal Dept, Mr. Jawaharlal joined Wadilube Installation in 1985 and thereafter, Lubes HQ in 1989. Being a Law graduate, he was then posted in Legal, NR in 1993 and later to Legal HQ in 2011, till his retirement as Chief Manager (Legal) CO on 31.5.2015. He had also contributed to Legal WR for about 2 years. He says, "Legal Dept has large scope for learning always and assisting Businesses and Entities. Every employee is a valuable book and I've acquired knowledge from each one, which is my asset forever. His wife, Puthli Bai is a wonderful companion and support at all times. Their elder daughter, Vindhya is practicing as an Advocate at Hyderabad, after having a B.E degree and working in a software company for 5 years. While the second daughter, Heema has done her PG in Pharma and is working in a Pharma Company at Faridabad, the younger daughter, Supriya, after B.Tech from IIT, is studying in the 2nd year in IMM, Ahmedabad and son, Ketan is studying Law at Symbiosis Law College, Pune.

### Mr. S.K. Verma



After his experience as a lecturer in a Degree College, Mr. Verma joined BPCL on 1.9.1982 at Marine Oil Terminal and then moved to Wadilube, Mumbai. His next postings were in Quality Control, Shakurbasti, Saharanpur Depot, Aviation function, Quality Control North and East and finally, he superannuated as Sr.Manager QA, NR on 31.5.2015. As he says, "The entire journey gave me invaluable experience as a human being and helped me grow on both, the personal and family front." Both sons are well settled, the elder one as an army officer and the younger one, in the IT sector, as a SAP certified person. He has two grandsons and a granddaughter.

### Mr. Satrughna Rath



After completion of postgraduation (Botany) under Berhampur University, in 1976, Mr. Rath joined a Govt. College as a Lecturer, then UGC, Delhi and thereafter CSIR, Delhi as Senior Research Fellow to carry out research in fresh water pollution, having published a number of research papers in international journals. He joined BPCL in 1981 in Lucknow Division as a DSR and moved into various important positions like Sr.Divisional Manager, Area Marketing Manager, TM (Retail), Regional Manager (Lubes) in East & West and finally as Marketing Manager (Lubes) HQ, from which he superannuated on 31.3.2015. He was responsible for acquiring land for BORL & the Bhopal Housing Complex. In Lubes, he worked successfully on some of the new marketing projects viz. One Day Wonder, MAK Garages, MAK Mobile Van, Quick Oil Change etc. which are now key marketing initiatives for the Business. During his tenure as Regional Manager (Lubes), both ER & WR received Chairman's Trophy for the best performance. In the industrial segment, the new grade developed in the steel sector won the Chairman's Trophy in Ideas 2012. Other major achievements are Wartsila approval for Gas Engine Oil and Genuine Oil tie-up with Honda Motors Scooters, new products like MAK 4T NXT, UTTO, PCDO and many new industrial grades. His wife, Arundhati is working as a Senior Professor of Home Science in Berhampur University; she also has a specialization in Child Development. Their elder son, Anant is working with TCS and younger son, Adit with National Insurance Co. His hobbies are reading books on fiction, listening to Indian classical music and social service.

### Mr. P. Unnikrishnan



After working in a private sector firm, Mr. Unnikrishnan joined BPCL on 2.7.1984 and was first posted in Cochin Division for his induction. His career started as Sales Officer, Bellary; subsequently, he moved to Mangalore, Kochi, Trivandrum and in 1992, he was posted in the Distribution set up of Eastern Region. Soon, he was handling Packaging Procurement for Budge Budge Lube Plant. The turning point in his life came in 1993, when he was seconded to Bharat Shell on deputation in charge of packaging. The 3 year experience with Shell gave him a whole lot of new ideas, exposure and perspective about packaging for Lubricants. On his return, he was given charge of Packaging development & Procurement for Lubes. His learning found expression in the new packages developed for Lubes in 1997, when new packs were launched for the first time in different colours, with labels and improved tamper evident sealing. Even better packs were launched soon after, the design of which won the INDIASTAR - National award for Excellence in Packaging in 2001. These lube packs, developed totally in-house, have been widely appreciated and stood the test of time. Post SBU formation, Lubes business grew in good measure and he joined the Supply Chain team. Apart from packaging, he was in charge of procurement of base oils, greases, coolants, brake fluids etc. He finally retired as Chief Manager SCM (Base Oil) Sewree on 31.5.2015. It has been a wonderful journey for him throughout these years. His wife, Sindhu and son, Siddharth moved with him to all his posting locations. Siddharth also had an opportunity to be associated with BPCL directly, when he did his 2 month internship with BPCL. He is currently working with Nomura Holding America in New York.

### Mr. K. Ramachandran



Having joined BPCL on 4.2.1980 at Wadilube Installation, Mr. Ramachandran has worked on a variety of assignments like LPG Operations, Sales, POL Operations and Logistics at various places in Southern and Western Region. He says, "During this journey, BPCL provided encouragement to discharge my duties and responsibilities effectively and enabled me to grow, both at professional and personal levels. I would like to express my gratitude and thank all those who have contributed their efforts in making this journey a memorable one. My experience in working with BPCL has been amazing, where each day was an opportunity to learn and do something new. I will cherish these moments for years to come!" He retired as Chief Manager Transport (Retail) West on 31.5.2015. His wife, Sunitha, is a housewife, son Mukhil, an MBA in Communications, who owns a Social Media Company at Ahmedabad. Their daughter, Meghana just completed her BA in Psychology and would like to pursue postgraduation.

### Mr. M. L. Sahayadass



His BPCL journey started on 1.9.1982 as an Operations Officer. During his career, he worked in Operations, Distribution, Internal Audit, Corporate Planning, Kandla, Sewree, Vashi, JNPT DU, CTCC and finally superannuated as Sr. Mgr. Distribution Retail West on 28.2.2015. During the journey, he had opportunities to experiment, innovate, discharge his roles and responsibilities effectively, shoulder higher responsibilities as and when required, and grow both at professional and personal levels. Reverse pumping for the first time in Kandla to load a ship was a great experience and learning point for him. As Chairman, CTCC, he streamlined all operating guidelines, commissioned a portal for CTCC and prepared a CTCC Manual for the use of all Oil Company Officers. An excellent quizmaster, he has conducted over 300 quizzes at various locations. He adds, "The best and most beautiful things in life cannot be seen, nor touched, but are felt in the heart."

### Ms. Anita Kapoor



In her words, "After spending 33 years in this great company, the time has come to bid goodbye to all those with whom I have grown up. Parting is always painful but as I leave today, I carry with me some of the fondest memories which I will always cherish. I have had the proud privilege of working with Directors, some of whom became Chairmen, and many other senior leaders. Watching them from close I have learnt a lot from these great leaders. In fact, each person that I have had the chance to work with has taught me something. Whatever I am today is thanks to all of them and my other friends in BPCL. I am looking forward to starting a new life ahead. Anita superannuated as Secretary (Coordination), Delhi on 31.5.2015.

### Ms. Gulab Narvekar



Having joined BPCL in November 1982 as a Steno, in a year's time, Gulab was promoted as Mr. Sanjoy Gupta's Con-steno (now P.A.) in Reseller Market. In 1990, she was promoted to the management cadre and worked as a Relief Secretary. In June 1998, she was posted as Secretary to ED (Audit), Mr. A.K. Agrawal, (known as the Englishman of BPCL, she states). In September 2002, Mr. J. Ravichandran took over and she moved with him to Refinery Finance in September 2009. When he became CFO BOREL in September 2011, she assisted him as a deputationist as well. She found a family atmosphere in the refinery, and revelled in taking an active part on the artistic and creative circuit. She performed various group dances, acted as a waiter, and enjoyed the maximum when performing for an ad of 'Head & Shoulders.' She was also an active member of the BPCL ladies cricket team.

## रचनात्मक शीर्षक प्रतियोगिता

## परिणाम

## Creative Caption Contest

1

गगन चुम्बी इरादा - शुद्ध ऊर्जा का वादा,  
भारत पेट्रोलियम यानी उम्मीद से ज्यादा  
सुश्री ऋतु कटारिया, रिटेल मार्केटिंग, नोएडा

2

आसमान की ऊंचाई को छूता टॉवर,  
भारत पेट्रोलियम देश को देता पॉवर  
श्री सतवीर सोलंकी, एलपीजी संयंत्र, हिस्सार

3

तेल ही नहीं ऊर्जा के भी क्षेत्र में,  
हम हैं सर्वोत्तम व्यावसायिक कुरुक्षेत्रों में  
श्री मुकुल जोशी, मुख्य प्रबंधक, एआरबी, नोएडा

1

Feet on ground, standing tall, Bharat  
Petroleum embracing nature while  
energizing lives.

**Debashish Das, Manager  
Construction (Retail), Visakhapatnam**

2

Windmill energy is a wind wind solution;  
BPCL energy is a win win solution.

**S.Hemameenakshi,  
Assistant I (Admin) South**

3

BPCL's cutting-edge technology !  
A befitting booster for ecology.

**K. Muthusubramanian,  
Secretary, Retail South**

## T.R. Ramanathan Hits a Century !

Mr. T.R. Ramanathan completed 100 years of a remarkable life on 15.6.2015 and BPRMSA (SR) met him at his residence to felicitate him on reaching the coveted century milestone ! He now has 10 decades of memories and experiences in various spheres, especially in Eastern Region, where he showcased his talent, skill, ability and capability in large measure for the mutual development of Burmah-Shell and himself. His man management skills, strategic thinking and meticulous approach were amply rewarded, as he climbed the ladder to retire as Credit Manager July 1970. His maxim always was "The organisation is greater than individuals."

As a token of our love and affection, Mr. V.N. Madhava Rao, our President Emeritus, presented him with a memento befitting his Life Time Accomplishment. Belying his 85 years, VNM is mentally sharp, standing true to his vision and mission, achieving the goals of BPRMSA with undiminished enthusiasm and enterprise. Endowed with intellect, knowledge, humility and modesty, he is still steering and guiding BPRMSA showing remarkable maturity and equanimity. Jovial as ever, he's always willing to disseminate his career travails and pleasant experiences. He always advocates the moral lesson that life dictates viz. while the road to success is

full of pitfalls and potholes, there is always light at the end of the tunnel.



M/s. T.R. Ramanathan (in wheelchair), V.N. Madhava Rao, V. Sampath Raghavan (Secretary), V. Marisamy (President) and S. K. Balaram.

## Remembering R.S. Manjeshwar

*A tribute paid by Mr. M.S. Sadasivam,  
Retired GM (E&P)*

"Mr. R.S. Manjeshwar expired on 9.5.2015 leaving behind his wife, Vidula and a host of relatives and large circle of friends in BPCL. 'Manji' to his large circle of friends was jovial by nature, but a typical Burmah-Shell Executive at his desk. He came to Budge Budge Installation in 1965 as "Number Two" and was my Line Manager. With good work experience and man management skills, he oversaw the operations of the biggest Installation of those days with elan. In the social life of the staff colony, he was a crowd puller with his good stock of jokes of all colours. Keenly interested in sports, he was a good badminton player. He would be remembered with reverence."



## Forever Your Dad

'Forever Your Dad' is a heartwarming story that spans different times and worlds. The short stories after the novella take you on a rollicking journey with endearing characters and everything from macabre to hilarious circumstances. Author of the book, Mr. Aspi Mistry joined the erstwhile BSR (Burma Shell Refineries) on 1st July, 1955 as a young boy. He rose through the ranks to the position of Manager, Operation Services and along the way, imbibed rich experience in all facets of petroleum refinery operations – process plant operation, utilities, fire-protection & safety and training and facets of general administration.

He then availed of the voluntary retirement option in July 1980 after 25 very enriching years. As he says, "Thanks to the super training and the fine, progressive management culture of the company, even though joining as a callow young man, I left as a refinery professional, whose market value was high up in the petroleum refining business." He eventually retired in 2004 as Sr. Advisor, Production & Training with a Canadian, Newfoundland – North Atlantic Refinery (NARL). He and his wife, Rhoda celebrated their 58th wedding anniversary in January 2015. They are both avid travellers. Their son, Vispi and grandson, Stevan, both highly qualified U.S citizens, work for British Petroleum.

# Dream Come True – The Final Frontier

- J. Gangadharan, retd. DGM (Sales), SR

Dreaming is a wonderful experience. While at school, I was pulled up many a time by my teacher for daydreaming. There was nothing I could do about it. I just happened to be a dreamer and loved it. We should never forget the dreams of our childhood, not even in the evening of our lives and we should try to live our dreams.

Edward James Corbett was a hero of my school days. This brave Englishman saved many a hamlet in the north of the country from marauding man-eating tigers and leopards. Later, realizing that the beautiful big cats were not entirely at fault and that man had made unfair entries into their food chains and habitats, the stalker became the saviour. Jim Corbett went into detail about the man-animal situation and decided to do something to help them coexist.

Before he died in 1955, Jim Corbett made the blueprint for what today is the Corbett National Park in Uttarakhand, earlier known as the Ramganga National Park. Inspired by Corbett's books like 'The Man Eaters of Kumaon', 'The Man Eating Leopard of Rudraprayag', 'The Temple Tiger' and the like, it became one of my desires to visit and explore Corbett National Park. Even before I retired from the Corporation nearly two decades ago, I wanted to visit this park. The Mudumalai Tiger Reserve, Indira Gandhi National Park and Kanha National Park were enchanting but Corbett National Park was the final frontier.

As I said earlier, one should never stop dreaming and should work to live one's dreams. The opportunity struck when my elder son decided that our family of eight breaks quotidian customs for a week. We were planning a holiday after twenty long years! The unanimous vote was Corbett National Park. Corbett is an incredible place that is unequalled in India. This pristine land is Mother Nature's own lap, dedicated to the protection of the Royal Bengal Tiger. In all its glory and grandeur, the park covers an area of about 520 sq. km. and is a sanctuary for about 300 tigers, with an abundance of spotted deer, sambhar deer, barking deer and wild boar. There is also a plenitude of elephants in herds, composed of calves and tuskers and an abundance of birds like the Paradise Flycatcher, Fish Eating Eagle, etc. We spent two days in the heart of the reserve at the Dhikala camp, a strategically located forest guesthouse built during the time of Jim Corbett himself. The thumb rule at Corbett is that tiger sightings are only a twenty percent possibility. A five-day stay may yield a single sighting or may even make it impossible! However, when dreams come true, they go through the roof!

On the first day of our visit, we embarked on a game drive into the jungle post lunch lasting for about three hours. Our jeep driver cum guide, Javed Bhai, was an expert tracker and knew the jungle like the palm of his hand. After following many pugmarks and eliminating many that weren't viable, Javed positioned us at a vantage spot. He explained that the tiger would have to cross the road to visit the water hole for prey or water. It seemed rather strange that the tiger would

wander about 15 feet from our jeep. I envisioned a tryst with a tiger face-to-face.

After a wait of about an hour, hopes were dwindling. Prescience did startle me as the beast of my dreams appeared right in front of our jeep. She was on one side of the road, stopped briefly, swished her tail, looked at us like we were something the cat brought in and walked across towards the water hole, oblivious to our presence. It was my first encounter with a tiger in the wild at close quarters, leading to intense excitement and boundless happiness. Soon, other jeeps were informed by Javed and there was a crowd of tourists wanting to capture



the special moment through their DSLRs. The first venture into the park was successful. Sensing the enthusiasm of our group, Javed proposed a second venture scheduled for dawn, a time of euphoria in the park. There was unanimous agreement in our group of eight to accept Javed's proposal and rise before 4 a.m. for the second game drive. While the excitement was not as much as it was on the first day, (because we had managed to get one good sighting), it crossed the threshold to keep us yearning for another. Incredibly, within 45 minutes of our entry into the grasslands, Javed cautioned us and pointed to a spot where the dark forest met the open grassland. Sure enough, we stood up to find a tiger crouching about twenty feet away from a herd of deer. She was about to make a kill, a rarity that every wildlife enthusiast hopes for. However, the tigress was completely motionless as the herd was grazing peacefully. She carefully avoided being in the path of the wind to prevent the herd from getting her scent, thereby detecting her presence. Moving only a few inches every half an hour or so, it took her nearly two hours to get close to her meal. We experienced an adrenaline rush while stalking the stalker. In an instant, a gust of wind alerted the herd, and the inexperienced tiger charged in desperation. She tasted failure instead of blood that morning!

The 150 minutes in the reserve was an incomparable experience. The dream had come true and cannot be erased from memory. Encores are impossible in the near future. Uparwala jab deta hai, chhat phaad kar deta hai !

I would love to revisit Corbett if only to get a fleeting glimpse of Dheewane Raam, the much feared and revered Raja of Ramganga much like Machili, the Rani of Ranthambore, and arguably the most photographed tiger in the world. But then, the dream has already come true and this is only wishful thinking.

## Ways To Improve Your Health

*Prevention is better than cure. Consider five things that you can do today to get on the road to better health.*

### 1. PRACTICE GOOD HYGIENE

According to the Mayo Clinic, “one of the best ways to avoid getting sick and spreading illness” is to wash your hands. One of the easiest ways to catch a cold or influenza is to rub your nose or your eyes when your hands have been contaminated by germs. Your best defense against such contamination is to wash your hands regularly. Good hygiene can also prevent the spread of more serious conditions, such as pneumonia, diarrheal diseases and Ebola.

There are certain times when hand washing is particularly important to protect your own health and that of others. You should wash your hands after using the toilet; after changing diapers or helping a child to use the toilet; before and after treating a wound or a cut; before and after being with someone who is sick; before preparing, serving, or eating food; after sneezing, coughing, or blowing your nose; after touching an animal or animal waste; after handling garbage.

The correct way of washing your hands :

- Wet your hands in clean running water and apply soap.
- Rub your hands together to make a lather, not forgetting to clean your nails, your thumbs, the backs of your hands, and between your fingers.
- Keep rubbing for at least 20 seconds.
- Rinse in clean running water.
- Dry with a clean cloth or a paper towel.

Such measures are simple but can avert illness and save lives.

### 2. USE A SAFE WATER SUPPLY

Obtaining sufficient clean water for one's family is a regular chore. If water does not come from a safe source or is not stored correctly, it can cause parasite infestation, as well as cholera, life-threatening diarrhea, typhoid, hepatitis, and other infections.

There is much you can do to slow down or prevent the onset of illness

- Ensure that all your drinking water including the water used for brushing teeth, making ice, washing food and dishes, or cooking comes

from a safe source, such as an adequately treated public supply or sealed bottles from a reputable firm.

- If there is any possibility that your piped supply has been contaminated, boil your water before use or treat it with an appropriate chemical product.
- Use quality water filters, if available and affordable.
- If no water-treatment products are available, add household bleach, two drops per liter, mix well, and then let the water stand for 30 minutes before using it.

### 3. WATCH WHAT YOU EAT

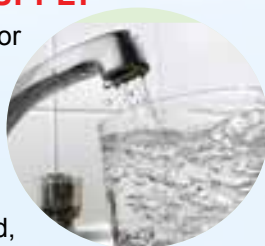
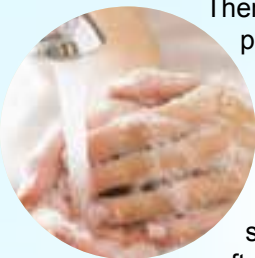
Good health is impossible without good nutrition through a healthy, balanced diet. You may need to consider your intake of salt, fats, and sugar, and you should watch your portion sizes. Include fruits and vegetables in your diet, and vary what you eat.

- Select whole-grain foods, which are richer in nutrients and fiber, when buying bread, cereals, pasta, or rice.
- As for proteins, eat small and lean portions of meat and poultry and try to eat fish a couple of times a week.
- If you eat too many sugars and solid fats, you risk becoming overweight. To minimize this risk, drink water instead of sweet beverages. Eat more fruit instead of sugary desserts.
- Limit your intake of solid fats from such items as sausages, meat, butter, cakes, cheese, and cookies. Use healthy oils for cooking.
- Too much salt, or sodium, in the diet can raise your blood pressure to an unhealthy level. Instead of salt, use herbs and spices to flavor your meals.

How much you eat can be as important as what you eat. So, while enjoying your food, do not keep eating after you are no longer hungry.

Any food can poison you if it is not prepared and stored properly. What can you do to minimize the risk ?

- Wash vegetables carefully before preparing them.
- Wash your hands, cutting board, utensils, dishes, and countertops with hot, soapy water before preparing each item.
- Cook until the food reaches the right temperature, and promptly refrigerate any perishable items that are not going to be eaten immediately.



#### 4. STAY PHYSICALLY ACTIVE

Regardless of your age, you need regular physical activity to stay in good shape. Many people today do not exercise enough. Staying physically active can help you to sleep well, stay mobile, maintain strong bones and muscles, maintain or achieve a healthy weight, lower your risk of suffering from depression and lower your risk of premature death.



If you do not stay physically active, you are more likely to suffer from a stroke, heart disease or type 2 diabetes, develop high blood pressure or high cholesterol.

The kind of physical activity that is right for you depends on your age and your health, so it would be wise to consult your doctor before beginning any new exercise program. According to various recommendations, children and adolescents should get at least 60 minutes of moderate-to vigorous activity every day. Adults should get 150 minutes of moderate activity or 75 minutes of vigorous activity every week. Choose an activity that is fun. You might consider basketball, tennis, soccer, brisk walking, cycling, gardening, chopping wood, swimming, canoeing, jogging, or other aerobic exercise.

#### 5. GET ENOUGH SLEEP

The amount of sleep needed varies from person to person. Most newborns sleep for 16 to 18 hours a day, toddlers about 14 hours, and preschoolers about 11

or 12. School-age children generally need at least 10 hours of sleep, adolescents perhaps 9 or 10, and adults from 7 to 8. Getting the right amount of rest is important for growth and development in children and teenagers; learning and retention of new information; maintaining the right balance of hormones that impact metabolism and weight; cardiovascular health and disease prevention. Insufficient sleep has been linked to obesity, depression, heart disease, diabetes, and tragic accidents.



So, what can you do if you realize that you have a problem getting enough sleep?

- Try to go to bed and get up at the same time every day.
- Make your bedroom quiet, dark, relaxing, and neither too warm nor too cold.
- Do not watch TV or use gadgets while in bed.
- Make your bed as comfortable as possible.
- Avoid heavy meals, caffeine, and alcohol before bedtime.
- If after applying these suggestions you still suffer from insomnia or other sleep disorders such as excessive daytime sleepiness or gasping for breath while sleeping, you may want to consult a qualified healthcare professional.

Source : Awake! June 2015

### A Point of View

1

## Instilling Values in Children is Whose Responsibility ?

Sharon Pires, Brand & PR

It is not what we do for our children but what we have taught them to do for themselves, especially the values we have instilled in them that will make them successful human beings. Parents, Teachers, Grandparents, Siblings, Relatives, Friends, today Social Media and the World of Electronic Communication as well, plays an important role in instilling moral values in children, ie. the environment at large. Of course, the primary and significant role is that of parents, both mother and father - a child learns at a tender age and those years are the most impressionable. Actions rather than words is what the child copies and positive values that are reinforced early in life are imbibed and become a part of the child's personality. One of the most important things your child can do is to internalise the values they live by. It is the parents who are closest to the child especially in the tender growing years and children learn by seeing and doing rather than preaching. They will rather copy

their parents when young than anyone else, so parents, "Do good" and your children will too. Practice makes perfect, so the earlier children learn in life and the more they practice the better. The experience of Grandparents and elder siblings plays a vital role too. Teachers are role models and can make a difference as children spend many hours at school.

A child has an impressionable mind, easily influenced by the most careless of actions. It is important to always teach children to distinguish what is good and acceptable behaviour from what is bad and immoral. Loving discipline helps a child respect others and be a responsible citizen, so don't be afraid to discipline your child when you can. It takes an entire 'Community' to instill moral values in a child.. We concentrate much on academics, Reading and Maths, this they will learn anyway, but remember "Don't just teach kids how to count, teach them what really counts!

2

Hemakshi R. Mehta, HRS (West), CO

3

Ajay Kumar Mohanty, Retail Technician, Cuttack

## Living with Dementia

A list of top tips for relatives of those living with dementia, to help maintain relationships that may be tested as a result of the difficulties associated with dementia.

### **Don't drift apart: Stay close to relatives living with dementia**

Families can feel their visits to a relative or friend turn into sad situations as there is no connection between them - the visit feels like a failure and the family often wonders if it was worth making that visit.

Here's how to maintain a connection:

- 1. Don't correct them :** If they have memory difficulties they may not recall previously learned information or have the ability to store new memories. A helpful approach is to acknowledge what the person is saying, while neither correcting nor agreeing with them, and reflecting what they have said back to them as a question, showing genuine interest.
- 2. Don't pressure them to be 'as they used to be':** While it's natural for families to want their relative to be as they once were, it can cause problems if the person is put under pressure to perform to this previous level. Help them to do what is meaningful and important to them. For some people this means enjoying the process of an activity rather than being concerned about what the end result turns out like.
- 3. Go with the 'flow' and stay in the moment :** Most of us are multi-tasking and planning a subsequent activity while we are carrying out the current one. If someone has dementia, it is more difficult to think ahead and plan, especially if they are concentrating on what they are doing. Keeping the attention fixed in the present moment is beneficial in this situation.



**4. Use objects :** Objects are a great way to connect individuals as they share items that spark some reminiscing, such as souvenirs from holidays, treasured gifts from grandchildren or items of clothing or jewellery that have a significant link to an important episode in the person's life.

**5. Use body language :** If individuals have lost their spoken language skills, they will still be communicating through their body language. Making eye contact, using all

the muscles of the face to show genuine warmth, compassion or humour with the person can result in a meaningful experience for both people involved. Even eyebrow movements can add meaning to an interaction and can be used skillfully to convey emotions.

- 6. Think about what the person is feeling :** Sometimes they may say something that doesn't make sense, but rather than argue over the facts, it is often more helpful to focus on the feelings the person is showing through their tone of voice, facial expression and posture. Show the person you understand that their feelings are true and valid, even if you do not agree with the facts.
- 7. Present the world through all of their senses :** Many people with dementia are unable to make sense of their world through one sense but can through another. We know an object through a combination of touch, sound, smell, taste and how it looks. For example, chocolate is not just about taste, but the familiar smell, crackle of the wrapper and the snap of the pieces. Share the enjoyment of an object by focusing on all five senses.
- 8. Children and animals are great at non-judgemental acceptance :** Often people with dementia enjoy seeing children play near them and may enjoy joining in some of their play, such as shape sorting or colour matching games. Children and animals are living in the present moment, so if given the opportunity to engage with someone with dementia, they will relate to the person as they are and not how they think they should be.
- 9. Use helpful language :** Many people with dementia find it difficult to follow complicated language from others, particularly if it is too fast. Family members and friends can help by slowing down the pace of their speech and reducing the descriptive words they use. Speak in short sentences without conjunctions such as 'and' to connect one sentence with another. In this way speech becomes more clear and easy to follow.
- 10. Use appropriate touch :** Touch is a powerful communicator and human contact supports a sense of self and connection with others. Smoothing hand cream into the person's hands can be a sharing moment, so also bringing a small bowl of warm water and some soap to the person and washing hands together.

'Dementia Essentials' by Jan Hall

## कोच्चि रिफाइनरी ने क्षेत्रीय राजभाषा पुरस्कार जीता

बीपीसीएल कोच्चि रिफाइनरी ने दक्षिण - पश्चिम क्षेत्र, राजभाषा विभाग, गृह मंत्रालय के अंतर्गत आनेवाले पीएसयू के बीच वर्ष 2013-14 के लिए, संघ की राजभाषा नीति के कार्यान्वयन में उत्कृष्ट निष्पादन के लिए रीजनल राजभाषा शील्ड (प्रथम पुरस्कार) जीता है। मैंगलोर में संपन्न हुए क्षेत्रीय राजभाषा सम्मेलन में यह पुरस्कार दिया गया। श्री एस. सोमशेखर, उप महाप्रबंधक (मा. सं) प्रभारी ने कर्नाटक के राज्यपाल, महामहिम श्री वजुभाई सदाभाई वाला से शील्ड का स्वीकार किया तथा श्रीमती वी आर गिरिजा प्रबंधक (राजभाषा) ने प्रशस्तीपत्र प्राप्त किया। समारोह में श्रीमती सुषमा जाधव, वरिष्ठ प्रबंधक(हिन्दी), निगमित सीओ और श्रीमती एम. एस. मैथिली, उप प्रबंधक (हिन्दी) भी उपस्थित थी।



## अध्यक्ष कार्यालय एवं पश्चिम क्षेत्र के हिन्दी समन्वयकों का सम्मेलन

अध्यक्ष कार्यालय एवं पश्चिम क्षेत्र के हिन्दी समन्वयकों का सम्मेलन प्राइड होटल, पुणे में संपन्न हुआ। श्री पी एस रवि, क्षेत्रीय प्रमुख (रिटेल) पश्चिम तथा अध्यक्ष राजभाषा कार्यान्वयन समिति (पश्चिम) ने सम्मेलन की अध्यक्षता की। इस अवसर पर पेट्रोलियम एवं प्राकृतिक गैस मंत्रालय के संयुक्त निदेशक श्री डी एस रावत तथा गृह मंत्रालय के उप निदेशक (राजभाषा कार्यान्वयन) पश्चिम, श्री विनोद कुमार शर्मा विशेष अतिथि के रूप में उपस्थित थे।

साथ ही गृह मंत्रालय, हिन्दी शिक्षण योजना, भारत सरकार, पुणे के सहायक निदेशक श्री राजेन्द्र कुमार वर्मा बाहरी संकाय के रूप में हिन्दी समन्वयकों को मार्गदर्शन करने हेतु तथा हिन्दी कक्ष (निगमित) सीओ की ओर से श्रीमती सुषमा जाधव, वरिष्ठ प्रबंधक (हिन्दी) निगमित उपस्थित थी। इसके अलावा उत्तर क्षेत्र में की जा रही हिन्दी प्रगति पर विशेष जानकारी देने हेतु श्री उपेन्द्र मिश्र, प्रबंधक (उत्तर) नई दिल्ली भी उपस्थित थे। सर्वप्रथम मान्यवरों द्वारा दीप प्रज्वलित कर कार्यक्रम का विधिवत उद्घाटन किया गया। इस अवसर पर श्री पी.एस. रवि ने अपने उद्घाटन भाषण में पश्चिम क्षेत्र में हुई हिन्दी प्रगति के प्रति संतोष दर्शाते हुए सभी समन्वयकों से अनुरोध किया कि सभी समन्वयक हिन्दी का कार्य और तेजी से बढ़ाएं। सम्मेलन के आरंभ में राजभाषा नियम तथा भारत पेट्रोलियम में हिन्दी की प्रगति, इंडिक सॉफ्टवेयर, ऑनलाइन तिमाही प्रगति रिपोर्ट, 10(4) अधिसूचना आदि संबंधी जानकारी दी गई तथा पश्चिम क्षेत्र की प्रगति का प्रस्तुतीकरण दिखाया गया। श्री डी एस रावत जी तथा श्री विनोद कुमार जी ने अपने संबोधन में सभी

समन्वयकों को हिन्दी के विकास के प्रति प्रेरित किया। श्रीमती सुषमा जाधव ने सभी समन्वयकों को तथा हिन्दी कक्ष पश्चिम को बधाई देते हुए कहा कि इस वर्ष हर क्षेत्र में हिन्दी को बढ़ावा देने के लिए हर संभव प्रयास करें। सभी समन्वयकों द्वारा अपने अपने क्षेत्र का प्रस्तुतीकरण दिया गया। इस अवसर पर हिन्दी कक्ष (पश्चिम) द्वारा बनाई गई हिन्दी संदर्भ पुस्तिका एवं पेट्रो प्लस हिन्दी विशेषांक का विमोचन तथा समन्वयकों को सम्मानित किया गया। श्री नीरज गर्ग, प्रबंधक (रिटेल) गोवा को पश्चिम क्षेत्र में तथा श्री ओमिश बानाडा, उप प्रबंधक, ईआरपी सीसी को मुंबई विभाग में सर्वोत्कृष्ट हिन्दी समन्वयक के रूप में उनके अच्छे कार्यान्वयन तथा हिन्दी की प्रगति के लिए ट्रॉफी एवं पुरस्कार देकर विशेष रूप से सम्मानित किया गया। तत्पश्चात श्री राजेन्द्र कुमार वर्मा, सहायक निदेशक, भारत सरकार, गृह मंत्रालय, हिन्दी शिक्षण योजना, पुणे ने हिन्दी अनुवाद से संबंधी, श्रुत लेखन तथा आईटी में हिन्दी एवं अनुवाद, टंकण हेतु विभिन्न कम्प्यूटर, मोबाईल सॉफ्टवेयर से संबंधी जानकारी प्रदान की जिसे सभी ने सराहा। कुल 53 समन्वयक तथा पुणे लोकेशन के अधिकारीगण इस सम्मेलन में प्रतिभागी के रूप में शामिल हुए। श्री डी. एस. रावत, श्री विनोद कुमार शर्मा, श्री पी. एस. रवि द्वारा सभी समन्वयकों को तथा हिन्दी कक्ष (पश्चिम) को बधाई दी। इस कार्यक्रम का संचालन श्री विद्याधर जोग द्वारा किया गया। अंत में श्रीमती सुषमा जाधव, वरिष्ठ प्रबंधक (हिन्दी) निगमित द्वारा धन्यवाद ज्ञापन देकर समापन की घोषणा की गई।



## हिन्दी समन्वयक कार्यशाला

कोलकाता क्षेत्रीय कार्यालय में हिन्दी कार्यशाला का आयोजन किया गया। कार्यशाला का उद्घाटन श्री एस.बनर्जी, प्रमुख (रिटेल), पूर्व एवं अध्यक्ष, राजभाषा कार्यान्वयन समिति, पूर्व द्वारा किया गया। उन्होंने सभी प्रतिभागियों को दैनिक कार्य में (हिन्दी) को बढ़ावा देने की सलाह दी। कार्यशाला का समापन कार्यपालक हिन्दी, पूर्व, श्री राजकुमार महतो के धन्यवाद ज्ञापन के साथ हुआ।



## नगर राजभाषा कार्यान्वयन समिति नोएडा

नगर राजभाषा कार्यान्वयन समिति, नोएडा की 29 वीं बैठक की शुरुआत दीप प्रज्वलन के साथ हुई। श्री उपेन्द्र मिश्र, प्रबंधक-राजभाषा, ने सभी का स्वागत करते हुए कहा कि ऐसी बैठकों से हिन्दी कार्यों के लिए अच्छा माहौल बनता है। श्री टी. पीताम्बरन, अध्यक्ष राजभाषा कार्यान्वयन समिति एवं रिटेल प्रमुख - उत्तर ने कहा कि हिन्दी में सभी को अपनी इच्छा एवं मन से कार्य करना चाहिए। नगर राजभाषा कार्यान्वयन समिति, नोएडा के अध्यक्ष श्री अमिताभ वर्मा (आई.ए.एस.) ने कहा कि यह समिति अपने लक्ष्य की ओर बढ़ रही है और सही दिशा में कार्य कर रही है। इस अवसर पर नराकास नोएडा की सचिव, श्रीमती. साई अमृथा देवी, कार्यकारी सचिव श्री अजय कुमार एवं विभिन्न कार्यालयों के अधिकारीगण मौजूद थे। इस अवसर पर नराकास की पत्रिका "नोएडा स्वर" का प्रथम अंक जारी किया गया जिसमें प्रबंधक हिन्दी-उत्तर क्षेत्र की विशेष भूमिका रही।

## नगर राजभाषा कार्यान्वयन समिति मनमाड

भारत सरकार, गृहमंत्रालय, राजभाषा विभाग द्वारा मनमाड नगर में नगर राजभाषा कार्यान्वयन समिति का गठन उप निदेशक राजभाषा कार्यान्वयन गृहमंत्रालय श्री विनोदकुमार शर्मा की अध्यक्षता में किया गया। इस बैठक में मनमाड में स्थित विविध बैंको, तेल कंपनियाँ तथा भारत सरकार के उपक्रमों के प्रतिनिधि उपस्थित थे। इस समिति का दायित्व मनमाड संस्थापन को दिया गया। इस समिति के अध्यक्ष पद का सहर्ष स्वागत करते हुए प्रादेशिक प्रबंधक श्री संजीव गुप्ता ने उप निदेशक, राजभाषा कार्यान्वयन को यह भरोसा दिलाया कि वे इस कार्य को नई ऊँचाई पर ले जाएंगे। सचिव पद के लिए सुश्री जयश्री चौधरी कार्यपालक, मनमाड को चुना गया। इस बैठक को सफल बनाने में हिन्दी विभाग, सीओ से श्रीमती सुषमा जाधव तथा श्री विद्याधर जोग का विशेष सहयोग मिला।



## सीएसआर द्वारा एक उमदा कार्य

बीपीसीएल की सीएसआर पहल के तहत सिद्धपुर टीओपी, जो कि पूरे देश का प्रथम लोकेशन है जिसने पीसीवीओ चालक दल एवं उनके परिवार के लिए भारत आरोग्य योजना के तहत पेश स्वास्थ्य बीमा पॉलिसी देकर 100 नामांकन पूर्ण किया। अगस्त माह में आरटीओ, फैक्टरी इंस्पेक्टर, पीसीबी अधिकारियों, यातायात पुलिस प्रमुख, सिद्धपुर ग्राम पंचायत प्रधान, सभी ट्रान्सपोर्टर्स/ डीलर ट्रान्सपोर्टर्स की उपस्थिति में हितग्राहियों याने पीसीवीओ चालक दल एवं उनके परिवारों को बीमा पॉलिसी कार्ड वितरित किये गए। हमारी यह सदभावना एक लम्बे समय तक हमारे परिचालन स्थान को सौहादपूर्ण, मैत्रीपूर्ण संबंध बनाये रखने में सहायता करेगी।

### जन जागरूकता शिविर



आपातकाल और आपदा प्रबंधन योजना के दिशा निर्देशों के अनुसार राष्ट्रीय सुरक्षा दिवस के अवसर पर बकानिया डिपो ने बकानिया औद्योगिक क्षेत्र के करीब के गांव में एक विशाल जन जागरूकता शिविर का आयोजन किया। मध्यप्रदेश सरकार के गृहमंत्री इस कार्यक्रम के मुख्य अतिथि थे। इस अवसर पर महानिदेशक होमगार्ड, कार्यपालक निदेशक, आपदा प्रबंधन संस्थान, अध्यक्ष, आपदा प्रबंधन संस्थान, अतिरिक्त महानिदेशक होमगार्ड, भी उपस्थित थे। इस समारोह में 1000 से अधिक ग्रामीणों, 200 कॉलेज छात्रों और 200 होमगार्ड ने भाग लिया।

### प्रथमोपचार एवं अग्निशमन प्रशिक्षण

मनमाड इन्स्टलेशन ने अधिकारी वर्ग, वर्कमैन, ठेका वर्कमैन तथा सुरक्षा स्टाफ के लिए नागरिक सुरक्षा, नासिक, महाराष्ट्र सरकार के सहयोग से प्रथमोपचार और अग्निशमन प्रशिक्षण का आयोजन किया। मनमाड आशिया का दूसरा सबसे बड़ा तेल इन्स्टलेशन है जहाँ एमएमबीपीएल से प्राप्ति, टैंक लॉरी लदान, टैंक वैगन लदान तथा पीएलटी परिचालन जैसे कई विभिन्न परिचालन होते हैं, इन गतिविधियों में यांत्रिक, रासायनिक, इलेक्ट्रिकल प्राकृतिक (सांप का काटना, मधुमखड़ी) जोखिम होती है, यह प्रतिष्ठान प्रमुख दुर्घटना जोखिम (एमएच) उद्योग के अंतर्गत आता है जहाँपर चिकित्सा सहायता सुविधा पास में उपलब्ध नहीं है। इसलिए आपातकालीन स्थिति में जान बचाने के लिए प्रथमोपचार अत्यंत आवश्यक है। नागरिक सुरक्षा टीम ने इन्स्टलेशन के कर्मचारियों को आपातकाल में दिये जानेवाले प्रथमोपचार तथा आपातकालीन स्थिति से कैसे निपटे व आग का सामना कैसे करें इसपर प्रशिक्षित किया है।



### मॉक फायर ड्रिल



सुरक्षा प्रणालियों के अभ्यास तथा सभी को सजग रखने हेतु मॉक फायर ड्रिल आवश्यक है। ऐसे समय में सभी स्टाफ, ठेका कामगारों और अतिथियों के लिए आग या संकट की स्थिति में क्या करना चाहिए इसपर मार्गदर्शन दिया। इसमें हम आग निकासी योजना की प्रभावशीलता की जाँच कर हमारे निरीक्षणों के आधार पर सुधार कर सकते हैं। सीआरडीसी कार्यालय, ग्रेटर नोएडा में इवैक्यूएशन मॉक ड्रिल एवं अग्नि प्रशिक्षण कार्यक्रम का आयोजन किया गया। मेसर्स एनविरो की अग्नि विशेष टीम ने वील चेयर और स्ट्रेचर उपलब्ध न होने की स्थिति में लोगों के बचाव में विभिन्न विकसित तकनीकों का प्रदर्शन किया। अग्नि सुरक्षा सत्र के दौरान उन्होंने अग्निशमकों के विभिन्न प्रकार भी प्रदर्शित किये।



## राष्ट्रीय सुरक्षा दिवस समारोह

श्री आदित्य माथुर, प्रादेशिक प्रबंधक (रिटेल), सिलीगुडी ने सुरक्षा प्रतिज्ञा की शपथ दिलाकर कार्यक्रम की शुरुवात की तथा ट्रैंक वैगन की सुरक्षित रूप से अनलोडींग, उंचाई पर कार्य करते वक्त तथा वेल्डिंग कार्य करने पूर्व किन सावधानियों का पालन किया जाए इसके बारे में चर्चा की गई। इस अवसर पर प्रश्नोत्तरी प्रतियोगिता का भी आयोजन किया गया।

## मॉक ड्रिल का आयोजन

इरिमपनम संस्थापन में बम की धमकी पर एक मॉक ड्रिल का आयोजन किया गया। केरल की बम स्क्वॉड टीम एवं एर्नाकुलम की विशेष पुलिस शाखा ने बम के पता लगाने का कार्य एवं उसके डिफ्यूजन की मॉक ड्रिल प्रक्रिया में पूर्ण एवं सक्रिय रूप से भाग लिया। बम स्क्वॉड ने खोजी कुत्ते की सहायता से तलाशी अभियान शुरू किया जिसमें सख्ती से पुलिस प्रक्रिया का पालन कर संदिग्ध वस्तु का पता लगाकर उसे एक बिना लाइसेंस वाले खुले क्षेत्र में डिफ्यूज किया गया। स्थानीय फायर फोर्स के पांच अधिकारियों की टीम एवं के. आर. फायर कर्मियों ने, उनके फायर टेंडर के साथ एवं पारस्परिक सहायता दल के सदस्यों (आईओसी/एचपीसी एवं पीसीसीके) तथा एक निजी एम्बुलेंस ने इस ड्रिल में भाग लिया।



## सुरक्षा दिवस

गोवा एलपीजी में 44 वे राष्ट्रीय सुरक्षा दिवस समारोह का आयोजन किया गया। इस अवसर पर बॉम्ब डिटेक्शन एवं डिस्पोजल, गोवा सरकार को विशेष प्रशिक्षण देने के लिए आमंत्रित किया गया तथा बम की धमकी की एक मॉक ड्रिल की गई एवं बम की धमकी मिलने पर क्या करें क्या ना करें, सुरक्षाकर्मी की भूमिकाएं, बम एवं विस्फोटक

तकनीकी के प्रकार, विस्फोटक का पता लगाने में खोजी कुत्ते की भूमिका आदि के बारे में बताया गया। डमी बम का पता लगाना एवं इसके निपटान के लिए एक मॉक ड्रिल किया गया। डमी बम का खोजी कुत्ते ने पता लगाया एवं बीडीडीएस के सदस्यों द्वारा उपयुक्त संरक्षण का उपयोग करते हुए बम को निष्कासित किया गया।



## सीविल डिफेंस द्वारा प्रशिक्षण

नागरिक रक्षा विंग के प्रशासन के सहयोग से एक अनूठे, अद्वितीय प्रशिक्षण का आयोजन किया गया जो कि उप नियंत्रक श्री सत्यनारायण सिंह ने स्वयं किया। सलावास टॉप के प्रत्येक व्यक्ति, प्रबंधन, कर्मचारी, अनुबंध कामगार से लेकर सुरक्षा कर्मचारी तक सभी ने इस प्रशिक्षण में भाग लिया। प्रशिक्षण में मुख्य रूप से प्राथमिक चिकित्सा एवं लाईफ सपोर्ट से संबंधित विषयों पर विशेष रूप से ध्यान दिया गया, जिसमें अत्यधिक रक्तस्राव, फ्रैक्चर, उंचाई पर दुर्घटना का शिकार, गाड़ी चलाते समय दुर्घटना आदि के बारे में विस्तार से चर्चा की गई एवं आतंकवादी हमले, बम की धमकी, इमारत ढहने, दंगा जैसी स्थितियों में बचाने के उपायों पर भी चर्चा की गई।



## सड़क सुरक्षा एवं यातायात नियमों पर प्रशिक्षण



सालावास टीओपी ने सुरक्षा एवं यातायात के नियमों के प्रति जागरूकता बढ़ाने के लिए, सिटी ट्रैफिक पुलिस, जोधपुर के सहयोग से एक प्रशिक्षण का आयोजन किया गया। सिटी ट्रैफिक पुलिस, जोधपुर द्वारा संचालित इस कार्यक्रम में श्री कैलाशनाथ (अपर डीसीपी यातायात) एवं श्री चंपालाल (ट्रेनर, सिटी ट्रैफिक पुलिस) ने ड्राइविंग के दौरान किन किन नियमों का पालन करना चाहिए, आकस्मिक ड्राइविंग से हुई घटनाओं से सबक, रक्षात्मक ड्राइविंग की तकनीक तथा ड्राइविंग के समय साइनेज/संकेत चिह्न पर ध्यान देना आदि के बारे में महत्वपूर्ण जानकारी प्रदान की।

## राष्ट्रीय सुरक्षा सप्ताह

शिवड़ी संस्थापन में राष्ट्रीय सुरक्षा सप्ताह मनाया गया। इस वर्ष के सुरक्षा सप्ताह की थीम थी सप्ताई चैन की अखंडता को बनाये रखना। बेन्जीन संस्थापन में ट्रांसपोर्टर्स के साथ एक बैठक आयोजित की गई जिसमें भारत आरोग्य योजना तथा वाहन ट्रैकिंग सिस्टम के महत्व के बारे में बताया गया। कंपनी के कर्मचारियों एवं पीसीवीओ चालक दल के लिए ग्लोबल अस्पताल के सहयोग से एक दिवसीय निःशुल्क ओरल कैंसर एवं मधुमेह डिटेक्शन शिविर का आयोजन किया गया। मुंबई पुलिस की सहायता से बम डिटेक्शन एवं निष्कासन पर एक कार्यक्रम का आयोजन किया गया। एनजीओ चिराग की सहायता से पीसीवीओ चालक दल के लिए एडस जागरूकता पर कार्यक्रम का आयोजन किया गया। शिवड़ी संस्थापन के गैर-प्रबंधन कर्मचारियों की प्रतिभा के बारे में उस वक्त पता चला, जब उन्होंने स्वेच्छा से अपनी मेहनत और लगन से सुरक्षा सप्ताह के आकर्षक पोस्टर बनाये एवं प्रदर्शित किये।





## शाहजहानपुर डिपो में डीसीएमपी ड्रिल

फायर ड्रिल हमारी अग्नि सुरक्षा प्रक्रिया का कई कारणों से एक आवश्यक हिस्सा बन चुका है। इसमें केवल इतना ही सुनिश्चित नहीं किया जाता है कि आग लगने की स्थिति में सभी स्टाफ, ठेका कामगार और अतिथियों को क्या करना चाहिए बल्कि यह समझना भी आसान होता है कि हमारी फायर इवैल्यूएशन योजना कितनी प्रभावशाली है और आग प्रावधानों के कुछ विशेष पहलुओं में कैसे सुधार करना है। इसी कारणवश शाहजहानपुर डिपो में फायर चीफ श्री राजरतन मेश्राम के मार्गदर्शन में संकट नियंत्रण प्रबंधन फायर ड्रिल आयोजित किया

गया। श्री राजेंद्र प्रसाद सिंह यादव, एसएसपी (आईपीएस) शाहजहानपुर और श्री तेजवीर सिंह, चीफ फायर ऑफिसर, शाहजहानपुर ने टीम का मार्गदर्शन किया। ड्रिल के दौरान टीएलएफ गैन्ट्री में भराई के दौरान टैंकलॉरी में आग लगने की कल्पना की गई थी।

## टैंक लॉरी ड्राइवरों का प्रशिक्षण कार्यक्रम

बीपीसीएल के देवणगोंडी संस्थापन द्वारा कर्नाटका के परिवहन विभाग के ऑफिसर एसोसिएशन के साथ मिलकर जोखिमभरे माल लेकर जानेवाले ड्राइवरों के लिए एक पुनश्चर्या पाठ्यक्रम का आयोजन किया गया, जिसमें आरटीओ नियमों के अनुपालन के साथ साथ किसी दुर्घटना की आपात स्थिति में कैसे तैयार रहे इसके बारे में बताया गया। 86 टैंक लॉरी ड्राइवरों ने इस प्रशिक्षण कार्यक्रम में भाग लिया। यह पाठ्यक्रम प्रमाणित करता है कि जो मोटर वाहन खतरनाक एवं जोखिम युक्त माल का परिवहन कर रहे हैं उसे केन्द्रीय मोटर वाहन अधिनियम 1989 के नियम 9 के तहत अधिकृत किया गया है, ड्राइवरों को इसमें आपात कालीन सूचना पैनल, ट्रमकार्ड एवं एम एस डी एस रीडिंग की जानकारी दी गई तथा विभिन्न विषयों पर जिसमें आपातकालीन रिस्पांस सिस्टम का महत्व प्राथमिक चिकित्सा एम्बुलेंस सेवा एवं ड्राइवरों, मोटर वाहन मालिकों, ट्रान्सपोर्टरो, जोखिम भरे रसायनों के निर्माता के कर्तव्य एवं जिम्मेदारियां, सड़क सुरक्षा, रक्षात्मक ड्राइविंग कौशल, परस्पर संवाद सत्र आदि का प्रशिक्षण दिया गया। फिल्म शो, ड्राइवरों का मूल्यांकन तथा सुरक्षा किताबें और प्रमाण पत्र का वितरण किया गया।



## संकट नियंत्रण प्रबंधन योजना ड्रिल

बीपीसीएल के देवणगोंडी इन्स्टलेशन में संकट नियंत्रण प्रबंधन योजना पर एक मॉक फायर ड्रिल का आयोजन किया गया। रेलवे साइडिंग में जो इन्स्टलेशन का सर्वाधिक असुरक्षित क्षेत्र है उसमें मॉक ड्रिल की दृश्य योजना की गई थी। इस अवसर पर सुश्री सलमा के फहीम, आईएस, उप आयुक्त बैंगलूर, ग्रामीण, श्री वसंती अमर, अतिरिक्त उप आयुक्त, श्री रवि कुमार बी.वी, उप निदेशक, फैक्टरीज एंड बॉयलर्स, श्री के पदमा मुझराय, रेवेन्यू तहसीलदार तथा आईओसी, एचपीसीएल और आईओसीएल इंडेन के आपसी सहायता सदस्य उपस्थित थे।



## राष्ट्रीय सुरक्षा सप्ताह

मेरठ डिपो में निम्नलिखित कार्यक्रम आयोजित किए गये - सुरक्षा शपथ, डीसीपी एफई के रखरखाव/हैंडलिंग के तकनीक का प्रदर्शन, पोर्टेबल अग्निशमन उपकरणों का प्रदर्शन, पीसीवी चालक दल के लिए डीसीपी अग्निशमक हैंडलिंग की प्रतियोगिता, अधिकारियों एवं कर्मचारियों को एसओपी, एचएसएसई नीति का अनुपालन एवं संस्कृति के बारे में संक्षेप में वार्तालाप, पीपीई एवं अग्निशमन के उपयोग का व्यावहारिक प्रदर्शन, कर्मचारियों से 'सुरक्षा नारे' आमंत्रित किये गये।

## सुरक्षा सप्ताह के दौरान पारादीप संस्थापन में निम्नलिखित गतिविधियों का आयोजन किया गया

- ठेकेदारों, सुपरवाइजर एवं श्रमिकों के साथ सुरक्षा के बारे में बातचीत, क्या करें, क्या न करें, ऊंचाई पर/ पहाड़ी स्थलों पर कैसे कार्य करें, मचान पर कार्य करने का सेफ्टी प्रशिक्षण विडियो द्वारा प्रदर्शन, जोखिम भरे क्षेत्रों में कैसे कार्य करें आदि के बारे में बताया गया।
- कामगारों को प्रशिक्षित सेंट जॉन एम्बुलेन्स द्वारा बेसिक प्राथमिक चिकित्सा प्रशिक्षण दिया गया।
- आपात स्थिति के दौरान आग से कैसे निपटें, (डीसीपी सीओ2) अग्निशमक का परिचालन एवं उनका विभिन्न वर्गों की आग में प्रयोग, अन्य अग्निशमन उपकरणों (एक्वा फोम मॉनिटर, दमकल परिचालन, वाटर होज एवं नोजल) के बारे में प्रशिक्षित किया गया।
- ड्राइवर और क्लीनर को सुरक्षा प्रशिक्षण।
- प्रश्नोत्तरी एवं सुरक्षा स्लोगन नारा प्रतियोगिता रखी गई।



## ई एंड पी नॉर्थ लोकेशनों में एचएसएसई कार्यान्वयन



ई एंड पी - एनआर टीम विभिन्न लोकेशनों में निर्माण गतिविधियों से जुड़ी है। सभी कार्य ब्राउन फिल्ड स्थानों में, जिसमें विभिन्न ऊंचाई पर, विशेषतः एजी टैन्क में सीमित स्थान के अंदर करने पड़ते हैं, अतः कार्य स्थल पर ठेका कर्मचारियों की सुरक्षा का ध्यान नियमित रूप से रखना पड़ता है। पीपीई के उचित प्रयोग को सुनिश्चित करने के साथ साथ नियमित टूल बॉक्स बैठकों और सुरक्षा चर्चा का आयोजन तथा व्यक्तिगत स्वास्थ्य जाँच भी की जाती है।

ई एंड पी - एनआर ने सुरक्षा क्लिनिक सहित स्वास्थ्य जाँच शिविर का आयोजन करने में पहल की है। पानीपत, कोटा, पियाला, सालावास और नजीबाबाद में स्वास्थ्य जाँच शिविर के आयोजन किये गये।

# विश्व पर्यावरण दिवस



तंजोर



मैंगलोर



मैसूर



नवेगांव



सालेमपूर



पिथमपूर



राजकोट



लूब्स



सिद्धपूर



पाकनी



उदयपूर



चेन्नई



बिकानेर



केरल



कोच्चि



सुरत



अजमेर



अकोलनेर



बकानिया



भरतपूर



लोनी



देवणगौरी



ई एण्ड पी



जयपूर



चेरलापल्ली



रांची



वाडीलूब



जालंधर



विशाखा



बैरली



कोटा रिटेल



हरियाला



नागपूर



रुड़की



### स्वाइन फ्लू पर टॉक शो

नोएडा क्षेत्रीय कार्यालय में एक टॉक शो का आयोजन किया गया। सुप्रसिद्ध होमियोपेथी चिकित्सक डा. गंगादीप सिंह आहूजा ने विभिन्न बिमारियां उत्पन्न होने के कारण एवं उनके निवारण व रोकथाम के बारे में जानकारी प्रदान की। इसी तरह हिंदुजा अस्पताल, माहिम के डॉ. पीयूष चौधरी एवं फोर्टिस अस्पताल, वाशी के डॉ. आनंद मिश्रा को स्वाइन फ्लू वायरल पर वार्ता के लिए हमारे कार्यालय में क्रमशः कॉर्पोरेट कार्यालय और पश्चिम क्षेत्रीय, खारघर कार्यालय में आमंत्रित किया गया था। इन सभी के अनुसार स्वाइन फ्लू सिर्फ एक इन्फ्लूएंजा H1N1 वायरल हैं और इसकी रोकथाम के लिए पाँच बुनियादी सुझाव बताये, जैसे बार-बार अपने हाथों को जीवानुरोधी साबुन से धोना, 7-8 घंटे की नींद लेना, प्रतिदिन 8 से 10 गिलास पानी पीना, अपने शरीर एवं प्रतिरक्षा प्रणाली को मजबूत रखना, प्रत्येक आहार में साबुत अनाज, हरी सब्जियों तथा विटामिन युक्त फलों का समावेश करना एवं वर्तमान की जानकारी से अवगत रहना एवं भगदड़ न मचाना।



### सिविल डिफेंस प्राधिकरण द्वारा वाडिलुब प्लान्ट में प्रथमोपचार प्रशिक्षण शिविर

एचआरएस लर्निंग सेंटर में वाडिलुब प्लान्ट के स्टाफ के लिए सिविल डिफेंस प्राधिकरण की सहायता से तीन दिवसीय प्रथमोपचार प्रशिक्षण शिविर का आयोजन किया गया। उद्घाटन भाषण में प्लान्ट प्रबंधक श्री एस के महेन्द्र ने प्राथमिक उपचार के महत्व को समझाया। इस शिविर में प्रथमोपचार में आपदा पीड़ितों की सहायता के लिए काम में आनेवाले इलाज, सर्पदंश/ बिच्छूदंश के वक्त किये जानेवाले इलाज, सीपीआर आदि की जानकारी दी। लगभग 58 स्टाफ ने इस प्रशिक्षण शिविर में भाग लिया।



### एड्स जागरूकता कार्यक्रम

सलावास डिपो (जोधपुर टेरिटरी) में 15 जनवरी 2015 को मेडीप्लस अस्पताल के सहयोग से पीसीवीओ चालक दल के लिए एक एड्स जागरूकता कार्यक्रम का आयोजन किया गया। जिसमें पीसीवीओ चालक दल को यह बीमारी कैसे हो सकती है एवं इस बीमारी से बचने के लिए क्या करना चाहिए इसके बारे में जानकारी दी गई। डॉक्टर ने बताया मुख्यतः यह बीमारी संक्रमित व्यक्ति से असुरक्षित यौन संबंध के दौरान, संक्रमित सुई के प्रयोग एवं संक्रमित माता से नवजात शिशु को हो सकती है।



### स्वास्थ्य जाँच शिविर

मेट्रो अस्पताल, फरीदाबाद के सहयोग से पियाला एलपीजी टेरिटरी में अनुबंध कामगारों एवं सुरक्षा स्टाफ के लिए स्वास्थ्य जाँच शिविर का आयोजन किया गया, जिसमें 100 से अधिक लोगों ने भाग लिया। इस शिविर में ऊंचाई और वजन, रक्त चाप, रक्त शर्करा एवं आँखों की जाँच की गई। स्वास्थ्य जाँच शिविर में लगभग 100 लेबर/सुरक्षा स्टाफ ने अपनी जाँच करवाई।

## स्वास्थ्य वार्ता

इरुगुर टीओपी संस्थापन में एक स्वास्थ्य चर्चा का आयोजन किया गया। जिसमें, के.के.एम.सी.एच अस्पताल कोयम्बटूर के डॉ. मैगनस जयराज ने लीवर से संबंधित विभिन्न रोगों एवं लीवर सिरोसिस के प्रमुख कारणों के बारे में बताया। साथ ही रामकृष्ण अस्पताल, कोयम्बटूर की डॉ. सुमन ने एर्गोनॉमिक्स सत्र के दौरान मांसपेशियों एवं हड्डियों से जुड़ी समस्याओं, बैठने की सही मुद्रा तथा व्यायाम की युक्तियों के बारे में बताया।



## स्वास्थ्य जाँच शिविर

वाडिलुब प्लान्ट में तीन दिवसीय स्वास्थ्य जाँच शिविर का आयोजन किया गया। ऑक्युपेशनल हेल्थ सेंटर के डॉक्टर श्री रंजीत काले और उनकी टीम द्वारा इस स्वास्थ्य जाँच शिविर में ईसीजी, ब्लड प्रेशर, चेस्ट एक्स-रे, रैन्डम ब्लड शुगर, त्वचा की जाँच, आँखों की जाँच, सीबीसी, ईएसए४४क्षमता आदि की जाँच की गई। लगभग 275 कर्मचारियों ने इस शिविर का लाभ उठाया।



## स्वास्थ्य जाँच शिविर

लोनी डिस्पैच युनिट में शिवम अस्पताल पुणे ओर अथर्व नेत्रालय एवं रिसर्च केन्द्र के सहयोग से टैंक लॉरी कर्मचारी हेतु स्वास्थ्य एवं आँखों की जाँच के लिए शिविर का आयोजन किया गया। शिविर में निम्न जाँच करवाई गई - सामान्य स्वास्थ्य जाँच, हाईट/वेट, ब्लड प्रेशर, ब्लड शुगर, आँखों की जाँच और ईसीजी।



## विशाल स्वास्थ्य शिविर

पारादीप संस्थापन में अग्रणी डायग्नोस्टिक केन्द्र, आर एक्स डायग्नोस्टिक की सहायता से एक स्वास्थ्य शिविर का आयोजन किया गया, जिसमें विशेष रूप से बताया गया कि प्रत्येक कर्मचारी अच्छा भोजन एवं व्यायाम के माध्यम से स्वास्थ्य को अच्छा रख सकता है, इस शिविर में सामान्य स्वास्थ्य जाँच, बी पी, रैंडम ब्लड शुगर, दृष्टी परीक्षण, कलर ब्लाइंडनेस, ब्लड एचबी, ऑडिओमेट्रीक टेस्ट आदि किया गया। अधिकारियों, क्लेरिकल कर्मचारियों, जनरल ऑपरेटर्स, सुरक्षा कर्मचारी, पीसीवीओ चालक ठेकेदार, अनुबन्ध कामगार सहित कुल 208 व्यक्तियों ने इस शिविर में भाग लिया।





## ऑन-साइट स्वास्थ्य शिविर

मानव संसाधन सेवाएं, पूर्व ने अपने कर्मचारियों के कल्याण हेतु ऑन-साइट स्वास्थ्य शिविर का आयोजन किया। एमआरआई अस्पताल, धाकुरिया, कोलकाता के सहयोग से इस जाँच शिविर को आयोजित किया गया था। शिविर में 59 कर्मचारियों के फेफड़ों की जाँच और 21 कर्मचारियों की स्पायरोमेट्री जाँच की गई। डॉ. सुरंजन मुखर्जी, कोलकाता के प्रतिष्ठित पल्मोलॉजिस्ट ने माहौल बदलने पर होनेवाली सर्दी, दमा, सीने में रक्त संकुलन को रोकने संबंधी विस्तार से बताया। स्वास्थ्य जाँच कार्यक्रम के दौरान डॉक्टर ने बदलती जीवनशैली और खाने की आदतों तथा फेफड़ों की क्षमता बढ़ाने हेतु कसरत करने पर विस्तार से बताया।



## विश्व टी.बी. दिवस

विश्व टीबी दिवस के अवसर पर बीकानेर एलपीजी क्षेत्रीय कार्यालय में बाक्स लॉरी एवं बल्क टैंक ट्रक ड्राइवर एवं क्लीनर के लिए टीबी एवं एचआईवी पर एक दिवसीय कार्यक्रम का आयोजन किया गया। इस अवसर पर थीम रखी गयी थी, 3 लाख पीडितों तक पहुंचना, इलाज करना, प्रत्येक का निदान करना। कार्यक्रम का आयोजन राजस्थान राज्य एड्स नियंत्रण सोसायटी, जयपुर के समन्वयन से किया गया। जयपुर पीबीएम मेडिकल कॉलेज के डॉ. हरिश चंगल ने टीबी एवं एचआईवी के लक्षणों के बारे में बताया तथा मेडिकल कॉलेज में इस बीमारी को ठीक करने के उचित इलाज तथा इसके निःशुल्क परीक्षण की सुविधाओं के बारे में बताया। साथ ही इस रोग के प्रसार के अलग अलग तरीके एवं व्यावहारिक पहलू सहित इससे रक्षा के विभिन्न उपायों के बारे में विस्तार से बताया। अंत में सभी को स्थानीय भाषा में इससे संबंधित सूचना पुस्तिकाएं भी वितरित की गईं।



## मानव संसाधन गतिविधियाँ एवं स्वास्थ्य शिविर

संगरूर टीओपी में 30 जनवरी 2015 को पहली बार मानव संसाधन गतिविधियाँ एवं चिकित्सा शिविर का आयोजन किया। फोर्टिस अस्पताल, मोहाली के हृदय रोग विशेषज्ञ डॉ. बेनीवाल ने बेसिक लाइफ सपोर्ट एवं किसी भी समय आकस्मिक चिकित्सा जरूरत पर क्या करें के बारे में बातचीत की एवं उन्होंने दिल का दौरा एवं हृदय गति रुकने के अंतर को भी बताया। डॉक्टर एवं उनकी टीम ने आपात स्थिति में हृदय संकोचन की दशा में श्वास नली एवं सांस की किस प्रकार की चिकित्सा करें का प्रदर्शन भी किया तथा बुनियादी चिकित्सा स्वास्थ्य जाँच भी आयोजित की गई। मानव संसाधन गतिविधियाँ जिसमें कल्याण कार्यक्रम के साथ, चिकित्सा प्रतिपूर्ति, सेवा निवृत्ति लाभ, भविष्य निधि, हॉलिडे होम, ट्रांजिट फ्लैट्स, परिसंपत्ति घोषणा, नामांकन समय पर प्रस्तुत करना आदि के महत्व के बारे में भी विस्तृत रूप से जानकारी दी। मानव संसाधन की गतिविधियाँ, जैसे, मेरी रानी, दक्षमंच, स्माइली, प्रधानमंत्री श्रम पुरस्कार, सर्वश्रेष्ठ मानव संसाधन लोकेशन आदि में भाग लेने के लिए प्रेरित किया। साथ ही प्रतिभागियों को कार्य स्थल पर कार्य संतुलन बनाए रखने के लिए हास्य योग के भी कुछ सूत्र दिए गए।



भिटौनी



पियाला



इरिम्पनम



मेकर टॉवर्स



जालंधर



कोच्चि



कोईम्बटूर



खारघर



## दीर्घ सेवा



**श्री प्रदीपकुमार बंदोपाध्याय**  
सहायक, कोलकाता - 30 वर्ष



**श्री अजोय बैनर्जी**  
एलवीडी, कोलकाता - 30 वर्ष



**श्री कपिलदेव मिसीर**  
अटेन्डेंट, कोलकाता - 30 वर्ष



**श्री सुनील कुमार रॉय**  
अटेन्डेंट, कोलकाता - 30 वर्ष



**श्री सुफीर रहमान**  
सिक्युरिटी गार्ड, कोलकाता - 30 वर्ष



**श्री दत्तात्रय सोनावणे**  
रिटेल टेरिटरी, पुणे - 25 वर्ष

## शोक संदेश



**श्री सुनील ठकसेन वरळीकर**  
जनरल ऑपरेटर 1 (सेवाएं), शिवड़ी, एचआरएस (पश्चिम) का दिनांक 16/01/2015 को दुःखद निधन हो गया। वे 53 वर्ष के थे।



**श्री दिपंकर मण्डल**  
सहायक I, बज बज संस्थापन का दिनांक 26/01/2015 को दुःखद निधन हो गया। वे 55 वर्ष के थे। उनके परिवार में पत्नी और दो पुत्री हैं।



**श्री विजय कुमार समद्रा**  
एलवीडी, भिटोनी एलपीजी प्लांट का दिनांक 06/02/2015 को दुःखद निधन हो गया। वे 54 वर्ष के थे। उनके परिवार में पत्नी तथा दो पुत्री हैं।



**श्री मुकेश कुमार श्रीवास्तव**  
ऑपरेटर मांगलिया डिपो, का दिनांक 14/03/2015 दुःखद निधन हो गया वे 56 वर्ष के थे। उनके परिवार में पत्नी तथा एक पुत्र तथा एक पुत्री हैं।



**श्री उमेश चंद्र**  
वरिष्ठ प्रबंधक, बिजवासन इन्स्टलेशन, का दिनांक 11/03/2015 को दुःखद निधन हो गया वे 53 वर्ष के थे। उनके परिवार में पत्नी, दो पुत्रिया एवं एक पुत्र हैं।



**श्री दिलीप कुमार पंडित**  
सहायक, इंटरनैशनल ट्रेड, सीओ का दिनांक 28/01/2015 को दुःखद निधन हो गया। वे 58 वर्ष के थे। उनके परिवार में पत्नी तथा दो पुत्र एवं एक पुत्री हैं।

हम शोक संतप्त परिवार के सदस्यों के प्रति अपनी शोक संवेदना व्यक्त करते हैं एवं ईश्वर से प्रार्थना करते हैं कि उनकी आत्मा को शांति प्रदान करें।

## सेवा निवृत्ति



श्रीमती सरोज मुण्डा  
वरिष्ठ निजी सहायक,  
उत्तर क्षेत्रीय कार्यालय नोएडा,  
दिनांक 30/04/2015 को सेवानिवृत्त  
हुई। उन्होंने बीपीसीएल में लगभग 34  
वर्ष 4 माह तक कार्य किया है।

श्री आतम प्रकाश बजाज  
वरिष्ठ प्रबंधक,  
उत्तर क्षेत्रीय कार्यालय नोएडा,  
दिनांक 30/04/2015 को  
सेवानिवृत्त हुए। उन्होंने बीपीसीएल  
में लगभग 36 वर्ष 3 माह तक  
कार्य किया है।



श्री विपिन कुमार कपूर  
सचिव, नोएडा कार्यालय,  
दिनांक 31/12/2014 को  
सेवानिवृत्त हुए। उन्होंने कॉर्पोरेशन  
में 30 वर्ष तक कार्य किया।

श्री तारा चन्द मिश्रा  
फाईलिंग अटेंडेन्ट,  
एचआरएस उत्तर नोएडा,  
दिनांक 31/01/2015 को  
सेवानिवृत्त हुए। उन्होंने बीपीसीएल  
में लगभग 32 वर्ष तक कार्य  
किया।



श्री सुरेश एस चहान  
अटेंडेन्ट, एचआरएस (पश्चिम) सीओ,  
दिनांक 30/06/2015 को सेवानिवृत्त हुए। उन्होंने  
बीपीसीएल में लगभग  
33 वर्ष तक कार्य किया।

कॉर्पोरेशन की और से सभी को सुखी एवं  
स्वस्थ सेवानिवृत्त जीवन की शुभकामनाएं।

## स्वच्छता शपथ



महात्मा गांधी ने जिस भारत का सपना  
देखा था उसमें सिर्फ राजनैतिक  
आजादी ही नहीं थी, बल्कि एक स्वच्छ एवं  
विकसित देश की कल्पना भी थी।  
महात्मा गांधी ने गुलामी की जंजीरों को  
तोड़कर भारत माता को आज़ाद कराया।  
अब हमारा कर्तव्य है कि गंदगी को दूर  
करके भारत माता की सेवा करें।  
मैं शपथ लेता हूँ कि मैं स्वयं स्वच्छता के  
प्रति सजग रहूंगा और उसके  
लिए समय दूंगा।

हर वर्ष 100 घंटे यानी हर सप्ताह 2 घंटे  
श्रमदान करके स्वच्छता के इस  
संकल्प को चरितार्थ करूंगा।  
मैं न गंदगी करूंगा न किसी  
और को करने दूंगा।

सबसे पहले मैं स्वयं से, मेरे परिवार से,  
मेरे मुहल्ले से, मेरे गांव से एवं मेरे  
कार्यस्थल से शुरुआत करूंगा।  
मैं यह मानता हूँ कि दुनिया के जो भी  
देश स्वच्छ दिखते हैं उसका कारण यह है  
कि वहां के नागरिक गंदगी नहीं करते  
और न ही होने देते हैं।

इस विचार के साथ मैं गांव-गांव और  
गली-गली स्वच्छ भारत मिशन  
का प्रचार करूंगा।

मैं आज जो शपथ लेता हूँ, वह अन्य 100  
व्यक्तियों से भी करवाऊंगा।  
वे भी मेरी तरह स्वच्छता के लिए 100  
घंटे दें, इसके लिए प्रयास करूंगा।  
मुझे मालूम है कि स्वच्छता की तरफ  
बढ़ाया गया मेरा एक कदम पूरे भारत  
देश को स्वच्छ बनाने में मदद करेगा।

## बच्चों को मूल्यों की शिक्षा देना किसकी जिम्मेदारी है ?

श्री हनुमान दास जोशी, बीकानेर एलपीजी संयंत्र

दुनिया के प्रत्येक मनुष्य की कल्पना होती है कि वह संसार में एशो आराम से एवं तमाम भौतिक सुविधाओं युक्त जीवनमान करें एवं एक लंबा जीवन यापन करें, एवं दुनिया में उसका एक अच्छा नाम हो। यह तभी संभव है जब उसके शिशुकाल में अपने माता-पिता से अच्छा ज्ञान प्राप्त किया हो। एक माता-पिता अपने बच्चों को धर्म आधारित शिक्षा देते हैं।

### धर्म आधारित शिक्षा क्यों जरूरी है ?

कहा गया है की 'विद्या ददाति विनयम्' विद्या से विनम्रता प्राप्त होती है। जब कोई व्यक्ति विनम्र होगा, तो वह जीवन में तरक्की करता ही जाएगा। दुनिया में उसका कोई भी मुकाबला नहीं है। पौराणिक ग्रंथों के अनुसार तथा भारतीय संस्कृति के अनुसार कहा गया है कि - मातृ देवो भवः, पितृ देवो भवः

बच्चों के सबसे पहले गुरु माता और पिता ही होते हैं। कहते हैं माँ ने जैसा संस्कार दिया (ज्ञान दिया) वैसा ही बच्चा सीख गया और यह-शिक्षा बहुत ही मूल्यवान है। इसी बात पर पौराणिक ग्रंथ आधारित बात लिखना चाहूंगा कि अर्जुन पुत्र अभिमन्यू ने गर्भकाल के समय युद्ध के 9 द्वार में से 8 द्वार जीतने की शिक्षा गर्भकाल में ही सीख ली थी। लेकिन 9 वां द्वार वह नहीं जीत पाया। ऐसा क्यों? कहते हैं कि अभिमन्यू की माँ को 9 वां द्वार की बात सुनने के समय नींद आ गई थी। कहने का मतलब यह है कि अगर चेतन अवस्था में माँ अपने बच्चे को कुछ भी सीखाना चाहे तो वह ज्ञान, शिक्षा, संस्कार सीखा सकती है।

पुरानी आधारित कहानी पर एक बात और लिखना चाहूंगा कि एक समय की बात है, एक लडका नगर में बड़ी चोरी के इल्जाम में पकड़ा गया और चोर साबित हो गया। वहां की राज सरकार ने चोरी के जुर्म में मृत्युदंड की सजा सुनाई। चोर से अपनी अंतिम इच्छा पूछी गई तो चोर ने अपनी माँ से बात करने की इच्छा व्यक्त की, और माँ को राज दरबार में हाजिर किया गया, चोर ने कहा कि मैं अपनी माँ के कान में बात कहूंगा और चोर ने अपनी माँ के कान को जोर से काटा, तो माँ चिल्लाई। राज सरकार ने पूछा ऐसा क्यों? चोर ने कहा इस मृत्युदंड की सजा के लिए मेरी माँ जिम्मेदार है, जब मैंने पहली चोरी की तभी मेरी माँ मुझे रोक देती तो आज मुझे यह दिन देखने को नहीं मिलता।

जब रामप्रसाद बिस्मिल छोटे थे तभी से उनमें देश प्रेम की भावना थी। जब देशभक्ति के लिए उन्हें कुछ भी करना पड़े, तो वे तत्पर रहते थे। तभी एक दिन देश के वास्ते उन्हें बिना कोई जुर्म किये जेल में डाल दिया गया। क्योंकि उनके मन में देशभक्ति की भावना अत्यधिक थी और वे देश को स्वतंत्र कराना चाहते थे। इसी कारण उन्होंने अंग्रेज सरकारों का विरोध किया। इस विरोध करने के कारण उन्हें भी जेल में बंद कर दिया गया और मृत्युदंड की सजा सुनाई। जब उनसे पूछा गया कि आपकी अंतिम इच्छा क्या है, तब उन्होंने कहा कि मैं अपनी माँ से मिलना चाहता हूँ, उनकी माँ अपने पुत्र के लिए बेसन के लड्डू लेकर मिलने के लिए आ गयी, रामप्रसाद बिस्मिल ने वो माँ के हाथ से बेसन के लड्डू खाये और कहा कि मेरे शहीद होने के बाद जब आजादी का जश्न मनाया जाये अर्थात् भारत आजाद हो जाये तो आप मेरी तस्वीर किसी एक ऐसे कोने में रख देना जहां से मुझे कोई नहीं देख सकें, पर मैं वहां से सब कुछ देख सकूँ। माँ ने पूछा ऐसा क्यों? तब उन्होंने कहा कि जब लोग मेरी तस्वीर को देखेंगे तो उन सभी की खुशी के अवसर पर आँखें नम हो जायेगी।

उन दोनों पुत्रों(सपुत्रों) में अंतर केवल शिक्षा का है अर्थात् जिस बच्चे को जैसी शिक्षा, संस्कार, ज्ञान मिलेगा वह वैसा ही सीखेगा।

बहुत सारी जिम्मेदारी माता-पिता के बाद बच्चा स्कूल जाता है वहाँ से वह कई तरह की शिक्षा, ज्ञान अर्जन करता है। कहते हैं गुरु को भगवान माना गया है।

गुरुर्ब्रह्मा गुरुर्विष्णु : गुरुर्देवो महेश्वरः

गुरुः साक्षात् परब्रह्म : तस्मै श्री गुरवे नमः।

गुरु के सानिध्य में (द्रोणाचार्य)के समय की बात करें तो धर्मराज (युधिष्ठिर) जैसे शिष्य तैयार हुए अर्जुन जैसे महावीर तीरंदाज तैयार हुए। हमबात करें शिष्य एकलव्य के बारे में तो उसने अपने गुरु द्रोणाचार्य की मूर्ति बनाकर तीरंदाजी की शिक्षा प्राप्त की और संसार में ऐसे बहुत से गुरु-शिष्य परम्परा के अनूठे उदाहरण भरे पड़े हैं।

कहने का मतलब साफ साफ है कि ईमानदारी, सच्ची निष्ठा, लगन, ज्ञान, कर्म, भक्ति, मोक्ष यह तभी बच्चों में संभव है जब एक अच्छा गुरु मिल जाये।

बच्चा तो अपने माता-पिता, गुरु परिवार, समाज और देश से ही सीखता है। बच्चे कुम्हार की उस कच्ची मिट्टी के समान है। कुम्हार उस कच्ची मिट्टी को चाहे तो एक कलात्मक मूर्ति बना देता है, चाहे वो एक पशु की आकृति दे देता है, ठीक उसी प्रकार बच्चों ने जो परिवार समाज में देखा है, सुना है, पढ़ा है, उसी से सीखता है, प्रेरित होता है।

एक बागवान अपनी बगिया में एक छोटे से पौधे को किस तरह भी घुमाना चाहे लकड़ी के सहारे घुमा देगा। उसी प्रकार माता-पिता, गुरु, समाज सभी मिलकर बच्चों को जैसी शिक्षा, संस्कार देंगे, बच्चा जीवन पर्यंत वहीं सीख जायेगा।

मूल्यों की शिक्षा के बारे में हम बात करें तो जापान का उदाहरण लिया जा सकता है। द्वितीय विश्वयुद्ध (1939-1945) में जापान के हिरोशिमा, नागासाकी पर परमाणु बम गिराए गये और रासायनिक पदार्थों के असर की वजह से वहां पैदा होने वाले बच्चे अन्धे, लंगड़े, अपाहिज हुए लेकिन जापानियों ने हिम्मत नहीं हारी और तकनीकी शिक्षा में तरक्की व दक्षता हासिल कर ली। यह वहां के सरकार की जिम्मेदारी की बात झलकती है। तो इसके लिए समाज, परिवार और सरकारी तत्व भी बहुत मायने रखता है।

हमारे देश में अनेकों पुरुष, महापुरुष, बड़े बड़े विचारक, महात्मा, बुद्ध, गांधी, दयानंद सरस्वती, महान सम्राट अशोक, हर्षवर्धन, विक्रमादित्य जैसे न्याय प्रिय राजा, वीर छत्रपति शिवाजी जैसे सूरमा, महाराणा प्रताप जैसे वीर इस भारतवर्ष की धरती में ही पैदा हुए हैं और देश का नाम रोशन किया। इन सभी की जब हम बात करें, विचार करे तो एक सकारात्मक सोच, माता-पिता के संस्कार, गुरु भक्ति की ही बात आती है।

अन्ततः सूक्ष्म रूप में कहना चाहूंगा कि औद्योगिक मूल्यवान शिक्षा के लिए माता-पिता, गुरु, समाज, देश एवं सरकारी तत्व इन सभी की जिम्मेदारी बनती है। आज के बच्चे कल देश का भविष्य हैं। अगर देश को बचाना है तो केवल शिक्षा ही एक ऐसा माध्यम है जिस पर देश का भविष्य निर्भर है।

जब बच्चे देश में हमारे सरकारी तत्व को भ्रष्टाचार में कर्मचारी, बेईमानी, कपट, छल में लिप्त देखेंगे तो हम समझ सकते हैं कि इसके जिम्मेदार कौन हैं? हमारे नेता अभिनेता देश के बारे में अच्छा विचार पेश करेंगे तो हमारी आनेवाली पीढ़ियाँ वहीं पढ़ेंगी, सुनेगी बच्चे वैसा ही आचरण सीखेंगे।

प्राकृतिक सुन्दरता ईश्वर का अनमोल उपहार  
ज्ञानी भारतीयों ने किया पवन ऊर्जा का अविष्कार  
प्रदूषण रहित, कम खर्चीला उपहार

## पेट्रो प्लस पाठकगण सर्वेक्षण

पेट्रो प्लस पाठकगण सर्वेक्षण में आपका हार्दिक स्वागत है! निवेदन है कि अपना थोड़ा-सा समय देकर हमें अपने मूल्यवान विचार बताएं।

### 1. आप पेट्रो प्लस कितनी बार पढ़ते हैं?

- ☐ हर अंक ☐ अधिकतर अंक ☐ कभी-कभार कोई अंक ☐ कोई अंक नहीं पढ़ा है

### 2. अपने मनचाहे विषयों को चिन्हित करें :

- ☐ निगमित समाचार ☐ प्रबंधन विषय ☐ व्यक्तिगत उपलब्धियाँ ☐ स्वास्थ्य संरक्षण ☐ पर्यावरण  
☐ विज्ञान एवं प्रौद्योगिकी ☐ यात्रा एवं फुरसत ☐ विधि ☐ सुरक्षा ☐ परिवार

### 3. कृपया पेट्रो प्लस में शामिल करने के लिए कोई नया विषय सुझाएं :

### 4. कृपया निम्न पर पेट्रो प्लस की गुणवत्ता का दर्जा तय करें:

	उत्तम	अच्छा	औसत	बुरा	एकदम बुरा
विषय	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
आवरण	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
पढ़ने में आसानी	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
लिखने की शैली	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
लेआउट एवं रूपरेखा	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
छायाचित्रण	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
समय पर सुपुर्दगी	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### 5. क्या आप पेट्रो प्लस में कोई परिवर्तन या सुधार सुझाना चाहेंगे?

आयु : ☐ 25 वर्ष से कम ☐ 25 से 34 ☐ 35 से 49 ☐ 50 से 60 ☐ 61 और अधिक

आप कौन हैं?

☐ महिला ☐ पुरुष

आपका सम्पर्क पता: (वैकल्पिक)

नाम और पद : .....

लोकेशन : .....

स्टाफ नं : .....

पेट्रो प्लस पाठकगण सर्वेक्षण में भाग लेने के लिए धन्यवाद!!

कृपया अपना फीडबैक क्षेत्रीय संवाददाताओं को अथवा निम्न के पास भेजें।

karmarkarmc@bharatpetroleum.in

संपादक, पेट्रो प्लस,

ब्राण्ड एवं पीआर, भारत पेट्रोलियम कॉर्पोरेशन लि.

भारत भवन, 4 एवं 6, करीमभाय रोड, बेलाई इस्टेट, पीबी नं: 688, मुंबई - 400001

## Petro Plus Readership Survey

Welcome to the Petro Plus Readership Survey! Kindly spare a few moments of your time to give us your valued opinion.

### 1. How often do you read Petro Plus?

- ☐ Every issue ☐ Most issues ☐ Occasional issues ☐ Never read an issue

### 2. Please tick the topics that interest you :

- ☐ Corporate news ☐ Management Topics ☐ Personal achievements ☐ Health Care ☐ Legal  
☐ Environment ☐ Travel & Leisure ☐ Safety ☐ Family

### 3. Please suggest any new topics that you wish Petro Plus should cover :

### 4. Please rate the quality of Petro Plus on the following:

	Excellent	Good	Average	Poor	Very Poor
Content	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cover	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ease of reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Writing style	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Layout and design	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Photography	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Timely delivery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### 5. Are there any changes or improvements you would like to suggest in Petro Plus?

Age : ☐ Under 25 ☐ 25 to 34 ☐ 34 to 49 ☐ 50 to 60 ☐ 61 and over

Gender : ☐ Female ☐ Male

Name & Designation : .....

Location : .....

Staff No : .....

Thank you for participating in the Petro Plus readership survey!!

Please send your feedback to:

karmarkarmc@bharatpetroleum.in

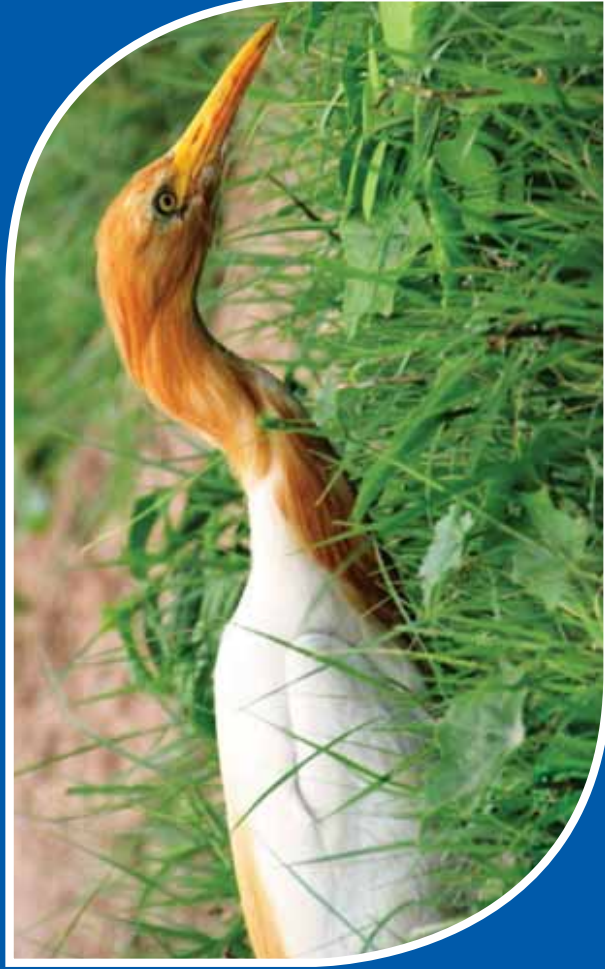
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V. J. Satish Kumar, Dy. Mgr. Ops. I/C (Retail), Sidhpur